

PLEASE REMEMBER this meeting is being audio and video recorded. Speak clearly into the microphone during the meeting.

Champaign County Developmental Disabilities Board (CCDDB) AGENDA

Wednesday, November 18, 2020, 9:00AM

This Meeting Will Be Conducted Remotely at

https://us02web.zoom.us/j/81559124557

(Members of the Champaign County Mental Health Board are invited to sit in as special guests.)

- 1. Call to Order
- 2. Roll Call
- 3. Zoom Instructions https://us02web.zoom.us/j/81559124557 (page 3)
- 4. Approval of Agenda*
- 5. Citizen Input/Public Participation The chairperson may limit public participation to five minutes per person.
- 6. Chairperson's Comments
- 7. Executive Director's Comments Lynn Canfield
- 8. Approval of CCDDB Board Meeting Minutes* (pages 4-6) Minutes from 10/21/20 are included. Action is requested.
- 9. Expenditure List* (pages 7-9) The November "Expenditure Approval List" is included. Action is requested, to accept the list and place it on file.

10.New Business

- A. CU Able & Down Syndrome Network Requests* (pages 10-11) Board Representatives from CU Able & Champaign County Down Syndrome Network have requested changes to their budgeted funds. A Decision Memorandum is included in this packet.
- B. Local Impacts of COVID-19 (pages 12-26) Included for information only is a Briefing Memo regarding impacts of COVID-19 on several MHB and DDB funded programs.
- C. Successes and Other Agency Information Funded program providers and self-advocates are invited to give oral reports on individuals' successes. At the chairperson's discretion, other agency information may be limited to five minutes per agency.

- 11. Old Business
 - A. CCDDB Three Year Plan with FY2021 Objectives (pages 27-34) A Decision Memorandum and proposed final draft of the Plan are included. Approval is requested.
 - B. PY2022 CCDDB Allocation Priorities* (pages 35-48)
 A Decision Memorandum with proposed final draft of allocation priorities and decision support criteria for Program Year 2022 is included. Approval is requested.
 - C. PY2022 CCMHB Allocation Priorities (pages 49-62) A CCMHB Decision Memorandum with proposed final draft of allocation priorities and decision support criteria for PY2022 is included for information. The CCMHB will consider this draft at their meeting.
 - D. CCDDB Mini-Grant Update and Requests* (pages 63-64) A Decision Memorandum offers updates on the Mini-Grant process and includes requests for extensions to Mini-Grant Agreements.
 - E. DSC Community First Program Update (pages 65-67) DSC staff provided answers to questions posed by the CCDDB after the September Community First presentation.
 - F. Agency PY2021 1st Quarter Program Reports (pages 68-80)
 - G. PY2021 1st Quarter Service Data (pages 81-101)
 1st Quarter service hours and activities reports are included for information.
 - H. CCDDB and CCMHB Schedules and CCDDB Timeline (pages 102-105)
 - I. Acronyms and Glossary (pages 106-113) A list of commonly used acronyms is included for information.
- 12. CCMHB Input
- 13. Staff Reports (pages 114-130) For information are reports from Kim Bowdry, Stephanie Howard-Gallo, and Shandra Summerville.
- 14. Board Announcements
- 15. Other Business*
 Board action is requested regarding employment of Executive Director.
 16. Adjacement of Executive Director.
- 16. Adjournment

*Board action requested



Instructions for participating in Zoom Conference Bridge for CCDDB Meeting November 18, 2020 at 9:00 a.m.

You will need a computer with a microphone and speakers to join the Zoom Conference Bridge; if you want your face broadcast you will need a webcam.

> Go to Join Zoom Meeting https://us02web.zoom.us/j/81559124557

Meeting ID: 815 5912 4557

One tap mobile +13126266799,,81559124557# US (Chicago) +16465588656,,81559124557# US (New York)

Dial by your location +1 312 626 6799 US (Chicago) +1 646 558 8656 US (New York) +1 301 715 8592 US (Germantown) +1 669 900 9128 US (San Jose) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) Meeting ID: 815 5912 4557 Find your local number: https://us02web.zoom.us/u/kCrkmcope

When the meeting opens, choose to join with or without video. (Joining without video doesn't impact your participation in the meeting, it just turns off YOUR video camera so your face is not seen. Joining without video will also use less bandwidth and will make the meeting experience smoother). Join with computer audio.

Once you are in the meeting, click on "participants" at the bottom of the screen. Once you've clicked on participants you should see a list of participants with an option to "Raise Hand" at the bottom of the participants screen. **If you wish to speak, click "raise hand" and the Chair will call** on you to speak.

If you are not a member of the CCDDB or a staff person, **please sign in by writing your name and any agency affiliation in the Chat area**. This, like the recording of the meeting itself, is a public document. There are agenda items for Public Participation and for Agency Input, and we will monitor the 'raised hands' during those times.

If you have called in, please speak up during these portions of the meeting if you would like to make a contribution. If you have called in and therefore do not have access to the chat, there will be an opportunity for you to share your 'sign-in' information. If your name is not displayed in the participant list, we might ask that you change it, especially if many people join the call.

Members of the public should not write questions or comments in the Chat area, unless otherwise prompted by the Board, who may choose to record questions and answers there.





CHAMPAIGN COUNTY BOARD FOR CARE AND TREATMENT OF PERSONS WITH A DEVELOPMENTAL DISABILITY (CCDDB) BOARD MEETING

Minutes –October 21, 2020

This meeting was held remotely and with representation at the Brookens Administrative Center.

9:00 a.m.

MEMBERS PRESENT:	Gail Kennedy, Anne Robin, Deb Ruesch, Georgiana Schuster, Sue Suter
STAFF PRESENT:	Kim Bowdry, Lynn Canfield, Mark Driscoll, Stephanie Howard- Gallo, Shandra Summerville, Chris Wilson
OTHERS PRESENT:	Danielle Matthews, Laura Bennett, Vicki Tolf, Heather Levingston, Patty Walters, Annette Becherer, DSC; Katie Harmon, Regional Planning Commission (RPC); Imelda Liong, PACE; Kaitlyn Puzey, Diane Gordon, CU Able; Mary Ellen Wuellner, Bobbie Herakovich, Champaign County Forest Preserves

CALL TO ORDER:

Dr. Robin called the meeting to order at 9:02 a.m.

ROLL CALL:

Roll call was taken and a quorum was present. Executive Director Canfield was present in the Lyle Shields Room at the Brookens Administrative Center per the Open Meetings Act.

APPROVAL OF AGENDA:

The agenda was in the packet for review. The agenda was approved unanimously by a roll call vote.



CITIZEN INPUT:

PRESIDENT'S COMMENTS:

Dr. Robin thanked everyone for attending. She reviewed the agenda and provided an update on Director Canfield's yearly performance evaluation.

EXECUTIVE DIRECTOR'S COMMENTS:

Director Lynn Canfield reviewed the agenda and recent staff activities.

APPROVAL OF CCDDB MINUTES:

Minutes from September 23, 2020 were included in the Board packet.

MOTION: Ms. Suter moved to approve the CCDDB minutes from September 23, 2020. Ms. Ruesch seconded the motion. A roll call vote was taken and the motion was passed unanimously.

EXPENDITURE LIST:

The "Expenditure Approval List" was included in the packet.

MOTION: Ms. Schuster moved to accept the Expenditure Approval List as presented in the packet. Ms. Ruesch seconded the motion. A roll call vote was taken and the motion passed unanimously.

NEW BUSINESS:

CU Able:

CU Able representatives, Dianne Gordon and Kaitlyn Puzey shared an update of their website database and shared updates about the CU Able Community. Board members were given an opportunity to ask questions following the presentation.

Champaign County Forest Preserve Presentation:

Bobbie Herakovich from the Champaign County Forest Preserve spoke regarding an upcoming referendum and asked for people's support. Ms. Canfield stated the Board could not publicly support the referendum due to the County's policies.

CCDDB Allocation Priorities and Decision Support Criteria:

A Briefing Memorandum with proposed allocation priorities and decision support criteria for the CCDDB PY2022 was included in the Board packet for information and discussion. Feedback



from the CCDDB and stakeholders will result in a revised draft for review and action at a meeting of the Board in November or December 2020. Dr. Kennedy made a suggestion for minimal responsiveness, related to the pandemic.

Watch Me Grow Brochure:

The "Watch Me Grow" program is an online resource for families with newborn to three-year old children. The brochure was included in the packet for information only.

Successes and Other Agency Information:

Annette Becherer from DSC provided updates.

OLD BUSINESS:

Utilization Summaries for PY2020:

The results of all CCDDB and CCMHB I/DD programs were included in the Board packet.

211 Quarterly Reports:

July through September 2020 reports for 211 calls for Champaign County was included for information only.

Meeting Schedules:

CCDDB and CCMHB meeting schedules were included in the packet for information only. The schedule of meetings was briefly discussed.

Acronyms:

A list of commonly used acronyms was included in the packet.

CCMHB Input:

The CCMHB will meet later in the day.

STAFF REPORTS:

Reports from Kim Bowdry, Stephanie Howard-Gallo, Shandra Summerville, and Chris Wilson were included in the Board packet.

BOARD ANNOUNCEMENTS:

None.

ADJOURNMENT:

The meeting adjourned at 10:41 a.m. Respectfully Submitted by: Stephanie Howard-Gallo

*Minutes are in draft form and subject to approval by the CCDDB.

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		EXPENDITURE APPROVAL LIST		
		11/06/20	PAGE 6	
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104	CHAMPAIGN COUNTY TREASURER 11/03/20 06 VR 108- 137	R HEAD START FUND 104 612938 11/06/20 108-050-533,92-00 CONTRIBUTIONS & GRANTS	NOV SOC/EMOT DEV SV VENDOR TOTAL	1,788.00 1,788.00 *
161	CHAMPAIGN COUNTY TREASURER	R REG PLAN COMM FND075 612940 11/06/20 108-050-533.92-00 CONTRIBUTIONS & GRANTS	NOV DECISION SUPPOR VENDOR TOTAL	25,957.00 25,957.00 *
11585	C-U AUTISM NETWORK 11/03/20 04 VR 108- 140	612958 11/06/20 108-050-533.92-00 CONTRIBUTIONS & GRANTS	NOV COMM OUTREACH VENDOR TOTAL	1,250.00 1,250.00 *
11587	CU ABLE 11/03/20 04 VR 108- 139	612959 11/06/20 108-050-533.92-00 CONTRIBUTIONS & GRANTS	NOV COMM OUTREACH VENDOR TOTAL	1,433.00 1,433.00 *
18203	COMMUNITY CHOICES, INC 11/03/20 06 VR 108- 141 11/03/20 06 VR 108- 141 11/03/20 06 VR 108- 141 11/03/20 06 VR 108- 141	SUITE 210 612966 11/06/20 108-050-533.92-00 CONTRIBUTIONS & GRANTS 612966 11/06/20 108-050-533.92-00 CONTRIBUTIONS & GRANTS 612966 11/06/20 108-050-533.92-00 CONTRIBUTIONS & GRANTS	NOV COMMUNITY LIVIN NOV CUSTOM EMPLOY NOV SELF DETERMINAT VENDOR TOTAL	7,416.00 15,166.00 12,166.00 34,748.00 *
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CHAMPAIGN COUNTY

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PAGE 7	ITEM DESCRIPTION	NOV COMMUNITY LIVIN NOV CONNECTIONS NOV EMPLOYMENT FIRS NOV INDIV/FAMILY SU NOV SERVICE COORD VENDOR TOTAL	NOV DOWN SYNDROME VENDOR TOTAL	INV 51678 9/23 INV 52175 10/29 VENDOR TOTAL	NOV CONSUMER CONTRO VENDOR TOTAL	NOV COORD SVC DD/MI VENDOR TOTAL	3930 HOME DEPOT 9/9 3930 SLUMBRLAND 9/1 3930 SLUMBRLAND 10/ VENDOR TOTAL	DEPARTMENT TOTAL
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CHAMPAIGN COUNTY

DEVLPMNTL DISABILITY FUND FUND TOTAL 347,896.23 *

REPORT TOTAL ***** 704,114.64 *

CHAMPAIGN COUNTY DEVELOPMENTAL **ABILITIES BOARD** CHAMPAIGN COUNTY MENTAL HEALTH BOARD

DECISION MEMORANDUM

DATE:	November 18, 2020
TO:	Members, Champaign County Developmental Disabilities Board (CCDDB)
FROM:	Kim Bowdry, Associate Director
SUBJECT:	CU Able and CC Down Syndrome Network COVID-19 Related Requests

Background:

During the PY21 CCDDB allocation process, CU Able was approved for funding from the CCDDB in the amount of \$17,200. In their application forms, CU Able budgeted funds for their annual Mom's Retreat. CU Able anticipated being able to serve 20 moms/female caregivers from Champaign County. This funding was planned to cover rental, food, and supplies for the Mom's Retreat attendees. In their PY2021 application, CU Able noted, "The food and supplies are critical to be able to continue to provide programs to get our families out of their homes and create a more supportive network of people. This supportive network is critical for families to find resources, receive respite opportunities and receive educational presentations that further helps their families and themselves in their journey."

Champaign County Down Syndrome Network (CCDSN) was approved for funding from the CCDDB in the amount of \$15,000. In the PY2021 application, CCDSN budgeted \$7,500 for their popular Annual Christmas party, conference participation by members, an in-person workshop with a speaker during the Spring, and more.

Update:

During an update in the April 22, 2020 CCDDB Board packet, CU Able shared that the Mom's Retreat, previously scheduled for summer 2020, had been postponed due to the Covid-19 pandemic. The update also included that the CU Able Board was evaluating options for other dates during PY2021. As Covid-19 continued to spread, CU Able surveyed its members about possible dates to hold the Mom's Retreat. Many members did not respond to the survey or shared that they did not feel safe due to the pandemic.

At this time, CU Able Board members are proposing using the previously allocated \$1,000 to provide a more immediate and smaller scale form of respite to Champaign County families. CU Able would like to prepay for dinners once per month for members. For the dinners, CU Able would like to spend \$500 per month over 2 months, serving 15 families each month, with a goal of serving different families each month. Families would be responsible for picking up their meal or arranging pick up if they are unable to do so themselves. In addition to providing meals for families, CU Able would also like to use \$500 for the Annual Holiday Party, in coordination with CCDSN. This would serve approximately 25 people with disabilities.

On November 4, I met with Lynn Canfield and Kim Woolridge of the CCDSN for discussion of the current needs of families and individuals involved with the network, given that their traditional holiday party is not practical or safe due to COVID-19 risk and restrictions. CCDSN is working with several service organizations, some also funded by the CCDDB, to coordinate a safe drive thru event in place of the Annual Holiday Party. Funds to support this may also be available from what is originally budgeted for the Spring workshop event which is very unlikely to be done in person.

Requests for Board Action:

Due to the Covid-19 pandemic, CU Able would like to use \$1,500 previously allocated for rental fees for the Mom's Retreat. \$1,000 would be used to provide monthly meals for up to 30 families and the additional \$500 would be used to serve approximately 25 people with disabilities at the drive thru holiday event. **Budget Impact:** neutral.

Due to the Covid-19 pandemic, the holiday outreach efforts of CCDSN and related organizations will be very different from the traditional, popular winter party. Allowing the Network to redirect PY2021 funds which had been budgeted for an in-person workshop will allow the adjustments. **Budget Impact:** neutral.

Decision Section:

Motion to approve CU Able to use \$1,500 originally budgeted for the Mom's Retreat to provide monthly meals for up to 30 families and to serve 25 people with disabilities at the drive thru holiday event in collaboration with CCDSN.

Approved _____ Denied _____ Modified _____ More information is requested _____

Motion to approve CC Down Syndrome Network to redirect funds originally supporting an in-person workshop during PY2021 to support a new approach to holiday celebration and outreach to families and individuals in the community.

Approved _____ Denied _____ Modified _____ More information is requested _____





BRIEFING MEMORANDUM

DATE:	November 18, 2020
TO:	Members, Champaign County Mental Health Board (CCMHB) and
	Champaign County Developmental Disabilities Board (CCDDB)
FROM:	Lynn Canfield, Executive Director
SUBJECT:	Agency Updates on COVID-19

Background:

The purpose of this memorandum is to document changes and challenges to our local services and supports, including as experienced by staff, agency providers, and those they serve, as COVID-19 and efforts to control its spread impact our lives and systems.

CCDDB/CCMHB Staff Update:

CCMHB/CCDDB staff have worked primarily from home since March 13. Office attendance is limited to one person per business day, with a few exceptions and after hours work as needed. I use the Lyle Shields Room during online board meetings and study sessions, per the revised rules of Illinois Open Meetings Act. Each of us shares with one other staff member a Zoom account which can host larger meetings. We have a daily check-in, not required but helpful for staying connected and addressing work issues as they develop. As we receive agency independent audits, reviews, and compilations and prepare for Program Year 2022 applications and their review, daily discussions have turned to how we can improve our processes. To navigate the new uncertainties related not only to service needs and provider capacity but also to state and local budgets, we have taken advantage of webinars and virtual committee meetings.

To support service providers, Kim Bowdry coordinated an August workshop on "Strategies for Self-Care during Covid-19 and Social and Cultural Uncertainty" presented by Karen Simms, and a September workshop on "Responding to Suicide with Compassion" presented by Kim Bryan. Shandra Summerville hosted a forum, "Healing Conversations After the Election at the Workplace," for the Mental Health and Developmental Disabilities Agencies Council.

Funded Agency Responses:

In April and in June, Associate Directors Kim Bowdry and Mark Driscoll asked agencies with current CCDDB and CCMHB contracts for updates on how they are responding to the impact of COVID-19, whether related to the services they provide, their workforce, or



their contact with persons served. Those updates were presented as briefing memoranda to both Boards and gave early indications of how programs could adapt to continue serving their clients.

Contracts issued for the Program Year 2021 (July 1, 2020 to June 30, 2021) contain a provision for consideration of adjustment to any program's scope of services or submitted budget, in response to direct or indirect impacts of COVID-19. Funded agencies submitted first quarter reports for their programs at the end of October. In some cases, COVID-19 impacts were documented in the Comments section of the Program Activity report. Those notes follow:

Champaign County Regional Planning Commission, with CCDDB- funded program Decision Support for DD/PCP and three CCMHB-funded programs:

Independent Service Coordination (Decision Support/Person Centered Planning): No new concerns noted. Staff attended 6 IEP meetings. Transition Consultants met with Unity High staff to discuss services. <u>Homeless Services System Coordination (HSSC)</u>: No new concerns noted. Carle Community Health joined the continuum in June, Land of Lincoln in July, and Champaign Park District in August.

Justice Diversion Program (JDP): No comments.

Youth Assessment Center (YAC): data shows referrals to the YAC were down.

- CU Able, with CCDDB-funded program CU Able Community Outreach: Comments on activities, many virtual. No notes specific to COVID-19. A request has been made for change of scope, as the agency plans for upcoming months.
- CU Autism Network, with CCDDB-funded program Community Outreach: Comments on activities. No notes specific to COVID-19.

Champaign County Children's Advocacy Center, with CCMHB-funded program Children's Advocacy:

No comments.

Champaign County Christian Health Center, with CCMHB-funded program Mental Health Care:

(Among other comments...) Due to Covid-19, we have been limited to providing services/appointments via Telehealth/Telemedicine. Additionally, OSF Hospital repurposed the Community Resource Center (our clinic location for the last few years) to build a VA clinic. Therefore, CCCHC is in the process of finding a new location/building.

Champaign County Down Syndrome Network, with CCDDB-funded program: Comments on activities, many virtual. No notes specific to COVID-19. **Champaign County Head Start/Early Head Start**, with CCDDB/CCMHB -funded program Social-Emotional Disabilities Services, and CCMHB-funded program Early Childhood Mental Health Services:

<u>SEDS</u>: Definitions of all reported categories. No notes specific to COVID-19. <u>ECMHS</u>: Definitions of all reported categories. A note that some activities have had to be adapted due COVID-19.

Champaign County Health Care Consumers, with CCMHB-funded programs CHW Outreach and Benefit Enrollment and Justice Involved CHW Services and Benefits:

<u>Community Health Worker Outreach and Enrollment:</u> (Among many comments, some COVID-19 specific...) This first quarter of the new fiscal year has been extremely challenging. People are experiencing tremendous amounts of stress, and real financial challenges that exacerbate the stress, produce hopelessness and suicidal ideation. We have many clients who need help with resources, but who also need emotional and social support, which we provide as we work with them on benefits and resource issues. We have several clients who have needed weekly check-ins with us, just for social support, because of their fragile mental health. Below is a snapshot of some key issues we dealt with in each of the three months of this quarter...

A new program, Pandemic- EBT (PEBT) was recently launched and the only requirement was to have a child who received free/reduced lunch during the school year. This program, too, is behind in processing. Since all the offices are closed due to the coronavirus, the phone lines are impossible to get through. Even the emails where we are usually able to get responses are now sending automatic replies indicating a high volume and promising an eventual response. When a client has the capacity to use the online portal (ABE) to see information about their benefits, the information is not up to date or doesn't include the most recent application. There seems to be no place to get information or status updates. When we do get responses, caseworkers talk about being overwhelmed and that the applications are still processing. They, too, are living and trying to work during a pandemic. And this did not happen overnight, the Rauner administration dealt a severe blow to the state case management infrastructure, but even before that previous administrations invested in faulty technology that led to widespread case terminations and a complex backend system that created two separate databases for clients with benefits. We are reaping all of that now. We are helping people find food pantries and sign up for financial assistance at the hospitals, as well as finding rental assistance programs for people who have yet to receive their unemployment or stimulus checks. Hopefully, we can push for more accountability in the future and create higher standards for the systems we design that deal with our most vulnerable populations. We can demand more for our community. Meanwhile, the people who have to navigate these systems are already stressed, scared, and depressed, and in need of emotional and social support...

<u>September</u> - This month we have seen an increase in call volume. Even though the pandemic has delayed and slowed us down, life continues. We have clients who are leaving jobs, starting jobs, clients who are moving away or moving into the area and need to find care... We are taking note of these interactions as we prepare for a completely remote Open Enrollment season. This will be more difficult with our Medicare clients who are less likely to be comfortable doing everything over the phone or computer. We will be developing materials to hopefully make this transition easier and make sure that our clients still have all the information they need to be confident about their enrollment decisions even though the process looks different.

<u>Justice-Involved Community Health Worker</u>: (Among many comments...) <u>July</u> - During this month referrals have still been low but I've had a few people reach out now that they've been released from the county jail or IDOC and are now needing to establish some sort of health care coverage. Primarily clients have been interested in SNAP benefits and other financial assistance due to COVID, specially if they have families...

<u>August</u> - During this month I was able to get back to the Jail and meet with clients one on one. We have had a more constant stream of referrals from Rosecrance and have been able to get to most of them. Unfortunately, some of the clients have shared with me that they will be going to prison so they will not be needing our services but I was still asked to make a few changes for them such as change of address or change of managed care plans. Most applications have been taking a longer time to be processed so we are not sure how many have actually been approved. Some clients have been waiting weeks if not months for both Medicaid and SNAP benefits so we might have a lot of appeals going out to DHS soon if nothing is done.

Community Choices, with CCDDB-funded Community Living, Customized Employment, and Self-Determination Support:

Community Living: (Among other comments...) COVID Impacts: Community Transitional Support has continued to run with some minor changes during Q1. Participants were given the option of if they wanted to meet in person, over zoom, or on the phone. People chose a variety of options. When meeting in person we try to do so outside as weather permits. The impact on the broader community from COVID does trickle into the support we are able to provide. People have lost jobs, putting housing in question, goals related to community connections, transportation, and getting involved with groups and relationships have been much harder if not impossible to address. Some positive impacts have just an increase in comfort with technology use among some members and working on more cooking skills as restaurants are less accessible currently. For our Personal Development Classes - These have resumed, though they are taking place over zoom. We offered two classes that started this Quarter: A Practical Guide to Friendships and Current Events. Participation was strong. People's comfort level with zoom through our ongoing zoom groups provided a nice bridge for providing these more targeted supports with the medium. Customized Employment: (Among other comments...) COVID IMPACTS: The Pandemic has had a marked impact on our employment program. During the first phase of the pandemic, we put most employment searches on hiatus, supported people who were still working as needed, and checked in with every one to ensure



they were getting their basic needs met. This quarter we did re-start our service as much as possible. We began by checking in once again to determine if and how each person was comfortable moving forward. Many people were not interested in seeking new employment during the pandemic and voiced a desire to restart once there was a vaccine. Of the 11 people who were closed in Q1, 8 were a direct result of their discomfort working during COVID. The other 3 were because they were doing well and no longer needed specific supports from us. Three of the people now currently seeking employment, had been employed (and open with us) prior to the pandemic breaking out, but lost their jobs as a result. They are all still interested and have restarted the job search. In general, we have found that some places are still hiring, and people are getting interviews, etc. The current world situation has put additional factors into how we approach businesses and what type of assessments we make about if they are going to be a good potential match for someone. For example, it has come up several times where some businesses are being very flippant about exposure, which requires that we weigh things carefully, e.g. Is it responsible to work hard for a good match at a employer that could put everyone involved's health at risk? On the positive note, the pandemic has caused everyone to be more creative, including businesses. We've already seen some examples of company's carving out specific jobs that wouldn't have existed previously. If this quarter is an indication, it is still likely to be a challenging year for anyone seeking employment, but hopefully there will be more of these productive match-ups of new business needs and our pool of candidates.

Self-Determination Support: (Among other comments...) COVID IMPACTS: During O1 we have continued to offer our daily zoom sessions, though we've decreased the number we offer each week. We're now doing daily check-ins and 2 afternoon sessions per week. These longer sessions are based on those most popular, such as cooking, let's move, and some of the game groups. We have seen a decrease in attendance. For many we have found that this is because they are getting back to some of their regular routines, working, volunteering, going to day programs, school, etc. We also have been ramping our typical supports back closer to their former levels, so time for all is devoted back to that. We've also restarted classes this guarter which has taken the space of some of the pervious afternoon zoom sessions... We've also re-started some of our in person social opportunities. We've chosen outdoor events whenever possible and limited RSVPs to 6, rather than 10 so that we can more easily social distance. Additionally, we kicked off our 1st round of 1/2 day social opportunities. We'd planned these to look somewhat different, but the lack of community events happening made it more challenging. Most of the 1x per week sessions happened in October, but they did start in Sept. More personalized connections with community groups has been really challenging as many if not most of these type of things are not occurring. We've continued to work through our new Connect Exploration process to identify what could be available now and what we might want to focus on with people in the future.

Community Service Center of Northern Champaign County, with CCMHB-funded program Resource Connection:

We are seeing the continued impact of the pandemic and related restrictions in terms of the number of NTPCs and "other" contacts by other agencies using our offices. Even though the stay at home restriction was lifted in May, many people are still hesitant on going anywhere unless it's absolutely necessary. This is an anecdotal observation by our staff and conversations with clients and staff from other organizations. We expect this trend to continue well into the next calendar year. However, we are seeing more visits from staff from other agencies in the last two months and hopefully that will continue.

Courage Connection, with CCMHB-funded program Courage Connection: Comments are not specific to COVID-19.

Crisis Nursery, with CCMHB-funded program Beyond Blue-Champaign County: (Among other comments...) Challenges: As our families continue to adapt to the uncharted times that are COVID-19, this quarter saw a rise in mental health concerns. A new stressor for families is arising as older children started attending school virtually. Many of the mothers enrolled reported feeling as though they were not equipped to offer this support to their children and also that they were struggling to find time to check in with themselves and care for themselves during this time. Additionally, families continue to find themselves often in dire straits during these times, in a way that presents the stress of just not having the resources to meet basic needs. For example, there are a couple families in financial stress right now and been referred to local resources. Most of the time it works out, however the challenge is that sometimes the resource is overworked during this time or the help to offer just becomes scarce and the family does not end up receiving the help they need. This situation can be a challenge and a stressor for all involved.

Cunningham Children's Home, with CCMHB-funded programs ECHO Housing and Employment Support and Families Stronger Together:

<u>ECHO</u>: Comments not specific to COVID-19. Service contacts ahead of target. <u>Families Stronger Together (FST)</u>: (Among other comments...) we believe COVID-19 has negatively impacted service requests due to its impact on the operations of our potential referral agents. We are on target for the number of NTPC clients served (i.e., those enrolled in brief services) with seven NTPC served during the first quarter. To date, many clients enrolled in the brief services component have pursued full services and become TPC clients. We entered FY21 with 6 TPC clients and have added two additional TPC clients during the first quarter. This is approximately 33% fewer clients than we anticipated based on our target. In an effort to boost referrals, we have a) developed a 'short form' version of the referral form to simplify the referral process; b) we have reached out to school social workers in Champaign and Urbana to share our program brochure and referral form; c) we have connected with the READY program to share our program brochure and referral form; and d) we have reached out to other organizations that serve families in Champaign County to inform them of our program/services (DREAM, Rosecrance, Ft. Sooy and C-U One to One Mentoring).

DREAAM House, with CCMHB-funded program, Dream Big!:

(Among other comments...) FYI, in quarter 2, we have re-opened and increased services through Dream Big! Learning Centers to provide educational and social emotional support during COVID-19. Two Learning Centers are opended to serve a total of 58 DREAAMers.

DSC, with CCMHB-funded program Family Development and CCDDB-funded programs Clinical Services, Community Employment, Community First, Community Living, Connections, Employment First, Individual and Family Support, and Service Coordination:

Family Development (aka Children's): DSC's developmental therapists and speech language therapist have been conducting therapy, evaluations, school meetings, and screenings via video to families who signed up for these services. Check-ins, encouragement, and praise have also been "delivered" through texts, emails and phone calls to stay connected with these families as well as provide resources, current information, strategies and activities to help carry over therapy at home. Therapists have delivered puzzles, visual choice menus, visual schedules, activity bags, manipulatives, books, diapers, food and other essential items to the families.

<u>Clinical Services:</u> (Among other comments...) Six individuals were closed from Counseling Services since Women's Group is no longer held due to Covid-19 restrictions. No other needs have surfaced for the participants at this time... Due to the Covid-19 stay-at-home order many practitioners utilized telehealth services via Zoom or telephone, however starting in July some began seeing individuals face-to-face. One counselor has been setting up outside meetings with lawn chairs, masks, and social distancing as telehealth does not work well for everyone. Overall, individuals are doing well despite the circumstances, but the counselors do report seeing an increase in the individuals' maladaptive behaviors/emotions stemming from not getting back to a regular routine, particularly those that are unable to work right now. None of the counselors feel that they are able to discontinue services at this time. Psychiatry services are conducted via telehealth appointments.

<u>Community Employment:</u> Covid continues to play a huge role in people's interest in searching for employment. Concerns including an inability to wear a mask for any length of time, fears of exposure on the MTD or on the job, fears for the health of family members have caused some people to maintain a hold on their job search. For those who are ready to resume their search, DSC's Employment Specialists (ES) have been creative and strategic in their attempts to serve and support them. They have utilized outdoor spaces with access to WiFi to aid job seekers in researching and applying to jobs. They have conducted conference calls and have utilized online meeting spaces like Zoom to keep individuals, families, and other team members "in the loop" regarding service planning and updates.

Natural supports in the workplace are also utilized by the ES to increase an individual's skill development and independence. One employer for instance had reached out to the ES noting that coworkers of a person served had observed the person getting fatigued more frequently during work. The ES and employer shifted around some duties and responsibilities and cut down some hours to accommodate the individual. Increasingly, the use of technology in the workplace is becoming more and more a skill set that is expected by employers. One individual has, as part of their personal plan, an outcome to become comfortable with and then learn to navigate the employer's online system for time keeping. weekly schedules, company news, etc. ES's are becoming more involved in coaching individuals to be able to access and use these online tools. They are also more involved in assisting individuals to access and complete online training requirements. One recent referral to the program had as their top job coaching request to get assistance with Walmart's online training program - not to get the answers, but rather to help navigate and understand exactly what the training content is. Another one of our employer partners, Carle Hospital, has recently had some online training requirements added that employees must complete to be in compliance. ES's have assisted many individuals to become more comfortable with accessing these trainings in Food Safety; General Workplace Best Practices; Environmental Safety and Safety Data Sheets. The Urbana-Champaign Independent Media Center and Hessel Park Church became new Supported Employment sites. Given the vulnerability of our clientele and the strategies necessary to reduce/limit the exposure/spread of the coronavirus, our Supported Employment specialist has had to re-evaluate the safety of a few of our prepandemic employment sites. While some have proven to be locations where social distancing can be maintained with even a reduced SE crew, a couple have been put on hold for the time being, as the indoor spaces are too small or the volume of community members within the space is too great for our crews to feel comfortable/safe working in those particular environments. Community First: Covid 19 and the resulting shutdown of in-person services continued to have a huge impact on service delivery to people in the program. Remote program options expanded in the first quarter of FY21 to include more

continued to have a huge impact on service delivery to people in the program. Remote program options expanded in the first quarter of FY21 to include more virtual groups. In some instances, staff delivered material for group participants at their homes. On September 8th, in-person services resumed for those participants living at C-U Independence Apartments, as well as one on one services for people who didn't feel safe returning to small group options. Group offerings, which previously ran for 16 weeks are now evaluated and restructured as interest and feedback from participants is received. Participants at CU Independence were able to stretch and unwind with Yoga and Meditation, realize their fitness goals with Health Matters, and explore close by parks in the walking group. Dance was newly offered, giving residents an active and fun way to express themselves. Additionally, our Journaling, Self-Awareness, Women's, and Men's groups continued, all offering a strong theme of advocacy and connection during this difficult time. The Podcast group emerged from this closure, offering participants new ways to explore themes of interest to them. The group decided to pursue creating their own podcast to share their voices with the community and beyond. This podcast has moved forward with a vision, committee, and even a name, Beyond Ability. Our virtual groups were widely popular so that those living on their own or with family could follow along safely. Women's Group, Men's Group, Self-Awareness, and Journaling were popular, as they allowed that same theme of advocacy and connection to continue online. Music, Learn a New Language, Astronomy, Zoology, and Book Club were also favorites this quarter. Learn a New Language focused on teaching participants to say "Hello, Goodbye, and How are you?" in several different languages. We have been pleased with the strides individuals have made in learning new technologies and developing new skills, and also in the program's ability to adapt and change.

<u>Community Living (was Apartment Services):</u> (Among other comments...) Extra services are being provided to those with compromised health conditions as Covid continues.

Connections: Although the discontinuation of direct services due to Covid extended into the first quarter of FY21, virtual groups kept people connected to their passion for art and to each other. Interest in virtual groups has ebbed and flowed since the Covid shutdown. Employment Counselors have creatively modified their group offerings to be more compatible with the virtual format, but art instruction is much easier in person than via a zoom meeting, leaving some participants frustrated by the lack of hands on support. Instruction continues to be fluid and responsive to feedback from group participants as much as possible. Inperson services resumed on a small scale on September 8th with some participants choosing to continue virtual participation at this point. Those who are participating in-person at The Crow are following guidelines for social distancing and providing feedback regarding what new services look like following their return for in-person services. Soap-making has resumed following its popularity at the last Open House held just a week prior to the shutdown in March. Two participants are producing soap in anticipation of an online sale this fall with a focus on the holidays. The adult coloring fad that resulted in a sales boon of adult coloring books at bookstores around the country is alive and well with program participants. This became a popular group that was offered virtually during the COVID day program closure and is now being offered both virtually and inperson at The Crow.

<u>Employment First:</u> (Among other comments...) As a result of COVID-19 restrictions and the hiring of the new Employment First/LEAP Coordinator, there were no in-person LEAP or front line staff trainings. We certified one business through virtual LEAP training: City of Champaign – Human Resources Dept. <u>Individual and Family Support:</u> (Among other comments...) The Individual and Family Support Program continues to provide services and supports to individuals and families in the following ways: direct staff support, personal care, and equipment. At the beginning of the COVID-19 outbreak, IFS staff had online meetings with the individuals, visited the individuals in the program from a distance by driving past their houses, and took two of the individuals out in the community to offer support to the families who had reached out for assistance. <u>Service Coordination:</u> (Among other comments...) Strives to maximize continuity of care especially during this COVID-19 time... Increased facilitation



of conference calls and zoom meetings to talk through different challenges and situations that are surfacing due to COVID-19 and not being able to resume to their regular routines.

Don Moyer Boys and Girls Club, with four CCMHB-funded programs:

<u>Community Coalition Summer Initiatives:</u> (Among other comments...) While State restrictions on group gatherings due to Covid 19 presented a challenge for service events, the initiative was successful with using a combination of virtual and group limited (in person) formats to carry out meetings, service activities, youth programming, and engagement activities. CSE events were carried out over the duration of the service period and included reports and updates at monthly Community Coalition meetings (5), joint planning meetings with all partner organizations (2), monthly contacts with administrative agent (5), and individual contacts with each partner organization (14). These events were primarily conducted by Tracy Parsons Project Coordinator and Don Moyer BGC as Administrative Agent. In addition, each partner organization engaged in individual program CSE events (14 or more) related to program specific promotion and recruitment of participants. These events were generally targeted to parent and local groups.

<u>CU Change:</u> (Among other comments...) CU Change continues to work despite the restrictions due to COVID19 during this quarter, so the rate and process of engagement of CU Change families continues to be affected. The school year did not start in the usual way and that has also made references to be reduced. However, by offering academic support at the Club, we have managed to be in direct contact with some program participants, and work with them, as well as recruiting other teens who also need to belong to the program. Amid the school closures, CU Change staff continues to connect with youth through telephone, email, social media and zoom platform for real-time interaction.

<u>CUNC:</u> Comments not specific to COVID-19, but stress and healing related trainings are relevant, and the program has already exceeding annual target for NTPC, on track to exceed SCs.

Youth and Family Services: (Among other comments...) This Quarter we have worked with our peers to keep them encouraged and equipped to manage their day to day lives. We have been keeping them abreast of various programs and opportunities for food, clothing and monetary assistance to help cover expenses they once didn't need help with. Rental assistance has been the number inquires for support. All the families receive information as we receive it regarding rental extensions and financial support they may qualify for. Zoom and Duo have been very efficient and effective means to maintain relationships and contact with the families we serve. Along with our normal face-to-face visits when appropriate and via phone. We have conducted 2 parent trainings: "A Parent's Guide to Getting Good Care" and "Homeschooling Resources for Virtual Learners." Three additional county wide trainings consisted of: "How to Meet the Needs of Children of Incarcerated Parents", "Ethics in Parent Peer Support Workforce", and "Cultural Competence and Cultural Humility."

East Central Illinois Refugee Mutual Assistance Center, with CCMHB- funded program Family Support and Strengthening:

Report includes extensive detail about meetings and trainings, some of which were held virtually and some cancelled due to COVID-19 restrictions. Some were on the topic of COVID-19 relief and rules. On track to meet targets in spite of these challenges.

Family Service of Champaign County, with three CCMHB-funded programs:

<u>Counseling</u>: (Among other comments...) The program-related changes made in March due to the COVID-19 pandemic remain in place. Counseling sessions continue to be held via telephone or video based on the preferences of the clients. The program director attended the weekly Drug Court team meetings. She did not attend courtroom proceedings this quarter due to restrictions for the number of people allowed in the courtroom as a result of COVID-19. Our therapists provided relationship assessments and individual, couples and family counseling to individuals referred by the Drug Court. Our therapists completed four Drug Court relationship assessments this quarter and individual or couples counseling for eleven individuals referred by the Drug Court.

<u>Self-Help Center:</u> (Among other comments...) Planning continues for a virtual workshop this fall. Options continue to be considered for a potential virtual biennial conference in spring 2021. Dr. Patton appeared on WEFT Radio two times this quarter and they were done virtually in order to cut down on Covid-19 transmission. We met with Anita Say Chan, Jorge Rojas-Alvarez, and Mitchell Oliver from the U of I and Mark Driscoll, Associate Director CCCMHB/CCDDB on a project to develop a comprehensive and interactive web based resource directory.

<u>Senior Counseling & Advocacy:</u> (Among other comments...) This quarter in our PEARLS program, an evidence based program designed to address depression in older adults, we had 9 active clients. The program is offered via telephone or virtual chat still due to the COVID-19 pandemic. Though some older adults are still opting to wait until visits can resume in person, others that were waiting last quarter have decided to go ahead and start the program over the telephone. One client is even attempting to utilize a virtual platform for the visits! For those that are still waiting, caseworkers continue telephone contact with them to assess for needs.

FirstFollowers, with CCMHB-funded programs FirstSteps Community Reentry House (NEW) and Peer Mentoring for Re-entry:

<u>FirstSteps Community Reentry House</u>: (Among other comments...) We have maintained a COVID regime in the house with constant cleaning and residents are expected to be tested for the virus once every ten days. We have been monitoring this. The restrictions on movement and contact due to COVID have limited our ability to carry out the types of activities we had planned such as workdays, community dinners and more networking between community members and our residents. We have also been communicating with a number of people inside IDOC who will be coming home soon to recruit them as future residents.



We have held regular group meetings with residents as well as maintaining one on one communication via the case manager and the community navigator. Peer Mentoring for Re-entry: (Among other comments...) The drop-in center regained some of its operational capacity after a difficult period during the lockdown. We still maintained a strict regime of social distancing, wearing masks. using plexiglass dividers, testing for drop-in staff, and holding meetings with clients outside as much as possible. An increased number of our clients are contacting us via cellphone and social media. We have forged tighter relationships with the Salvation Army so a number of our clients are able to be referred there for food and some temporary accommodation. We have also made agreements with the City of Champaign and HACC to provide special rental assistance for people coming home from prison during COVID. We also are able to provide these individuals with a welcome home back pack filled with hygiene products along with \$200 per person of clothing. Thus far we have provided three people with rental assistance, two people with temporary accommodation in a hotel and eight people with backpacks.

GROW in Illinois, with CCMHB-funded program Peer Support: No comments in this quarter's report.

Mahomet Area Youth Club, with CCMHB-funded BLAST and Members Matter:

Bulldogs Learning & Succeeding Together: BLAST is still on hold due to COVID, but Kids Club is happening. This only includes the first 2 weeks of school, so numbers are low, but not unexpected.

<u>Members Matter!</u>: COVID altered our summer program as well as our school year program. We had to reduce the number of students we could serve over the summer to be within guidelines and safely provide the program. We also had to alter our Jr. High afterschool program to a full day remote learning program-still mostly Jr. High with a few high school kids. This began late August and I think COVID will impact our NTPC this year as we simply cannot serve as many clients.

NAMI Champaign County, with CCMHB-funded program:

Report includes extensive detail about meetings and trainings, some of which were held virtually and some cancelled due to COVID-19 restrictions. On track to meet targets in spite of these challenges.

- PACE, Inc., with CCDDB-funded program Consumer Control in Personal Support: Comments on program activities are not COVID specific. On track to meet targets.
- Promise Healthcare, with two CCMHB-funded program:

Mental Health Services: (Among other comments...) Psychiatry CSE - no outreach events due to COVID-19 restrictions.

<u>Promise Healthcare Wellness:</u> (Among other comments...) No outreach events recorded for due to COVID pandemic precautions.

Rape Advocacy, Counseling & Education Services with CCMHB-funded programs, Sexual Violence Counseling (NEW) and Sexual Violence Prevention Education:

(Sexual Violence Counseling program has not been initiated due to staff vacancy) Sexual Violence Prevention Education: (Among many comments...) On March 13th, 2020, the Superintendent of Juvenile Detention Services suspended volunteer groups and individuals conducting programming from entering the facility. This decision has not been reversed at this time. CSE: We defined this in the application as "IN-PERSON educational presentations provided by ... staff", which was done before the pandemic. The projected number represented primarily (but not exclusively) live presentations in K-12 schools. As schools largely closed to external visitors at the top of the pandemic, we spent the summer crafting all of our school presentation content into virtual versions... There are so many pressures and constrictions being placed on teachers shoulders this year; we are glad to provide an option that is flexible enough to meet their needs. While functional (and certainly preferable to no education), we consider ASYNCHRONUS to not be as effective as SYNCHRONOUS interactions (for example, asynchronous does not allow for real-time questions and responses). We advocate with schools for synchronous content (where schools have the necessary equipment to provide that). We consider ASYNCHRONUS presentations a placeholder for us to maintain relationships with schools until SYNCHRONUS learning (including in-person) becomes available again... As expected, we saw a delay in arranging presentations with schools. (At this time last year, we were booked solid for the entire school year.) Schools needed more time this year to become familiar with online learning before integrating our programming into their educational plans. Many schools did not receive notice about what instruction for the 2020-21 school year would look like until a few weeks before classes began. Despite the delay in beginning programming, we are already seeing an increase in demand. Not only are we maintaining the relationships with schools we had in FY20, we also now have connections with 5 new elementary schools, and three new middle schools this year. We are encouraged by this response and see this as a testament to how our programming has responded to school and teacher needs during the pandemic.

Rattle the Stars, with CCMHB-funded program Youth Suicide Prevention Education: We participated in 4 planning meetings, 6 activities to promote the program, and 7 training sessions (all for adults). We are not currently providing youth trainings due to Covid-19. We hired a staff person and accepted an intern, and have spent time training and preparing them to complete work assignments. We have been contacting schools and other organizations to offer services, but have not received as much interest as anticipated due to the pandemic. We have completed resource flyers and will begin distributing them to the community soon.

Rosecrance Central Illinois, with CCDDB-funded program Coordination of Services - DD/MI and six CCMHB- funded programs:

COVID19 RESPONSE



<u>Coordination of DD/MI</u>: The COVID-19 continued to impact the services and activities with which Christine was able to be involved. Community Service Events decreased to 1 this quarter. Screenings were up to 5 this quarter but none were found eligible for program services. Christine continued to utilize: call forwarding, Tele Health, 3-way calling, web-ex and Zoom as ways to deliver services to her clients. As of 6-01-20 we returned to work and Christine began seeing clients in their homes or community. She has several clients who still prefer the remote options for which she has regular scheduled contact and the rest of her clients she sees in their homes or community and follows CDC recommendations. Christine continued to see or have telephone contact and provided warranted mental health services to all clients.

<u>Criminal Justice PSC:</u> (Among other comments...) During this quarter, the Criminal Justice Program continued to experience some service limitations due to Covid-19 restrictions within the local criminal justice system, however, we were able to provide services inside local law enforcement facilities. The Criminal Justice Program is fully staffed and trained this quarter, until mid quarter when a case manager resigned. With the Covid-19 restrictions, both groups at probation and in the jail restricted the size of the groups. 7 clients graduated from MRT and 1 graduated Anger Management this quarter. Groups within the jail began running in July 23 and no clients graduated from groups this quarter. Case Manager, Daniel Shoemaker, left Rosecrance on August 21, and groups within the jail were postponed until another case manager would be hired for this position. This position was posted and intend to fill this vacancy.

<u>Crisis, Access, & Benefits</u>: Comments are not specific to COVID-19. <u>Fresh Start</u>: (Among other comments...) Due COVID-19 pandemic and the Shelter in Place/Emergency Order the Community Liaison transportation was provided this quarter. The Community Liaison made 132 telephone calls to or on behalf of participants, made 41 referrals/service linkages, had 7 office visits, 0 home visits, 96 staffing(s), 70 correspondence, and attended 0 court hearings/19 probation appointments with participants. Probation appointments were in-person meetings at the courthouse... Due to the Coronavirus Crisis and for the health and safety of all staff and visitors to the Rosecrance CU Fresh Start office, most face to face meetings with current and potential CU Fresh Start participants are limited. Community Liaison has returned to working at the office and continues to participate in some resource/collateral meetings, client contacts, subcommittee meetings, etc. via telephone and/or video conferencing.

<u>Prevention</u>: Although not specific to COVID-19, program anticipates higher performance in second quarter due to majority of services being school-based. <u>Recovery Home</u>: Comments are not specific to COVID-19.

<u>Specialty Courts:</u> (Among other comments...) Graduation and community events continue to be impacted this quarter by the COVID-19 pandemic. The next drug court graduation is scheduled for October 2020 in place of the graduation that would have occurred in May 2020. The graduation will be a hybrid of in-person at the courthouse (clients, judge and drug court team) with invitations including link to view graduation via Zoom.

The number of hours for all services (assessments, case management, individual

counseling, and group treatment) were relatively normal in spite of the Stay at Home Order and the illness of drug court team members during the pandemic due to other staff covering the services while the drug court staff were out sick, including combining group services. Case Management hours increased due to intensive efforts on behalf of case management and clinical staff to keep clients engaged in treatment despite the pandemic. Telephone calls, letters, staffing with collaterals/referrals, and individual check-ins with clients all helped to keep clients engaged during the quarter.

Lack of technology and telephone minutes continue to be obstacles that impact telehealth services. Some clients still don't have the proper technology to participate in tele-health services and some clients still don't have enough bandwidth or cellphone minutes or Wi-Fi service. Some clients' mental health status also presented a challenge for those whom struggled with receiving individual and group services via tele-health (phone, video). During the 1st quarter two of the Rosecrance Drug Court team members continued to struggle with lingering allments related to COVID-19. If the clinicians are out sick due to lingering after effects of COVID 10 the drug ecourt

clinicians are out sick due to lingering after effects of COVID-19 the drug court groups are covered by other clinical staff and case management services are covered by the drug court outreach worker (including toxicology testing). The IOP drug court groups returned to in-person while continuing care groups remained telehealth only during the quarter. The IOP groups are held in rooms large enough to accommodate 9 clients and 1 staff. The group room is set up so that everyone is 6 feet apart and everyone is required to wear a mask during group sessions. Everyone is prescreened prior to entering the lobby including temperature check and symptom questionnaire. The drug court team eventually went back to in-person team meetings at the court house late in the quarter. All other activities are via audio/video conferencing including individual clinical supervision, team meetings, all staff meetings, peer supervision, in-service trainings at Rosecrance, and required external drug court specific trainings. Drug Court clients participated in drug court in-person being assigned different times to appear in court to minimize the number of clients/staff in the courtroom at the same time. PPE is worn by all court personnel, staff and clients. The drug court team suspended all transportation for clients due to the COVID-19 pandemic. All clients are still receiving case management services by telephone (welfare check ins, provision of COVID-19 resources/information, drug court follow up, social service referrals, et al.); Toxicology testing is still done in person with PPE being used by staff (masks/gloves/face shields) and clients wearing masks.

The UP Center (Uniting Pride), with CCMHB-funded program Children, Youth, & Families Program:

No Comments.

Urbana Neighborhood Connections, with CCMHB-funded program Community Study Center:

No Comments.

COVID19 RESPONSE



11.A.



DECISION MEMORANDUM

DATE: November 18, 2020
TO: Champaign County Developmental Disabilities Board (CCDDB)
FROM: Kim Bowdry, Associate Director
SUBJECT: FY2019–2021 Three Year Plan with FY2021 Objectives

Background:

The Champaign County Developmental Disabilities Board developed and approved a new three-year plan in late 2018. This was informed by a community needs assessment which incorporated results of an online survey and pertinent information from local, state, and federal sources. During the course of each year, the Board is presented with information on emerging issues through presentations, research or other professional articles, materials prepared by staff, and public or agency input. At the end of the agency program year, through a CCDDB contract, the survey results of preferences and needs of all eligible individuals are provided for our use in future planning.

An initial draft of the Plan was included in the September Board packet. Following its release to the Board, the draft document was distributed to agency providers and stakeholders. No revisions were suggested.

Purpose:

The final DRAFT Plan with Objectives for County Fiscal Year 2020 continues the commitment to existing goals and objectives with minor revisions. The Plan is meant to be responsive to emerging issues, often through state and national association involvement. Proposed changes are italicized and underlined, and language to be removed is lined out.

Decision Section:

Motion to approve the proposed Three Year Plan for Fiscal Years 2019 – 2021 with Fiscal Year 2021 Objectives.

_____ Approved

_____ Denied

_____ Modified

Additional Information Needed

CHAMPAIGN COUNTY BOARD FOR CARE AND TREATMENT OF PERSONS WITH A DEVELOPMENTAL DISABILITY

THREE-YEAR PLAN

FOR

FISCAL YEARS 2019 - 2021 (1/1/19 - 12/31/21)

WITH

ONE YEAR OBJECTIVES

FOR





<u>CHAMPAIGN COUNTY BOARD FOR CARE AND TREATMENT OF PERSONS</u> <u>WITH A DEVELOPMENTAL DISABILITY</u> (CHAMPAIGN COUNTY DEVELOPMENTAL DISABILITIES BOARD)

WHEREAS, the Champaign County Developmental Disabilities Board was established under the Illinois County Care for Persons with Developmental Disabilities Act, now revised as the Community Care for Persons with Developmental Disabilities Act (IL Compiled Statutes, Chapter 50, Sections 835/0.05 to 835/14 inclusive) in order to "provide facilities or services for the benefit of its residents who are persons with intellectual or developmental disabilities and who are not eligible to participate in any such program conducted under Article 14 of the School Code, or may contract therefore with any privately or publicly operated entity which provides facilities or services either in or out of such county."

WHEREAS, while the Champaign County Developmental Disabilities Board is not required by state statute or other authority to prepare a one- and three-year plan for a program of supports and services for people with intellectual and developmental disabilities, open strategic planning with input from stakeholders and constituents is highly valued.

THEREFORE, the Champaign County Developmental Disabilities Board does hereby adopt the following Mission Statement and Statement of Purposes to guide the development of the intellectual and developmental disabilities supports and services plan for Champaign County:

MISSION STATEMENT

The mission of the Champaign County Board for Care and Treatment of Persons with a Developmental Disability (CCDDB) is the advancement of a local system of programs and services for the treatment of people with intellectual and/or developmental disabilities, in accordance with the assessed priorities of the citizens of Champaign County.

STATEMENT OF PURPOSES

- 1. Planning for the intellectual and developmental disability service and support system to assure accomplishment of the CCDDB goals.
- 2. Allocation of local funds to assure the provision of a comprehensive system of community based intellectual and developmental disability services and supports anchored in high-quality person-centered planning.
- 3. Coordination of affiliated providers of intellectual and developmental disability services and supports to assure an interrelated, accessible system of care.
- 4. Evaluation of the system of care to assure that services and supports are provided as planned and that services are aligned with the needs and values of the community.

To accomplish these purposes, the Champaign County Developmental Disabilities Board must collaborate with the public and private sectors in providing the resources necessary for the effective functioning of the intellectual and developmental disability service and support system. The CCDDB shall perform those duties and responsibilities as specified in Sections 835/0.05 to 835/14 inclusive of the Community Care for Persons with Developmental Disabilities Act.



A COORDINATED, ACCESSIBLE CONTINUUM OF SERVICES AND SUPPORTS

Goal #1: Support a continuum of services to meet the needs of people with intellectual and/or developmental disabilities (I/DD), along with their families, residing in Champaign County.

Objective #1: Under established policies and procedures, solicit proposals from community based providers in response to Board defined priorities and associated criteria using a competitive application process.

Objective #2: Explore the use of evidence-based, evidence-informed, promising, recommended, and innovative practices which align with federal and state requirements and are appropriate to each person's needs and preferences, in an effort to improve outcomes for people with I/DD, along with their families, across the lifespan. Recommended practices are supported by an evidence base, cultural context, and sound clinical judgement.

Objective #3: Promote wellness for people with I/DD to prevent and reduce early mortality, through supports and services which may include enrollment in benefit plans, linkage and advocacy, and coordinated access to primary care. Support access to physical and behavioral health treatments for persons regardless of ability/disability.

Objective #4: Identify outcomes of value to those who use services and supports. Partner with key stakeholders toward improved outcomes for people.

Objective #5: Pursue, as feasible, development or expansion of residential and/or employment supports for persons with I/DD not supported with state/federal funding.

Objective #6: In response to changes in Medicaid and Medicaid-waiver services, realign CCDDB investments to fund services and supports outside the realm of Medicaid, including pilot projects and creative solutions to persistent problems, such as workforce recruitment and retention.

Objective # 7: Support initiatives providing housing and employment supports for persons with intellectual and developmental disabilities through the Champaign County Continuum of Care or other local collaboration.

Objective #8: Enable providers to implement flexible responses to operations and program delivery during the COVID-19 pandemic, such as supporting telehealth or other virtual service options, to maintain access and engagement with clients and community.

Goal #2: Sustain the commitment to improving outcomes for members of underrepresented and underserved populations.

Objective #1: Support culturally responsive and family driven support networks for underrepresented and underserved populations of Champaign County.

Objective #2: Provide technical assistance for continuous improvement of funded agency providers' cultural and linguistic competence plans, to meet the needs of all people served.



Objective #3: Encourage providers and other community-based organizations to allocate resources for training, technical assistance, and professional development activities for *direct support* staff and governing and/or advisory boards, to advance cultural and linguistic competence.

Objective #4: Use the Culturally and Linguistically Appropriate Services Standards (CLAS) as a blueprint to strengthen funded agencies' Cultural and Linguistic Competences

Objective #44: Promote trauma-informed practices in program delivery, board and agency staff development, policies, and procedures.

Dbjective #5: Review data on the impact of COVID-19 on Champaign County residents with attention to underserved populations and promote provider response to mitigate the adverse impact, as resources allow.

Goal #3: Improve access to and engagement in services through increased coordination among providers, community stakeholders, people with I/DD, their families, and other key supporters.

Objective #1: Require collaborative agreements between providers to increase access and coordination of services for people with I/DD in Champaign County

Objective #12: Sponsor or co-sponsor educational and networking opportunities for service providers.

Objective #22: Engage other local funders and stakeholders and participate in coordinating bodies and intergovernmental councils as appropriate, to develop new initiatives, strengthen services, and maximize opportunities for people who have I/DD.

Objective #3 In collaboration with the CCMHB and other community partners, ensure that the needs of justice-involved persons with I/DD are considered in the development of an effective diversion/deflection system.

Objective #4: Use public, family, self-advocate, provider, and stakeholder input to guide advocacy for planning and policy changes at the state and federal levels, local system redesign and enhancement, and in the consideration of future funding priorities for the CCDDB.

Objective #54: Track Illinois Department of Human Services Division of Developmental Disabilities' Prioritization for Urgency of Need for Services (PUNS) database for state and local trends and to ensure full representation of the service preferences of Champaign County residents. Maintain and increase communication with the Independent Service Coordination team, representatives of the IDHS Division of Developmental Disabilities, and stakeholders, regarding the use of PUNS, the service and support needs and preferences of Champaign County residents, and system changes.

Goal #4: Encourage high-quality person-centered planning and follow-through for people served by funding from the CCDDB and, through the Intergovernmental Agreement, from the CCMHB.



Objective #1: Continue emphasis on self-determination and Person Centered Planning (PCP) training and implementation for all treatment plan clients. Support conflict free case management for all treatment plan clients.

Objective #2: Develop guidelines for connecting the person-centered plan to services and supports and people's identified personal outcomes.

Objective #3: Collaborate with agency providers on the identification of performance measures consistent with valued outcomes such as connection to friends, community, meaningful work and non-work activities, etc.

Objective #4: Track the utilization of funded services, driven by self-directed service plans, through an integrated online data collection and tracking system.

Goal #5: Continue the collaborative working relationship with the Champaign County Mental Health Board (CCMHB).

Objective #1: Coordinate integration, alignment, and allocation of resources with the CCMHB to ensure the efficacious use of resources within the service and support continuum for people with I/DD.

Objective #2: Assess alternative service strategies that empower people and increase access to integrated settings as exemplified by the local collaborative approach to the Employment First Act.

Objective #3: With the CCMHB, continue the financial commitment to community-based housing for people with I/DD from Champaign County and, as part of that sustained commitment, review the Community Integrated Living Arrangement (CILA) fund and recommend any changes.

Objective #4: Collaborate with the CCMHB on promoting inclusion and respect for people with I/DD.

CHILDREN AND FAMILY FOCUSED PROGRAMS AND SERVICES

Goal #6: Identify children at-risk of developmental delay or disability, and support early intervention services and family supports.

Objective #1: Support the use of evidence-based/informed models by programs serving families with young children not eligible for Early Intervention or under the School Code, and require collaboration and coordination by providers to avoid duplication of effort.

Objective #2: Emphasize cultural and linguistic competence in services and supports for young children and early identification of disabilities among underserved and underrepresented children. Reduce disparities in the age of identification and intervention to remediate delays. Promote culturally responsive and family driven support networks for underrepresented, underserved, and general populations of Champaign County.

Goal #7: Support access to services and programs for youth and adults with I/DD, with a preference for evidence-based practices to increase positive outcomes.
Objective #1: To improve the transition from school to adult services, foster collaborations among schools, adult service providers, young people with I/DD, and other stakeholders.

Objective #2: Emphasize flexible support for people with I/DD and their families to enhance their ability to live together, to transition to greater independence when and if they choose, and to be as connected to their communities as possible.

COMMUNITY ENGAGEMENT & ADVOCACY

Goal #8: Promote inclusion and respect of people with I/DD, through broad based community education efforts.

Objective #1: Continue efforts to challenge stigma and discrimination, such as the Alliance for Inclusion and Respect and disABILITY Resource Expo: Reaching Out for Answers. Continue to engage with student groups on related research projects and discussions.

Objective #2: Participate in and promote other community education initiatives, such as walks, forums, and presentations to raise awareness, improve cultural competence, and cultivate acceptance, inclusion, and respect.

Objective #3: Support the continued awareness and understanding of developmental disabilities through sustainable self-advocacy and family support organizations, especially those comprised of parents and persons with the most prevalent intellectual/developmental disabilities. Encourage groups' community education efforts to reduce stigma/promote inclusion and collaboration with Cultural and Linguistic Competence Coordinator on outreach and engagement strategies.

Objective #4: Encourage and support efforts to integrate people with I/DD more fully into community life in Champaign County. Emphasize inclusion as a benefit to all members of the community, regardless of ability.

Objective #5: Encourage efforts to support people with I/DD in meaningful work and non-work experiences in their community, driven by their own interests. Investigate and develop strategies for engaging employers and other community partners.

Objective #6: Engage with leadership from the community college and university and their various departments, toward creating opportunities for people with I/DD and amplifying efforts to reduce stigma and increase inclusion.

Objective #7: Support development of web-based resources to make information on community services more accessible and user-friendly.

Goal #9: Stay abreast of emerging issues affecting service and support systems and access to services, and be proactive through concerted advocacy efforts.

Objective #1: Advocate for workforce development and stability.

Objective #2: Intensify advocacy efforts on behalf of people with I/DD. Advocate for positive change in state funding, including increased Medicaid



reimbursement rates and policy decisions affecting the local system of care for persons with I/DD. Through participation in appropriate associations and organizations, support efforts to strengthen service and support systems.

Objective #3: Track implementation of relevant class action suit settlements, such as the Ligas Consent Decree. Advocate for the allocation of state resources sufficient to meet needs of people returning to home communities from state DD facilities. Encourage development of least restrictive residential options for people transitioning from large facilities or selected from PUNS. For people not yet selected, and for those who have chosen Home-Based Support rather than CILA, advocate for the state to create flexible options.

Objective #4: Follow state and federal Olmstead cases, implementation of the Workforce Innovation and Opportunity Act, Home and Community Based Services guidance, and the local impact of each.

Objective #5: Monitor changes in the Medicaid waivers and Medicaid/Managed Care, and advocate for increased service capacity sufficient to meet demand.

Objective #6: Continue broad based advocacy efforts to respond to reductions in state funding or changes in service delivery, reimbursement rates below actual cost, and delayed payments for local community-based intellectual and developmental disability services and supports and to the broader human services network under contract with the State of Illinois. As opportunities arise, participate in planning and policy development with state agencies such as IDHS, and use these opportunities to advocate for the needs of Champaign County residents.

Objective #7: In addition to the monitoring and evaluation of funded programs, encourage organizational change strategies which not only align with new and anticipated federal and state requirements but also result in the highest quality personal outcomes for people with I/DD, their families, and those most closely involved in their lives.



11.B,



DECISION MEMORANDUM

DATE:	November 18, 2020
TO:	Members, Champaign County Developmental Disabilities Board (CCDDB)
FROM:	Lynn Canfield, Executive Director
SUBJECT:	PY2022 Allocation Priorities and Decision Support Criteria

Overview:

The purpose of this memorandum is to recommend allocation decision support criteria and funding priorities for the Champaign County Developmental Disabilities Board (CCDDB) Program Year 2022, July 1, 2021 to June 30, 2022. Funding priorities and decision support criteria are a framework for how contracts with service providers further the mission and goals of the Board. Staff recommendations are based on Board and stakeholder input and our understanding of best practices and state/federal service and payment systems. CCDDB members were presented an initial draft on October 21, which was then distributed to service providers, family members, advocates, and other stakeholders, with a request for comments. Using highlights and strikethroughs which will be removed in the approved version, the present draft incorporates input from the Board, staff, and others:

- Eliminating redundant statement regarding contract terms;
- Correction of a typo (PY2021 should be PY2022); and
- Addition of a 6th expectation for minimal responsiveness.

Statutory Authority:

The Community Care for Persons with Developmental Disabilities Act (50 ILCS 835/ Sections 0.05 to14) is the basis for CCDDB funding policies. All funds shall be allocated within the intent of the controlling act, as codified in the laws of the State of Illinois. CCDDB Funding Guidelines require that each year we review the decision support criteria and priorities to be used in the funding allocation process which results in contracts for services from July 1 to June 30. Upon approval by the Board, this memorandum becomes an addendum to the Funding Guidelines, incorporated in standard operating procedures.

The Operating Environment Prior to 2020:

In previous decision support and priorities memoranda, we have described an operating environment and related challenges to the I/DD system which do not seem to change fundamentally from one year to the next.

Provider Capacity:

The cost of turnover among Direct Support Professionals (DSPs) is at least \$2,000 per DSP across the country. Illinois' low reimbursement rates have exacerbated the situation. During



periods of staff absence, shifts are covered by supervisors, managers, or other staff at overtime. DSPs must complete over 40 hours of training at the beginning of their service. It is costly to lose these workers, and it becomes harder to replace them when other employment opportunities are more lucrative and less demanding. The board's primary strategy for fulfilling its mission is to contract with community-based organizations for services and supports. Our success relies on a stable and qualified workforce.

- Gaps in coverage, disruption of care, and high turnover interfere with the development of positive relationships between staff and people who use services;
- service capacity cannot be expanded without a larger direct support workforce, so that even people who have been selected from the state's PUNS (Prioritization for Urgency of Need for Services) database to receive Medicaidwaiver services struggle to find providers;
- turnover adds significant costs, such as recruitment and hiring, overtime pay during shortages, and training of new staff;
- agencies and programs compete to keep direct support staff, as the need increases in other systems (e.g., care of older citizens) and as better paying opportunities arise outside of the social services;
- these problems are growing in other sectors of the I/DD workforce, including leadership and governance.

Limited Flexibility in Community-Based Services:

The national shortage of direct support professionals, personal support and respite workers is acutely felt in our community. Illinois ranks among the lowest of states in communitybased I/DD care but is near the top in the use of institutional care, which separates people from their families and communities and ties up the state's I/DD appropriations in services that do not bring federal matching funds. System advocacy is needed, a strength of parent and self-advocacy networks who also point to the need for greater flexibility of care. Many barriers to flexibility arise from state and federal regulations and inadequate appropriations.

- State and federal regulatory and payment systems increase in complexity and are impacted by changes in leadership. When funding from these sources becomes harder to access, safety net systems and long-term care are threatened, shifting the responsibility to local communities.
- Provider agencies struggling to retain a workforce also experience "change fatigue." Service capacity has not expanded to meet the needs of eligible people but rather has steadily decreased across the state.
- Although Illinois has taken steps to correct low Medicaid I/DD reimbursement rates, they remain below actual cost and are identified each year by a Federal Court Monitor and Judge as contributing to non-compliance with the Ligas Consent Decree. Medicaid rules prohibit providers from charging more for a covered service to an eligible person or accepting a third-party payment. This further complicates fully serving people who use Medicaid and waiver services.
- Medicaid Managed Care contracting for I/DD would present even more challenges for provider organizations, insured persons, and local funders. Kansas and Iowa made the shift to Managed Care for I/DD with devastating results. If Illinois follows, the CCDDB might consider new strategies for supporting people

with I/DD, e.g., indirect/infrastructure funding to keep community-based service providers functioning in the Managed Care environment.

Nearly 400 residents of Champaign County are eligible and enrolled for, but do
not yet have, Medicaid waiver awards, which are funded through the state and
federal partnership. Enrollment in the Illinois Department of Human Services –
Division of Developmental Disabilities' Prioritization of Urgency of Need for
Services (PUNS) database lets the state know who is waiting and some of the
services they seek; PUNS enrollment creates an opportunity to establish their
eligibility, justifying the use of local funding to provide relief for those waiting.

The CCDDB works with advocates and providers to develop the resources people are seeking, to improve outcomes for people, and to promote a healthy, inclusive community. While federal and state systems are complicated, we have sought opportunities within this community's control, optimistic that the local system could be strengthened through: direct funding of agencies on behalf of people with no other funding, or for services not otherwise funded; helping agencies to find and secure other funding; promoting system redesign; coordinating across providers and sectors; offering direct specific assistance to people with I/DD; and increasing community awareness and access to resources.

The Operating Environment After 2020:

The coronavirus pandemic of 2020 recasts these challenges. What we had advocated for with urgency might have preserved the independence, wellness, and even lives of people with I/DD and their family members. As communities attempt to reopen safely and 'normalize,' we should not forget some profound lessons, and consider compensating the essential workforce 'heroes' enough to keep them. 2020 has made the last many years look like practice. Crisis-mode and coping skills are put to the test. The I/DD system has been directly and indirectly impacted by the COVID-19 pandemic in unsurprising but major ways:

Further Loss of Provider Capacity:

In July, the American Network of Community Options and Resources (ANCOR) surveyed 191 I/DD service providers across the country to find that:

- 77% had closed programs or shut down entirely due to COVID related challenges;
- 16% of those did not expect to reopen;
- Most closures were of day and employment programs, where fewer people are served upon 'reopening' in order to ensure appropriate social distance, and lower utilization is not financially feasible;
- Additional costs (personal protective equipment, COVID-19 testing, cleaning supplies, training, staff overtime) may have been covered by short-term aid but will continue to be required for safe service delivery; and
- Increased access issues are predicted for people with I/DD (e.g. transportation). (based on a summary report by Michelle Diament, "COVID-19 May Shut Many Disability Programs for Good" in Disability Scoop, August 24, 2020)

Virtual Day Services (VDS) is a newly approved service category in Community Day Services (CDS), after online platforms were explored by many service providers and their customers during shelter-in-place and reduced in-person phases. With the caveats that these be person

centered and planned so that individuals can participate safely and with any appropriate supervision or support to do so, these activities:

- Assist with acquisition, retention, or improvement in self-help, socialization, and adaptive skills;
- Mitigate risks associated with social isolation (loneliness, declines in skills or memory, deterioration of personal hygiene or physical/mental health); or
- Support development of hobbies, leisure, or cultural interests, personal health and wellness, self-determination and self-advocacy, interaction among those not living together, or discussion of current events.

(from Allison Stark, Director of IDHS-DDD, webinar presentation on August 21, 2020)

In addition to barriers associated with the 'digital divide,' these activities newly billable for state-waiver recipients are limited:

"Only current CDS providers will be eligible to provide VDS. Up to 10 hours per week will be billable. The hours will count against the 1100 hours/year currently allowable for CDS. The anticipated staff/individual ratio will be 1:10. The proposed reimbursement rate is \$5.46/hour. It has not been decided yet whether the program will be applicable to ICF/DD and SODC residents."

(from McManus Consulting newsletter, August 21, 2020)

Increased Pressure on Families:

Family caregivers of people with disabilities are more likely to be experiencing isolation, anxiety, and other ill-effects from the coronavirus pandemic. Respite or Personal Support Workers can provide relief. In a June 2020 report to the CCDDB, funded agencies shared early examples:

- "Some families are spending an increased amount of time connecting with their ISC [CCRPC Independent Service Coordinator] due to increased isolation..." and
- "IFS [DSC Individual and Family Support] staff have taken a couple of the individuals out on rides, to the parks, or on walks to give some of the families who are really struggling and have no other support a break so they can get things done such as even just being able to mow their yard."

Researchers at University of Pittsburgh's National Rehabilitation Research and Training Center on Family Support surveyed 619 family caregivers and 2,933 non-caregivers in their area in April and May and found:

- Across ages and levels of education and income, 63% of caregivers had increased responsibilities for the family member;
- For over half, caregiving was emotionally more difficult due to Covid-19; and
- Compared to the non-caregivers, they were more likely to have worse health and finances, increased anxiety and depression, and greater worry about getting Covid-19.

University of Connecticut's Collaboratory on School and Child Health researchers surveyed 407 caregivers across the country, 225 of whom had children with ASD or ADHD, and the remainder with typically-developing children:

- Family caregivers in both categories reported increased worry and decreased ability to participate in self-care activities;
- Those caring for typically-developing children cited inability to see friends or family;



- In contrast, those whose children have developmental disabilities reported a greater caregiving burden and symptoms of depression and anxiety; and
- Those caring for children with DD noted less support for their child's educational goals, trouble accessing child care, loss of employment or reduced work hours, and increased financial strain.

(both studies are reported by Michelle Diament in "Pandemic Hitting Families of Those with Disabilities Harder" in Disability Scoop, August 28, 2020)

Threats to Individuals' Skills and Well-being:

For people with I/DD, the loss of day programming, employment, social life, and community engagement, and the increased reliance on support at home, whether in the family home or in group living settings has brought new issues and exacerbated others:

- Loss of employment has been widespread as employers face profound financial hardships or go out of business. For laid-off workers who received pay due to relief funding, the loss of work has had other effects, and permanent job loss is possible. Where there have been modest gains in employment, people with disabilities are not experiencing the same recovery. According to the Institute on Disability's National Trends in Disability Employment Jobs Report for September 2020, "we are likely to see these declines continue as more workers move from furlough to termination."
- Community life is harder to access than ever. The previous persistent barriers to access pale in comparison to the extremely limited options for safe interaction with others, whether for recreation, fitness, faith, friendship, food, or other. Those services creatively offered in community settings have been very limited.
- In Illinois and elsewhere, Covid-19 took a heavy toll on residents and staff of congregate living settings, particularly those serving larger numbers of people.
- While the rates of infection and death have tended to be lower in smaller group living arrangements, there were other ill effects from isolation, fear of becoming sick, loss of loved ones, and disruption of routine. Individuals with I/DD and their staff have the same behavioral health concerns experienced by families during this time, including increased anxiety and depression. "Reopening" or resuming services requires sensitivity to the impacts of trauma on all participants.
- Racial disparities in all service systems are profound, and an example is cited in the section below on Underserved/Underrepresented Populations.

Among children returning to school remotely across the country, disparities in the educational system grew wider:

- Online learning interferes with IEPs (Individualized Education Programs) which set academic and behavioral goals and identify the services children are entitled to;
- Children who need hands-on instruction or can't work independently rely on parents who may not have the time, skill, or confidence;
- Gaps in children's online learning experience are 'sharply visible' and the role of parents crucial, so that even for those who don't have to work, distance learning is stressful, requiring equipment and time they did not already have; for parents already overstretched, the burden is unmanageable;

(summarized from "For Kids with Special Needs, Schooling Divides Haves and Have Nots" by Anna Almendrala, Kaiser Health News, September 16, 2020)



Even for children in families with adequate equipment and family resources, there are dangerous barriers:

- With inconsistent education during remote learning and difficulty securing assessments and services quickly, some children are losing progress;
- Therapists' services and evidence-based practices are not as effective through a computer screen, so many children are doing without;
- Parents must learn very quickly about a specific therapy, intervention, or communication strategy, in order to serve as the bridge while school districts work to improve teacher-student interactions;
- Some students are at high risk for social-emotional impacts, especially when unable to communicate with their families and therefore more isolated;
- Many who require special education services have been disproportionately absent from online learning platforms; and
- While remote assessments are being developed to offer in place of in-person versions, a backlog is growing.

(summarized from "Kids with Disabilities are Regressing: How Much is Distance Learning to Blame?" by Sonali Kohli, Los Angeles Times, August 25, 2020)

With loss of progress and the burden of new stresses, our service systems must prepare for increased demand for supports and services as physical restrictions are lifted and services 'resume'. Those most deeply impacted during 2020 will require more attention and support in 2021 and beyond, in order to fully recover from any losses and then to thrive.

To the extent possible, expanded or redesigned services should be pandemic-proof, supporting individual and family recovery from the long months of isolation and added stress, and securing a more stable service and support system for the future. This recovery should focus on individuals and their supporters, paid and unpaid. Formal services should focus on those who have no other source of funding on which to rely.

Expectations for Minimal Responsiveness:

Applications that do not meet these expectations are "non-responsive" and will not be considered for funding. All agencies must be registered using the online system, at http://ccmhddbrds.org. The application must be completed using this system, with all required forms completed and submitted by the deadline. Accessible documents and technical assistance, limited to navigation of these online tools, are available upon request through the CCDDB office.

- 1. Eligible Applicant, based on completed Organization Eligibility Questionnaire.
- 2. Compliance with application deadline. Late or incomplete applications will not be accepted.
- 3. Proposed services or supports must relate directly to intellectual/developmental disabilities. How will they improve the quality of life for persons with I/DD?
- 4. Application must include evidence that other funding sources are not available to support this program or are maximized. Other potential sources of support should be identified and explored.
- 5. Coordination with providers of similar or related services must be demonstrated.
- 6. Evidence of planning for continuation of services during pandemic or epidemic.



"I want to work part time, hang out with my mom, and live a low-key life."

- Anonymous, from the CCDDB 2018 Community Needs Survey

Assessed Needs of Champaign County Residents:

The September 8, 2020 State of Illinois PUNS data show the following unmet needs for Champaign County residents, in rank order:

- Personal support (habilitation, personal care, respite)
- Transportation supports
- Vocational supports
- Behavioral supports
- Residential supports (out of home 24 hour or less)

The year-end report prepared by the Champaign County Regional Planning Commission (CCRPC) Independent Service Coordination (ISC) unit aggregates the results of additional questions asked of those who enroll or update their PUNS information during the contract year. From that assessment, we learn that people value activities such as going out to dinner, movies, sporting events, and other recreation. Because this is not asked on behalf of the state but rather on behalf of the CCDDB, it is not documented in the summary above. Recreational and social activities are often affordable in our county under 'normal' circumstances, and some were transitioned to online platforms during the far-from normal 2020. As we move to a new normal, we should not lose sight of these preferences.

To the extent that help from others is desired and effective, a well-coordinated system of services and supports can improve an individual's access, independence, self-esteem, and productivity. People who are realizing their goals and feel connected are healthier and safer and contribute meaningfully to the community's health, culture, economy, and mood.

Program Year 2022 CCDDB Priorities:

Priority: Self-Advocacy

Nationally most care is provided by family, friends, and community. Parents and selfadvocates define and improve the system of supports, including non-traditional resources, and raise awareness of disabilities and of how the system works. Self-advocacy and family support organizations, especially those governed by people who have I/DD and their families/supporters, might focus on: improved understanding of the personal experience of I/DD, resources, and rights; peer mentoring and networking to support other family- or self-advocates; navigating the service system; engaging in system-level advocacy; and distributing current information on any helpful resources.

Priority: Linkage and Coordination

The CCDDB will support advocacy efforts to connect people who have I/DD to appropriate state funding and other resources. Conflict-free Case Management (CFCM) and Person-Centered Planning (PCP) are federal standards required for all Home and Community Based Services. Different from CFCM, intensive case management or coordination of services may be helpful to people with more complex support needs related to aging, co-occurring conditions, or traumatic experiences. Planning and assessment activities should have no risk of conflict of interest; advocacy, linkage, and coordination of services should be guided by a Person-Centered Plan.

Priority: Home Life

People who have disabilities should have options for housing of their choice, in their own communities, with people they choose, with supports appropriate to their needs and preferences. Given the limitations of residential options funded by the state/federal partnership, proposals may offer creative approaches to independent community living in Champaign County, especially for those who qualify for but receive no services. Home Life supports will also include: finding, securing, and maintaining a home; preparing to live more independently or with a different set of people; and similar.

Priority: Personal Life and Resilience

Delivered in the least segregated environments and selected by the person, supports for personal success and resilience may include: assistive technology and accessibility supports; speech or occupational therapy; respite or personal support in the individual's home; personal care in other settings; training toward greater self-sufficiency; transportation assistance; strategies to improve physical and mental health, and more.

Priority: Work Life

Job development and matching, job coaching, job skills training in community work settings, and innovative employment supports may help people achieve their desired outcomes. Proposed programs should incorporate recommended or innovative practices, the principles of Employment First, and a focus on people's aspirations and abilities, in the most integrated community settings possible. Paid internships may produce positive results for people traditionally directed to sheltered day programs. People may desire support for paths to selfemployment/business ownership. Job matching and educating employers about the benefits of working with people who have I/DD should lead to work for people with I/DD.

Priority: Community Life and Relationships

Flexible support for people with I/DD can stabilize home and community life in personcentered, family-driven, and culturally appropriate ways, and should emphasize social and community integration. Of interest would be: facilitation of social and volunteer or mentoring opportunities; support for development of social and communication skills; connection to opportunities available to community members who do not necessarily have I/DD; and access to preferred recreation, hobby, leisure, or worship activities.

Priority: Young Children and their Families (collaboration with the CCMHB)

Services and supports not covered by Early Intervention or under the School Code, for young children with developmental and social-emotional concerns, might include: coordinated, home-based services addressing all areas of development and taking into consideration the needs of the family; early identification of delays through consultation with child care providers, pre-school educators, medical professionals, and other providers of service; education, coaching, and facilitation to focus on strengthening personal and family support networks; or systematic identification and mobilization of individual and family gifts and capacities, to access community associations and learning spaces. Through the Boards' intergovernmental agreement, the Champaign County Mental Health Board (CCMHB) has funded these programs, which complement programs addressing behavioral health of very young children and their families, and for which service providers collaborate as a System of Care for children and families. For PY2022, the CCMHB may continue this priority area as a demonstration of their continued commitment to people with I/DD.

Overarching Considerations:

Underserved/Underrepresented Populations and Countywide Access

Programs should promote access for underserved/underrepresented populations as identified in the 2001 Surgeon General's Report on Mental Health: Culture, Race, and Ethnicity and the federal Substance Abuse and Mental Health Services Administration (SAMHSA). Members of racial and ethnic minority groups also encounter disparities in access to and quality of care related to I/DD.

For example, on average, Black children are almost 5.5 years old before they receive a diagnosis of autism. Because a reliable diagnosis can be made before age 2 and effective early therapy can be offered, this is a critical delay in opportunity, with harmful outcomes. Washington University researchers studied 584 Black children seen in autism specialty centers in St. Louis, Atlanta, New York, and Los Angeles and found:

- Diagnosis of autism occurred six months later than for their white peers;
- This delay occurred in spite of parents having reported their concerns about the child's development for more than three years and to multiple specialists;
- This delay was not associated with access to health insurance;
- Although prevalence of autism is consistent across racial groups, there was a disproportionate burden of I/DD in this sample, with absence of predictive factors (household income, preterm birth); the researchers warn that racial disparities in diagnosis and care should be taken very seriously.

(as reported in "Black Children Wait Longer for Autism Diagnosis" by Shaun Heasley, Disability Scoop, August 25, 2020)

A Cultural and Linguistic Competence Plan (CLCP) is required of each applicant organization, and the online application system includes a CLCP form aligned with requirements of Illinois Department of Human Services. The form has been modified so that an agency may include activities consistent with the National Standards for Culturally and Linguistically Appropriate Services in Health and Health Care (CLAS Standards.) Applications should address earlier, more accurate identification of I/DD in underrepresented populations, as well as reduction of racial disparities in the utilization of services. Members of underserved populations and people living in rural areas should have the opportunity to use quality services; engagement strategies should be identified.

Inclusion, Integration, and Anti-Stigma



Proposals for funding should promote the fullest possible community integration. People are most safe when they have routine contacts with other people, whether co-workers, neighbors, members of a faith community, acquaintances at fitness or recreation centers, or social clubs/networks. Community involvement helps decrease stigma. Stigma limits people's participation, inhibits economic self-sufficiency, and increases vulnerability. It may even be a driver of declining State and Federal support. Stigma harms communities and individuals, especially those who are underserved or underrepresented due to sexuality, gender, race, ethnicity, immigrant/refugee/asylee status, preferred or first language, or disability. The CCDDB has an interest in building resilience, community awareness, and inclusion, as well as directly challenging negative attitudes and discriminatory practices. Fullest inclusion aligns with standards established in Home and Community Based Services rules, Workforce Innovation and Opportunity, and Department of Justice ADA/Olmstead findings. Although complicated, the paradigm shift these represent is clear.

<u>Outcomes</u>

Applications for funding will identify measures of access for people seeking to participate in the program and outcomes expected to result from this participation. Because defining and measuring valuable outcomes is challenging, an 'outcome measure bank' and a reporting template are available online. A small set of programs may be selected to receive intensive support from UIUC Department of Psychology researchers in the development and use of theory of change logic modeling. Organizations reporting on outcomes to other funders may include those outcomes, if relevant, in the application for CCDDB funding. The Council on Quality and Leadership and the National Core Indicators share a focus on:

- Personal Outcomes -- improve people's positive relationships, increase personal satisfaction, allow them to exercise choice in decisions made about/for/with them, support self-determination, support real work, and increase people's inclusion in their community.
- Family Outcomes support involvement of family members of people who have I/DD, offer them opportunities for connection, reliable resources for information, planning, access, and support, give them choice and control, and maximize satisfaction.

Coordinated System

Toward a more inclusive, efficient, and effective local system, proposals should include evidence of collaboration and should acknowledge other resources and how they are linked. In recent years, the CCDDB has emphasized coordination and collaboration, not only to avoid overserving and overspending but also to reach our least connected residents. Of interest are: collaboration with other providers; a commitment to updating information in resource directories and databases; and participation in trainings, workshops, or council meetings with other providers of similar services. While the CCDDB cannot pay for services which are covered under the School Code or are the responsibility of other service systems (e.g., medical, law enforcement, justice system), activities may include collaboration, linkage, training, and similar as appropriate to the proposed service and people to be served. Written working agreements should include details of coordinated services, referral relationships, and other partnerships between providers; applications for funding should acknowledge these relationships. Collaboration may also be captured in a joint application submitted by two or more agencies and proposing services and supports consistent with their shared mission. Shared infrastructure (physical, data systems, professional services, etc.) can support organizations' common goals, reducing indirect costs, reporting on shared outcomes, etc.

Budget and Program Connectedness

Proposals require a Budget Narrative explaining the relationship between anticipated costs and program components. Clarity about what the Board is buying includes the relevance of all expenses, direct and indirect. Per Funding Guidelines, calculation and rationale should be explicit as to the relationship between each expense and the value of the program. Programs offering services billable to Medicaid should identify non-billable activities and the associated costs to be charged to the CCDDB. While these funds should not pay for service activities or supports billable to another payor, the Board has an interest in programs taking advantage of multiple resources in order to secure long-term sustainability.

Person Centered Planning (PCP)

Every person who will participate in a proposed program should have the opportunity to direct their services and supports. The Person-Centered process seeks a balance between what is important TO a person and what is important FOR a person and includes strengths, preferences, clinical and support needs, and the person's desired outcomes. CCDDB funding should be associated with people rather than programs. All services and supports should be documented in a plan which is directed by the person and consistent with Illinois Department of Human Services – Division of Developmental Disabilities' guidelines for PCP. In a self-determined, integrated system:

- people control their day, what they do and where, and with whom they interact;
- *people build connections* to their community as they choose, for work, play, learning, and more, in the same places and times used by other community members;
- *people create and use networks of support* consisting of friends, family, community members with similar interests, and allies they choose; and
- people advocate for themselves, make informed choices, control their own service plans, and pursue their own aims.

Applications for funding will describe how specific services relate to what people have indicated that they want and need. For PY2022, funded programs will be required to report all service activities in simple categories, as full hours, to capture whether the service happens with the individual or on their behalf (in their absence) and whether the service is delivered in the community (including the person's home) or at an agency office. Benchmarks may be developed to promote fullest inclusion. Previous years' aggregate reports have demonstrated the complicated service mix and widely varying utilization patterns and costs, but lowering the time spent reporting should increase direct support.

Added Value and Uniqueness

Applications should identify specific, even unique, features of the approach, the staff, and the funding mix. <u>Approach/Methods/Innovation</u>: Cite the relevant recommended, promising, evidence-based, or evidence-informed practice and address fidelity to the model under which services are to be delivered. In the absence of such an approach to meet defined community need, clearly describe the innovative approach, including method of evaluation, to be considered. <u>Staff Credentials</u>: Highlight staff credentials and specialized training. <u>Resource Leveraging</u>: While leveraging is strictly interpreted as local match for other grant funding, describe all approaches which amplify CCDDB resources: state, federal, and

local funding; volunteer or student support; community collaborations. If CCDDB funds are to be used to meet a match requirement, reference the funder requiring match and identify the match amount in the Budget Narrative. The CCDDB is often not eligible to apply directly for federal or state funding but encourages and assists eligible entities in identifying and pursuing opportunities.

Process Considerations:

Priority areas and overarching considerations will be used as discriminating factors which influence final allocation decision recommendations. The CCDDB uses an online system for agencies applying for funding. An agency must complete the one-time registration process, including an organization eligibility questionnaire, before receiving access to online application forms. Criteria described in this memorandum are to be used as guidance by the Board in assessing applications for funding. They are not the sole considerations in final funding decisions. Other considerations include the judgment of the Board and staff, evidence of the provider's ability to implement the services proposed, the soundness of the proposed methodology, and the administrative and fiscal capacity of the agency. Further, to be eligible to receive CCDDB funds, applications must reflect the Board's stated goals, objectives, operating principles, and public policy positions; downloadable versions of these Board documents are available on the public page of the online application system, at http://ccmhddbrds.org. Final decisions rest with the CCDDB and their judgment concerning the most appropriate and effective use of the fund, based on assessment of community needs, equitable distribution across disability support areas, and alignment with decision support criteria.

The Intergovernmental Agreement between the CCDDB and the Champaign County Mental Health Board (CCMHB) establishes that a portion of CCMHB funding be reserved for allocation to I/DD services and supports. These allocation decisions are aligned with CCDDB priority areas as defined in this document. Recommendations will be made by the CCDDB and staff, which are then considered and acted upon by the CCMHB, resulting in contracts between the CCMHB and I/DD service providers.

The CCDDB allocation of funding is a complex task and not a request for proposals (RFP). Applicants are not responding to a common set of specifications but rather are seeking funding to address a wide variety of support needs for people who have intellectual and/or developmental disabilities. The nature and scope of applications may vary widely and may include treatment and early intervention models. As a result, a numerical rating/selection methodology is not relevant or feasible. Our focus is on what constitutes a best value to the community, in the service of its members who have I/DD, and is therefore based on a combination of cost and non-cost factors, reflecting an integrated assessment of the relative merits of applications using criteria and priorities approved by the CCDDB. In the event that applications are not sufficiently responsive to the criteria and priorities described in this memorandum, the CCDDB may choose to set aside funding to support RFPs with prescriptive specifications to address the priorities. The CCDDB may also choose to identify requests, including for capital and infrastructure projects, which are appropriate for an award of funding to be issued during the Program Year 2022 but later than July 1, 2021, in the event of greater than expected Board revenue.

Caveats and Application Process Requirements:

- Submission of an application does not commit the CCDDB to award a contract or to pay any costs incurred in the preparation of an application or to pay for any other costs incurred prior to the execution of a formal contract.
- During the application period and pending staff availability, technical assistance will be limited to process questions concerning the use of the online registration and application system, application forms, budget forms, application instructions, and CCDDB Funding Guidelines. Support is also available for CLC planning.
- Applications with excessive information beyond the scope of the application format will not be reviewed and, at the discretion of staff, may be disqualified from consideration.
- Letters of support are not considered in the allocation and selection process. Written working agreements with other agencies providing similar services should be referenced in the application and available for review upon request.
- The CCDDB retains the right to accept or reject any application or to refrain from making an award, when such action is deemed to be in the best interest of the CCDDB and residents of Champaign County.
- The CCDDB reserves the right to vary the provisions set forth herein at any time prior to the execution of a contract where the CCDDB deems such variances to be in the best interest of the CCDDB and residents of Champaign County.
- Submitted applications become the property of the CCDDB and, as such, are public documents that may be copied and made available upon request after allocation decisions have been made and contracts executed. Submitted materials will not be returned.
- The CCDDB reserves the right, but is under no obligation, to negotiate an extension of any contract funded under this allocation process for up to a period not to exceed two years, with or without additional procurement.
- If selected for contract negotiations, the applicant may be required to prepare and submit additional information prior to final contract execution, in order to reach terms for the provision of services agreeable to both parties. Failure to submit required information may result in disallowance or cancellation of contract award.
- The execution of final contracts resultant of this application process is dependent upon the availability of adequate funds and the needs of the CCDDB.
- The CCDDB reserves the right to further define and add application components as needed. Applicants selected as responsive to the intent of this online application process will be given equal opportunity to update proposals for the newly identified components.
- To be considered, proposals must be complete, received on time, and responsive to the application instructions. Late or incomplete applications shall be rejected.
- If selected for funding, the contents of a successful application will be developed into a formal contract. Failure of the applicant to accept these obligations can result in cancellation of the award for contract. The CCDDB reserves the right to withdraw or reduce the amount of an award if the application has misrepresented the applicant's ability to perform.
- The CCDDB reserves the right to negotiate the final terms of any or all contracts with the selected applicant, and any such terms negotiated as a result of this

application process may be renegotiated and/or amended in order to meet the needs of Champaign County. The CCDDB reserves the right to require the submission of any revision to the application which results from negotiations conducted.

• The CCDDB reserves the right to contact any individual, agency, or employee listed in the application or to contact others who may have experience and/or knowledge of the applicant's relevant performance and/or qualifications.

 During and subsequent to its application review process, the CCDDB may deem some programs as appropriate for two year contracts.

Decision Section:

Motion to approve the CCDDB Program Year 2022 Allocation Priorities and Decision Support Criteria as described in this memorandum.

_____ Approved

_____ Denied

_____ Modified

_____ Additional Information Needed

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DECISION MEMORANDUM

DATE:November 18, 2020TO:Members, Champaign County Mental Health Board (CCMHB)FROM:Lynn Canfield, Executive DirectorSUBJECT:PY2022 Allocation Priorities and Decision Support Criteria

Overview:

The purpose of this memorandum is to recommend allocation decision support criteria and funding priorities for the Champaign County Mental Health Board (CCMHB) Program Year 2022, July 1, 2021 to June 30, 2022. Funding priorities and decision support criteria are a framework for how contracts with service providers further the mission of the Board. Staff recommendations are based on Board and stakeholder input and our understanding of best practices and state/federal service and payment systems. CCMHB members were presented an initial draft on October 21, which was also distributed to service providers, family members, advocates, and other stakeholders, with a request for comments. This draft incorporates input from the Board, staff, and others:

- In consideration of racial disparities magnified during the time of COVID-19, suggested programming is added to the "Innovative..." and "System of Care" priority areas;
- New references to building empathy and managing stress are incorporated in the "Innovative Practices..." Priority and Overarching Considerations; and
 - To account for the impacts of COVID on type of service and numbers of people served, and to prepare for continuing and future impacts, a new expectation is added to the Overarching Considerations section on Outcomes, and a new category to minimal responsiveness.

Statutory Authority:

The Illinois Community Mental Health Act (405 ILCS 20/ Section 0.1 et. seq.) is the basis for CCMHB funding policies. All funds shall be allocated within the intent of the controlling act, as codified in the laws of the State of Illinois. CCMHB Funding Guidelines require that there be annual review of the decision support criteria and priorities to use in the allocation process. Upon Board approval, this memo becomes an addendum to the Funding Guidelines incorporated in standard operating procedures.

The Operating Environment Prior to 2020:

In previous decision support and priorities memoranda, we have described an operating environment and related challenges for people who have mental health conditions, substance use disorders, or intellectual and developmental disabilities (I/DD), as well as their family members and networks of supporters, providers of service, and even our own planning and funding activities. During some years, the service system has felt in freefall, such as the two-year period during which Illinois did not have a budget and many areas lost provider capacity. In other years, the barriers to care have increased due to shifts in funding and regulatory complexity. In defiance of the definition of crisis, the system was in one for years, and 2020 further exposed and exacerbated known gaps.

State and federal systems, including health care coverage, mental health and addiction treatment, long-term supports, and related regulations or their enforcement are complex and 'evolving.' Systems of care, safety net, and local economies are all vulnerable, and some proposed changes would make it even more difficult for people who have behavioral health conditions and/or disabilities to secure services, participate in communities, and control their own service plans.

- The chaotic policy and funding environment is stressful for people who rely on services and contributes to "change fatigue" among providers and families, further eroding a system which already struggles to retain a qualified workforce.
- The need for workforce development is acknowledged, and some loan forgiveness programs made available, but these efforts do not keep pace with losses.
- Mental health parity laws vary from state to state and are difficult to enforce. Even when enforced, strong parity laws reach only to insurance products and not to the service array itself.
- An 1115 waiver promises to test integration of behavioral and physical healthcare, along with other innovative, evidence-based approaches. The rollout has not been smooth; to take one example, changes in crisis service categories and rates have not benefited our community, requiring advocacy at the legislative level.
- Medicaid reimbursement rates remain below the actual cost of services. The rate paid for each service is inclusive and taken as payment in full, so that providers cannot charge more for a covered service to an eligible person or accept a third-party payment. Inadequate rates and outdated rules have made it difficult for community-based providers to meet the needs of people who use Medicaid. Managed Care contracting presents another layer of challenges for community-based providers, insured persons, and other funders.

While federal and state issues are complicated, we have sought to identify opportunities, whether through direct CCMHB funding of agencies, helping agencies to secure other funding, promoting system redesign and innovation, coordinating across services, providing more specific assistance to individuals with qualifying conditions, increasing community awareness and education, or other. CCMHB works with advocates and providers to identify supports and services which improve outcomes for people and promote a healthier, more inclusive community, and supports and services which are indicated and preferred but not covered by other payors.

The Operating Environment After 2020:

The U.S. Centers for Disease Control and Prevention (CDC) offers a snapshot of mental health issues associated with COVID-19 morbidity, mortality, and mitigation activities:

- "U.S. adults reported considerably elevated adverse mental health conditions associated with COVID-19. Younger adults, racial/ethnic minorities, essential workers, and unpaid adult caregivers reported having experienced disproportionately worse mental health outcomes, increased substance use, and elevated suicidal ideation."
- "The public health response to the COVID-19 pandemic should increase intervention and prevention efforts to address associated mental health conditions. Community-level efforts, including health communication strategies, should prioritize young adults, racial/ethnic minorities, essential workers, and unpaid adult caregivers."
- "To reduce potential harms of increased substance use related to COVID-19, resources, including social support, comprehensive treatment options, and harm reduction services, are essential and should remain accessible. Periodic assessment of mental health, substance use, and suicidal ideation should evaluate the prevalence of psychological distress over time. Addressing mental health disparities and preparing support systems to mitigate mental health consequences as the pandemic evolves will continue to be needed urgently."

(from Czeisler, Lane, Petrosky, et al in "Mental Health, Substance Use, and Suicidal Ideation During the COVID-19 Pandemic – United States, June 24-30, 2020" as reported in the CDC' Morbidity and Mortality Weekly Report August 14, 2020)

There is a growing appreciation of public health systems and the population health approach, which could lead to a clearer collective understanding of behavioral health as well. Meanwhile we are still living through the COVID-19 crisis and cannot account for long term effects of the pandemic or related impacts, let alone accurately predict critical considerations for the Program Year 2020. Early thoughts are offered:

- Relief funding received by agencies may not become permanent, creating new shortfalls. This short-term funding will also complicate financial accounting and present new risks, such as those associated with funding as payor of last resort;
- People who had not previously sought support for behavioral health concerns are entering a system which is not prepared for the new demand;
- People may be coping with new physical and behavioral health concerns directly and indirectly related to COVID-19;
- Many people who have lost employment will rely on Medicaid coverage for the first time and during a time when the provider shortage continues to deepen;
- Dramatically different personal outcomes are emerging along the racial, ethnic, and socio-economic fault-lines in our service system;
- Deepening or new stressors, such as grief, isolation, and financial insecurity will contribute to the diseases of despair, including addiction and depression, and may persist for many years;
- To a degree we cannot measure, people may be delaying therapies or in other ways holding their breath until communities have fully reopened and

'normalized'. By that time, children may have lost progress, people of all ages may be managing trauma effects, and providers again unprepared for the backlog.

Expectations for Minimal Responsiveness:

Applications that do not meet these expectations are "non-responsive" and will not be considered for funding. All agencies must be registered using the online system, at http://ccmhddbrds.org. The application must be completed using this system, with all required forms completed and submitted by the deadline. Accessible documents and technical assistance, limited to navigation of the online tools, are available upon request through the CCMHB staff.

- 1. Eligible Applicant, based on completed Organization Eligibility Questionnaire.
- Englote Application deadline. Late or incomplete applications will not be accepted.
- Proposed services or supports must relate directly to mental health, substance use disorder, or intellectual/developmental disabilities. How will they improve quality of life for people with behavioral health conditions or I/DD?
- 4. Application must include evidence that other funding sources are not available to support this program or are maximized. Other potential sources of support should be identified and explored.
- 5. Coordination with providers of similar or related services must be demonstrated.
- Evidence of planning for continuation of services during pandemic or epidemic.

To preserve the CCMHB's emphasis on PY2022 allocation decision criteria, all applications should align with one or more of the priorities below. Applications should describe the relationship between the proposed service and mental health, substance use disorders, or intellectual/developmental disabilities. Applicants are encouraged to review the PY2021 program summaries and board discussions from April and May of 2020, as observations made during the previous review cycle may be helpful in the development of PY2022 requests for funding.

"I wouldn't trade being manic depressive bipolar for a normal life. It is full of ups and downs, but the palette I was given to color my world is so bright, and so black, I'm so blessed. I live to share what it is that makes me strive through the vast expanse of my canvas. Onwards towards the wilderness."

- Elijah Griffin

Assessed Needs of Champaign County Residents:

Champaign County residents who participated in our 2018 community needs assessment identified unsurprising barriers: limited provider capacity, limited ability to pay, transportation issues, services hard to figure out/not well coordinated, belief that the service or provider will not be helpful, and stigma about the condition. In the moment of need for service, finding clear information is already a tough task; add that the system includes many smaller formal partners with specialized resources, and some may give up on navigating to the right kind of help.

The 2021 community needs assessment will rely on findings from a collaborative of public and private entities with similar responsibilities for assessment and strategic plans. This is a work in progress, with CCMHB staff included. Current surveys conducted through Champaign Urbana Public Health District have again identified behavioral health and gun violence as top priorities for citizens of the County.

Related to behavioral health and community violence are a number of the public comments shared during listening sessions on policing and hosted by the City of Champaign. Across five sessions held in September and October, citizens identified the need for improved mental health crisis response and interventions. Possible solutions were also mentioned, many of which are familiar to the CCMHB and partners: mobile crisis response, prevention and training programs for youth and adults, wraparound services, trauma-informed systems, adult diversion, mental health services for people with I/DD, housing as a solution for housing instability, and more.

In April and June reports to the Board, agencies summarized COVID-19 related changes in services and in the needs reported to them by people served. While some activities were successfully offered in online platforms and useful to those with access to technology, some must be delivered in person. The State identified behavioral health and disability support providers as 'essential workers,' for whom physical safety measures involved new expenses and new personal pressures. Most positive programming for young people, specialized therapies, residential supports, and crisis services call for faceto-face service delivery. The demand for these services increased initially and is expected to continue rising even after impacts of the pandemic have come under control.

The support needs of people with Intellectual and Developmental Disabilities (I/DD) are tracked through the Illinois Department of Human Services' monthly reports of all who are enrolled in PUNS (Prioritization for Urgency of Need for Services). The September 2020 report shows that Champaign County residents with I/DD seek, in rank order: personal support, transportation, employment support, behavioral support, and residential support. Through a contract with the Champaign County Developmental Disabilities Board (CCDDB), the Independent Service Unit enquires about additional preferences, and during PY2020, eligible residents prioritized dining out, movies, sporting events, and other recreation, activities enjoyed by other members of our community prior to 2020. Planning should honor the desire of people with I/DD to enjoy the same opportunities.

Program Year 2022 CCMHB Priorities:

As an informed purchaser of service, the CCMHB considers best value and local needs and strengths when allocating funds. The service system, which also includes programs and resources *not* funded by the CCMHB, should balance health promotion, prevention, wellness recovery supports, early intervention, effective treatments, and crisis response, and it should ensure equitable access across ages, races, and neighborhoods.

Priority - Crisis Response and Intervention

Community-based behavioral health and other resources that lead to wellness should be available to people who have significant 'problems in living' when and where they appear to be in need of support. These supports should reduce unnecessary or inappropriate institutional care (hospitals, prisons, jails, e.g.) and counterproductive encounters with law enforcement or other systems not designed to address serious mental illness or addiction issues. The safety of individuals in crisis, their families, and members of their community are all important; qualified professionals, including certified peer supporters, should engage people where they are and connect them to care, to help people move toward wellness and away from criminalization or containment. Without a functional crisis response system and effective interventions, individuals suffer, and other public systems are stressed.

Collaborations of law enforcement, local government and funders, service providers, and stakeholders emphasize: data sharing and analysis; Drug Court coordination; brief screening, case management, peer support, and benefits enrollment for people in jail; and coordinated supports for those in reentry. Recommendations from a previous project funded by US Department of Justice and the CCMHB are still relevant: strengthen the system; create a coordinating council; add case management for those served by the Public Defender's office; and explore feasibility of a 24 hour 'crisis center' or alternative, such as coordinated crisis interventions across the community. Where there is overlap with public safety or public health interests, co-funding by appropriate entities will amplify these efforts and ensure we are not duplicating or interfering with similar work.

Supports and services should: improve health and quality of life; connect people to care and out of crisis; increase access to effective treatments; reduce contact with law enforcement and inappropriate incarceration or hospitalization; decrease length of stay in jails and hospitals; and facilitate successful, healthy transition to the community:

- Programs offering an alternative to crisis, hospitalization, arrest, booking, or charging may include intensive case management, Assertive Community Treatment, enhanced crisis response (access to detox/stabilization, triage center, or assessment leading to care), counseling and other supports for youth with juvenile justice involvement and their families;
- Access to treatment/connection to care, for those with justice system involvement, history of crisis or hospitalization, or chronic homelessness/houselessness as a result of mental illness or substance use disorder, may include benefit enrollment, coordination of discharge/transition to community, peer mentoring and support, and group work (Moral Reconation Therapy and anger management, e.g.);
- Services disrupting the cycle of violence may include counseling, case management, and crisis support (for survivors of violence or abuse) and trauma-

informed programming (for survivors of violence and/or people of any age with justice involvement or in re-entry.)

<u>Priority – Innovative Practices and Access to Behavioral Health Services</u> Insufficient safety net systems not only lead to unnecessary incarceration and crisis contacts but also to more serious symptoms and loss of life. Community awareness, system advocacy and coordination, and better access to resources are all needed. *Problems of living* include untreated conditions for which treatment can be effective and which are compounded by financial and housing insecurity, also barriers to access.

The social determinants of health (access to food, healthcare, and housing, e.g.) impact behavioral health but have not been the traditional purview of behavioral health systems. Collaboration and co-funding by other appropriate entities will add value to an application and ensure that we are not duplicating or interfering with similar efforts.

Barriers to community care include: stigma, siloed care, outdated regulations, insufficient provider capacity, difficulty securing insurance coverage, high costs of care even with coverage, and limited transportation or resources. To increase access to care and support innovations which are not otherwise funded:

- Guiding people to services which are billable to insurance, through wellness and recovery supports, mobile crisis response, home visits, transportation, specialized case management (in some cases used as match for supportive housing), and self-advocacy/self-determination;
- Enrollment in well-matched health plans, using benefits enrollment specialists and system navigators, outreach and education, and benefits counseling, such as SSI/SSDI Outreach, Access, and Recovery (SOAR);
- Offering treatment services to people with severe mental illness and no insurance;
- Innovations which narrow gaps in the service system and improve outcomes for people, such as assistance for caregivers, social connections for seniors, employment services, community living support, suicide prevention education;
- Building empathy, resilience, recovery, and a greater sense of collective wellness through youth and adult peer support and mentoring, groups which foster creativity and the sharing of creative efforts, and the promotion of stress management through physical activity, music, etc.
- Educational or treatment programs specifically addressing racism and racial trauma, to reduce their negative mental health impacts.

Priority - Systems of Care for Children, Youth, Families

For two decades, the CCMHB has focused on *youth* with multi-system involvement, funding evidence-based programs to reduce juvenile justice system contact among those with serious emotional disturbance. Several programs promote positive youth development. The System of Care for Youth and Families includes initiatives for summer youth programming and community crisis response to mitigate the harm caused by gun violence, racial trauma, and other. Where such community efforts overlap with public safety and public health interests, co-funding by appropriate entities will strengthen this work and ensure that we are not duplicating or interfering with similar efforts.

The CCMHB has also funded programs for *young children*, including perinatal supports, early identification, prevention, and treatment. Coordination of early childhood provider organizations has resulted in a Home Visitors Consortium, a "no wrong door" System of Care for very young children and their families, building self-determination and resilience, with consideration of the negative impacts of Adverse Childhood Experiences. Programs may also serve children who have an identified developmental delay or disability (DD) or risk, as well as offering supports for the families of these children, aligned with Collaboration with the Champaign County Developmental Disabilities Board (CCDDB) priority below.

For best outcomes and to avoid criminalizing behavioral and developmental issues, Systems of Care should be strength-based, well-coordinated, family-driven, personcentered, trauma-informed, and culturally responsive. Early involvement improves individual and community health and disrupt poverty. Year-round, positive opportunities for all Champaign County children, from birth through young adulthood, should maximize social/emotional success and help them stay excited about learning. Success is sustainable when families and communities are resilient. Of interest are:

- Family-driven and youth-guided organizations which acknowledge the role of peer support and mentoring, coordination, and system planning and advocacy; Behavioral health supports organized through partnerships such as the
- Community Coalition or the Home Visitors Consortium;
- Evidence-based, evidence-informed, innovative, or promising programs for children or youth who have been impacted by trauma, including violence or racial trauma, or a mental, behavioral, or emotional disorder or who have multiple system involvement; and
- Positive programs for girls, young women, and youth of any gender, to mirror successful programs for males.

Priority - Collaboration with the Champaign County Developmental Disabilities Board The Intergovernmental Agreement with the Champaign County Developmental Disabilities Board (CCDDB) requires integrated planning concerning Intellectual and Developmental Disabilities (I/DD) allocation decisions and includes a specific CCMHB set-aside, which for PY2022 will likely total \$728,818 (PY2021 amount of \$696,137 plus an increase equal to increase in the property tax levy extension, adjusted by previous CILA contribution of \$50,000 per year). In addition to funding agency programs, the Boards share a Community Integrated Living Arrangement (CILA) Expansion project, which has enabled the purchase, improvement, and maintenance of two small group homes for people with I/DD who would otherwise be unable to live in this community. This effort aligns with the Ligas Consent Decree and Olmstead Decision. The CILA Project is being revisited, likely through a separate, detailed Request for Proposals, in an effort to continue responding to community needs.

This commitment to young children continues for PY2022, with a focus on socialemotional and developmental needs of very young children, with involvement from and support for their families. The CCMHB has funded such programs along with behavioral health supports for very young children and their families, and for which service providers collaborate toward a System of Care for children and families. Services and supports not covered by Early Intervention, for young children with developmental and social-emotional concerns, might include: coordinated, home-based services addressing all areas of development and taking into consideration the needs of the family; early identification of delays through consultation with child care providers, pre-school educators, medical professionals, and other providers of service; education, coaching, and facilitation to focus on strengthening personal and family support networks; identification and mobilization of individual and family gifts and capacities, to access community associations and learning spaces.

Overarching Considerations:

Underserved/Underrepresented Populations and Countywide Access

Programs should promote access for underserved /underrepresented populations as identified in the "2001 Surgeon General's Report on Mental Health: Culture, Race, and Ethnicity" and by the Substance Abuse and Mental Health Services Administration. This overarching consideration further emphasizes the theme, across priority areas and service types, of connecting people to care appropriate to their needs and strengths. Correcting disparities associated with race, ethnicity, culture, and language is critically important. To take three examples closely related to priority categories:

Trauma history: Psychiatrists and other providers have developed an awareness of the impacts of sexual trauma and gender inequity. Individual narratives are built from family history and systems, childhood memories, culture, and biology, but the regular impacts of racism as trauma are largely unexamined:

- Mental health services are disproportionately inaccessible by people of color, and only 2% of psychiatrists identify as Black;
- Significant racial disparities in diagnosis include Black patients twice as likely as white ones to be diagnosed with serious mental illness;
- Adverse Childhood Experiences (ACEs) build a trauma history predicting future physical and mental health concerns. The impacts of abuse, neglect, parental substance use disorder, parental absence, marital violence, and similar are acknowledged. While recent surveys include experiences of racism as ACEs, the CDC does not yet count them among official causes of harm;
- Mental health providers should observe and identify racial trauma as part of evaluation and treatment; as with all trauma disclosure, patients may need time and clinicians education in order to discuss impacts safely and effectively.

(from "Including Racism in a Trauma History: A Clinician's Reflections" by Mindy Oshrain, MD, August 24, 2020)

Justice system involvement: "African Americans are more likely than white Americans to be arrested; once arrested, they are more likely to be convicted; and once convicted, and they are more likely to experience lengthy prison sentences... African-American adults are 5.9 times as likely to be incarcerated than whites and Hispanics are 3.1 times as likely. As of 2001, one of every three black boys born in that year could expect to go to

prison in his lifetime, as could one of every six Latinos - compared to one of every seventeen white boys. Racial and ethnic disparities among women are less substantial than among men but remain prevalent."

(from The Sentencing Project: Research and Advocacy for Reform. Report to the United Nations on Racial Disparities in the US Criminal Justice System, 2018.)

Delayed early diagnosis: Black children are almost 5.5 years old before they receive a diagnosis of autism. Diagnosis and effective treatment can begin as early as age 2, making this is a critical delay with harmful outcomes. Washington University researchers studied 584 Black children seen in autism specialty centers and found:

- Diagnosis of autism occurred six months later than for their white peers;
- This delay occurred in spite of parents having reported their concerns about the child's development for more than three years and to multiple specialists;
- This delay was not associated with access to health insurance;
- Although autism prevalence is consistent across racial groups, there was a disproportionate burden of I/DD in this sample, with absence of predictive factors, and researchers warn that racial disparities should be taken very seriously. (as reported in "Black Children Wait Longer for Autism Diagnosis" by Shaun Heasley, Disability Scoop, August 25, 2020)

A Cultural and Linguistic Competence Plan (CLCP) is required of each applicant organization, and the online system includes a CLCP form aligned with requirements of Illinois Department of Human Services. The form has been modified so that an agency may include activities consistent with the National Standards for Culturally and Linguistically Appropriate Services in Health and Health Care (CLAS Standards). Applications should address early identification and treatment for members of underrepresented populations, reduction of racial disparities in justice and child welfare systems, and disproportionate trauma impacts. Underserved groups and people living in rural areas should have access to quality services; engagement strategies should be identified which might overcome barriers related to stigma and infrastructure and reach even those who are seeking support for the first time.

Inclusion and Anti-Stigma

Proposals for funding should describe how the proposed service or support increases inclusion or reduces the stigma associated with behavioral health disorders or intellectual and/or developmental disabilities. Stigma limits people's participation, inhibits economic self-sufficiency, and increases vulnerability. It may even be a driver of declining State and Federal support for effective treatments. Stigma harms communities and individuals, especially those who are underserved or underrepresented due to sexuality, gender, race, ethnicity, immigrant/refugee/asylee status, preferred or first language, or disability. People are most safe when they have routine contacts with other people, whether coworkers, neighbors, members of a faith community, acquaintances at fitness or recreation activities, or other social clubs/networks. Community involvement helps build empathy, redefine our sense of group identity and "other", reduce stress, and decrease stigma. Young adults are at risk due not only to brain development and pressure to perform in school but also to fear of being exposed as having a behavioral health condition.

Nationally, increases in farmer suicide and opioid/other addiction require that we improve awareness and lower the stigma in communities where traditional services are lacking but networks of support could be strengthened. Recognizing that lives are lost when stigma prevents people from seeking support, the CCMHB has an interest in building resilience, community awareness, and inclusion, as well as directly challenging negative attitudes and discriminatory practices. Stigma is worsening, in spite of the American Psychiatric Association's finding that people with mental illness are more likely to be victims of gun violence than perpetrators.

Outcomes

Proposals for funding should identify measures of access for people seeking to participate in the program and of outcomes expected to result from this participation. Because defining and measuring valuable outcomes can be a challenge, the Board offers support through a research team from University of Illinois at Urbana Champaign's Department of Psychology, with training and technical assistance on 'theory of change' logic modeling, an 'outcome bank', and a template for reporting. Agencies using these resources may gain an advantage when competing for other funding, in an increasingly competitive funding environment. Applicant organizations reporting on outcomes to other funders may choose to include those outcomes, if relevant, in their application for CCMHB funding. Unlike the healthcare system, where process measures dominate (e.g., lower blood pressure), behavioral health asks if people's lives are better as a result of the service. Outcomes reflect what people want and demonstrate a program's successes. All applicants should offer insights into how COVID-19 has impacted the services they provide; if awarded funding for PY2022, accounting for these impacts, if they continue, may be done through the quarterly program reports or year-end outcome reports.

Coordinated System

Toward a more inclusive, efficient, and effective local system, proposals should include evidence of collaboration and should acknowledge other resources and how they are linked. In recent years, the CCMHB has emphasized coordination and collaboration, not only to avoid overserving and overspending but also to reach our least connected residents. Of interest are: collaborations with other providers and stakeholders (schools, support groups, hospitals, advocates); a commitment to updating information in any resource directory databases; participation in trainings, workshops, or council meetings with providers of similar services; and partnerships which go further to make sure that all who have a need are reached. Any written agreements should include details of coordinated services, referral relationships, or partnerships between providers. Applications for funding should acknowledge these relationships. A joint application may be submitted by two or more agencies with common goals, proposing services and supports or shared infrastructure, such as office space, data systems, and professional services. Collocation of various organizations' supports through community centers (such as worksites, churches, libraries, other 'hubs') or mobile service has the potential to reach underserved people who live in rural areas or neighborhoods with low access to health, behavioral health, social services, and other resources.

Budget and Program Connectedness

Proposals require a Budget Narrative explaining the relationship between anticipated costs and program components. Clarity about what the Board is buying includes the relevance of all expenses, direct and indirect. Per Funding Guidelines, calculation and rationale should be explicit as to the relationship between each expense and the value of the program. Programs offering services billable to Medicaid should identify non-billable activities and costs to be charged to the CCMHB. While CCMHB funds should not pay for activities or supports billable to another payor, the Board has an interest in programs taking advantage of multiple resources in order to secure long-term sustainability.

Added Value and Uniqueness

Applications should identify specific, even unique, features of the approach, the staff, and the funding mix. <u>Approach/Methods/Innovation</u>: Cite the relevant recommended, promising, evidence-based, or evidence-informed practice and address fidelity to the model under which services are to be delivered. In the absence of such an approach to meet defined community need, clearly describe the innovative approach, including method of evaluation, to be considered. <u>Staff Credentials</u>: Highlight staff credentials and specialized training. <u>Resource Leveraging</u>: While leveraging is strictly interpreted as local match for other grant funding, describe all approaches which amplify CCMHB resources: state, federal, and local funding; volunteer or student support; community collaborations. If CCMHB funds are to be used to meet a match requirement, reference the funder requiring match and identify the match amount in the Budget Narrative.

Process Considerations:

Priority areas and overarching considerations will be used as discriminating factors which influence final allocation decision recommendations. The CCMHB uses an online system for agencies applying for funding. An agency must complete the one-time registration process, including eligibility questionnaire, before receiving access to online application forms. Criteria described in this memorandum are to be used as guidance by the Board in assessing applications for funding. They are not the sole considerations in final funding decisions. Other considerations include the judgment of the Board and staff, evidence of the provider's ability to implement the services proposed, the soundness of the proposed methodology, and the administrative and fiscal capacity of the agency. Further, to be eligible to receive CCMHB funds, applications must reflect the Board's stated goals, objectives, operating principles, and public policy positions; downloadable versions of Board documents are on the public page of the online system, at http://ccmhddbrds.org. Final decisions rest with the CCMHB and their judgment concerning the most appropriate and effective use of the fund, based on assessment of community needs, equitable distribution across disability areas, and alignment with decision support criteria.

The CCMHB allocation of funding is a complex task and not a request for proposals (RFP). Applicants are not responding to a common set of specifications but rather are seeking funding to address a wide variety of support needs of people who have mental health conditions, substance use disorders, or intellectual/developmental disabilities. The nature and scope of applications may vary widely and may include prevention and early intervention models. A numerical rating methodology is not relevant or feasible. Our

focus is on what constitutes a best value to the community, in the service of its most vulnerable members, and is based on a combination of cost and non-cost factors, reflecting an integrated assessment of the relative merits of applications using criteria and priorities approved by the CCMHB. In the event that applications for funding are not sufficiently responsive to the criteria and priorities described in this memorandum, the CCMHB may choose to set aside funding to support RFPs with prescriptive specifications to address the priorities. The CCMHB may also choose to identify requests, including for capital and infrastructure projects, which are appropriate for an award of funding to be issued during the Program Year 2022 but later than July 1, 2021, in the event of greater than expected Board revenue.

Caveats and Application Process Requirements:

- Submission of an application does not commit the CCMHB to award a contract, to pay any costs incurred in the preparation of an application, or to pay for any other costs incurred prior to the execution of a formal contract.
- During the application period and pending staff availability, technical assistance will be limited to process questions concerning the use of the online registration and application system, application forms, budget forms, application instructions, and CCMHB Funding Guidelines. Support is also available for CLC planning.
- Applications with excessive information beyond the scope of the application format will not be reviewed and, at staff discretion, may be disqualified from consideration.
- Letters of support are not considered in the allocation and selection process. Written working agreements with other agencies providing similar services should be referenced in the application and available for review upon request.
- The CCMHB retains the right to accept or reject any application or to refrain from making an award, when such action is deemed to be in the best interest of the CCMHB and residents of Champaign County.
- The CCMHB reserves the right to vary the provisions set forth herein at any time prior to the execution of a contract where the CCMHB deems such variances to be in the best interest of the CCMHB and residents of Champaign County.
- Submitted applications become the property of the CCMHB and, as such, are public documents that may be copied and made available upon request after allocation decisions have been made and contracts executed. Submitted materials will not be returned.
- The CCMHB reserves the right, but is under no obligation, to negotiate an extension of any contract funded under this allocation process for up to a period not to exceed two years, with or without additional procurement.
- If selected for contract negotiation, the applicant may be required to prepare and submit additional information prior to final contract execution, in order to reach terms for the provision of services agreeable to both parties. Failure to submit required information may result in disallowance or cancellation of contract award.
- The execution of final contracts resultant of this application process is dependent upon the availability of adequate funds and the needs of the CCMHB.
- The CCMHB reserves the right to further define and add application components as needed. Applicants selected as responsive to the intent of this online

application process will be given equal opportunity to update proposals for the newly identified components.

- To be considered, proposals must be complete, received on time, and responsive to the application instructions. Late or incomplete applications will be rejected.
- If selected for funding, the contents of a successful application will be developed into a formal contract. Failure of the applicant to accept these obligations can result in cancellation of the award for contract. The CCMHB reserves the right to withdraw or reduce the amount of an award if the application has misrepresented the applicant's ability to perform.
- The CCMHB reserves the right to negotiate the final terms of any or all contracts with the selected applicant, and any such terms negotiated as a result of this process may be renegotiated and/or amended in order to meet the needs of Champaign County. The CCMHB reserves the right to require the submission of any revision to the application which results from negotiations conducted.
- The CCMHB reserves the right to contact any individual, agency, or employee listed in the application or to contact others who may have experience and/or knowledge of the applicant's relevant performance and/or qualifications.
- During and subsequent to its application review process, the CCMHB may deem some programs as appropriate for two-year contracts.

Decision Section:

Motion to approve the CCMHB Program Year 2022 Allocation Priorities and Decision Support Criteria as described in this memorandum.

____ Approved Denied



Additional Information Needed

CHAMPAIGN COUNTY DEVELOPMENTAL DISABILITIES BOARD CHAMPAIGN COUNTY MENTAL HEALTH BOARD

DECISION MEMORANDUM

DATE:November 18, 2020TO:Members, Champaign County Developmental Disabilities Board (CCDDB)FROM:Kim Bowdry, Associate DirectorSUBJECT:Mini-Grant Update and Extension Request

Background:

During the fall of 2019, the CCDDB launched a mini-grant opportunity for people who qualify for but were not receiving state-waiver service or ongoing CCDDB or CCMHB funded service, who had a need which could be met by specific assistance, and who are not related to Board or staff.

In December, 37 requests were approved, totaling \$62,508, and staff began working with the applicants and their families to finalize purchases. In February 2020, the CCDDB approved additional funding, as originally requested, increasing the cost of the total awards \$66,353. In April, the CCDDB approved additional funding, as originally requested, increasing total awards to \$69,393.

Update:

At the time of writing, purchases have been made for 32 of the 37 approved applicants in the amount of \$50,341. All purchases have been completed in full for 26 applicants. Purchases remaining include driving lessons, bedroom items, fencing materials, payment of dental services, and materials for an accessible bathroom.

Requests for Board Action:

CCDDB staff would like to extend the term of the Mini-Grant agreement into 2021 for the following applicants, #25, #33, #34, #44, #48, #49, #51 & #55. Credit limits on the CCMHB credit card have made making large purchases in a timely manner difficult. CCDDB staff will continue to make purchases over the next month, as possible. An extension, into 2021, would allow CCDDB staff additional time to finalize purchases while working within credit limits.

Applicant #25 approved for \$2,250 for dental work and an allowance of up to \$650 for an iPad. At the time of this writing, an iPad has been purchased for \$649.99 and CCDDB staff continues to work with Applicant #25's mother to identify the appropriate dental office for services. Budget Impact: up to \$1,600.01 allocated for use in fiscal year 2020 might be spent in 2021.

Applicants #33 & #34, brothers originally approved for \$2,500 each for an accessible bathroom remodel and most recently approved to redirect the funds to improve the safety of the brothers' bedroom and current sleeping arrangement. At the time of this writing, two full sized mattresses and box springs have been purchased. \$698.06 remains for the purchase of bedding (two sets) and two



protective side railings. Budget Impact: up to \$698.06 allocated for use in fiscal year 2020 might be spent in 2021.

Applicant #44, approved for \$4,880 exercise equipment, Camp New Hope, and Speech Therapy. In September 2020, Applicant #44 was approved \$1,840 previously approved for Camp New Hope Respite to purchase additional speech therapy sessions with Prairie Wind Speech Therapy, Inc. At the time of this writing, exercise equipment has been purchased (\$939) and \$1,550 has been spent in speech therapy services with \$2,290 remaining. **Budget Impact:** up to \$2,290 allocated for use in fiscal year 2020 might be spent in 2021.

Applicant #48 approved for \$2,500 for materials for an accessible bathroom remodel. At the time of this writing, \$962.69 has been spent on materials for the bathroom remodel. Budget Impact: up to \$1,537.31 allocated for use in fiscal year 2020 might be spent in 2021.

Applicant #49 approved for \$2,000 for items to improve bathroom accessibility and the sleeping arrangement for Applicant #49. At the time of this writing, CCDDB staff continues to work with Applicant #49 and her family to identify items of preference from their original list of requested items. Budget Impact: up to \$2,000 allocated for use in fiscal year 2020 might be spent in 2021.

Applicant #51 approved for \$2,500 for materials for a fence. At the time of this writing, \$2,229.93 has been spent on materials. Budget Impact: up to \$270.07 allocated for use in fiscal year 2020 might be spent in 2021.

Applicant #55, previously approved for \$650 for driving lessons, has temporarily moved to Springfield to support a parent who suffered from a stroke. Applicant #55 plans to move back to the Champaign County area. Budget Impact: \$650 allocated for use in fiscal year 2020 will be spent in 2021.

Decision Section:

Motion to approve extension to the terms of the Mini-Grant Agreements for Applicants #25, #33, #34, #44, #48, #49, #51, and #55 and approval to use up to \$9,045.45 allocated for use in fiscal year 2020 in 2021.

Approved _____ Denied _____ Modified _____ More information is requested _____



To: CCDDB staff and board From: DSC Date: 11/9/2020

Re: Response to follow up questions from 9/24/2020 Community First presentation

We are responding to several questions the Champaign County Developmental Disabilities Board had after our presentation at the September meeting. Our Community First program closed March 17th due to the pandemic and reopened to the community on September 8th. We are happy to report that 84% of the individuals within Community First are receiving services, in person, virtually or through 1:1 support. Numbers for our program fluctuate based on the needs of individuals and their families who will continue to evaluate the risk to their loved one and/or family as we navigate through the pandemic. We are anticipating a decline in second quarter due to the rise in the COVID rate for Region 6 and the increase in indoor only services during the winter. Thank you for your continued support during this challenging time.

- 1. Prior to Covid, five people funded through CCDDB/Community First chose to work exclusively or rarely participated in community activities. At this time, two have returned to Clark Road, one has chosen to delay return due to Covid concerns, one is working in the community, and one has retired due to health complication/Covid concerns and will receive 1:1 services.
- 2. We have maintained communication with people that were previously identified as more at risk/vulnerable throughout the pandemic and since in person services resumed in September. There are currently seven people not actively participating in some form. Between in person, 1:1, and virtual options, we will continue to monitor personal choice/circumstances and make services available. If someone chooses the offered 1:1 support, we would proceed if safe for individual, family members, and staff to do so. If all were to choose 1:1, the unintended consequence would be a decrease in hours of support and decrease in the number of individuals we can support in total as the staff resources are assigned according to active participation. Typically, 1:1 support is community-based, but there are occasions that the home is an appropriate and safe environment. As we move in to colder months, we anticipate less community options due to many outdoor options no longer available and regional limitations on businesses coupled with what measures available businesses have put in place to assure the health and safety of patrons. At any time an invitation or request to return to services is made, the risk assessment is completed and we accommodate if/when safe to do so.
- 3. DSC resumed in-person services on September 8, 2020 after having spent months assessing individual/family preferences, individuals' capacity for masking/social distancing, service options, service locations, room/venue capacities as a result of



social distancing requirements, transportation, staffing patterns, PPE, technology needs, etc. As of September 30, 2020 we had seven Community First participants who had decided at that time not to resume any of the services offered to them: inperson, virtual, or 1:1. After discussions with our staff members, one individual chose to initiate 1:1 services, another will resume in-person services in November, and we continue to maintain contact with others to resume services if their personal circumstances change. We continue to assess individuals on our wait lists to identify services that we could provide.

- Just to clarify, there were 52 people served in the Community First program in FY20. Over the last several years, there has been no one new admitted for work options as the focus is on community opportunities.
 - The 40% of participants reported as 100% community-based is a pre-COVID statistic. Days and hours of attendance vary, as do the variety of activities people choose to participate in through this program.
 - To date, there are seven people that have chosen not to return at this time.
 - Per the 5 people who chose to work exclusively when services reopened in early September, only two continue to limit themselves to work only. We honored their choice but also emphasized they may engage in other services at any time.
 - All other participants are enjoying a variety of options to include in-person, virtual and 1:1 supports, but does not include in house work options.
- 5. Per DSC's FY20 contract with CCDDB for Community First, benchmarks require at least 60% of all service activity hours be in direct contact with individuals and of those direct services hours 50% occur in community settings.

Slide #12 in DSC's September 2020 Community First presentation indicated that for FY20:

- 97% of service hours were spent in direct contact with individuals exceeded 60% criterion.
- An average of 46% of *direct service hours* were spent in the community 50% criterion not met but we were on target to meet prior to onset of the coronavirus.
- Support need and individual preference factors previously noted did have an effect on community participation hours, however, the % of time spent in the community had been increasing over the first three quarters of the fiscal year and was on target to meet participation goals when the coronavirus shutdown occurred in mid-March, the last month of 3rd Quarter.

 DSC's Survey Results reported on Slide #16, reflected our anticipated service breakdown for *Community First participants only*. We include those estimates, along with the actual participation breakdown as of September 30, 2020:

Community First Service Categories	Survey Estimated % of Community First Participation in Each Service Category	September 30, 2020 Actual % of Community First Participation in Each Service Category
In-Person	50%	44%
Virtual	18%	21%
1:1	14%	19%
Delaying Return	18%	16%
Total % Participating in Services	82%	84%

- 7. Our mention of Community Day Services in the recent presentation may have been confusing. The biggest difference between the county-funded Community First program and the state-funded Community Day Services is access to service. People participating in the Community First program are all residents of Champaign County and would otherwise not be receiving services. Rather they would be on the waiting list for state-funded services to become available, which for many has been years of waiting for service availability.
- As of March 31, 2020, we were serving 47 individuals in Community First in person.
 As of September 30, 2020, we are actively serving 43.


11.F.

PY2021 1st Quarter Service Data Charts



CCRPC - Community Services

Decision Support Person \$77,872FY21 Q1217 people were served, for a total of 1,377 hours





CCRPC - Head Start/Early Head Start

Social Emotional Disabilities Svcs \$30,270	FY21 Q1	DDB & MHB
33 people were served, for a total of 256 hours		





ommunity Choices

ommunity Living \$22,250 L people were served for a total of 260 hours







Customized Employment \$45,500







linical \$43,500 6 people were served for a total of 278 hours







Community Employment \$90,342.50FY21 Q146 people were served for a total of 1,014 hours







Community First \$205,742.50 FY21 Q1

47 people were served, for a total of 3817 hours





Community Living \$114,010

52 people were served for a total of 2,684 hours





Family Development Center \$149,130.50	FY21 Q1	МНВ
141 people were served for a total of 1,129 hou	irs	





Individual & Family Support \$107,264.50 FY21 Q1 25 people were served for a total of 1786 hours

PARTICIPANTS PER SERVICE ACTIVITY WITH PERSON SERVED - ON SITE WITH PERSON SERVED - OFF SITE ON BEHALF OF PERSON SERVED - ON SITE ON BEHALF OF PERSON SERVED - OFF SITE CLOSED/DISCHARGED NEW CLIENT HOURS PER SERVICE ACTIVITY WITH PERSON SERVED - ON SITE WITH PERSON SERVED - OFF SITE ON BEHALF OF PERSON SERVED - ON SITE ON BEHALF OF PERSON SERVED - OFF SITE CLOSED/DISCHARGED NEW CLIENT



Service Coordination \$105,790.25FY21 Q1212 people were served, for a total of 1,978 hours



(79)

PACE

Consumer Control in Personal Support \$6,066.75 12 PSWs registered, for a total of 123 hours







11.G.

PY2021 1st Quarter Service Activity Reports

for I/DD programs funded by the Champaign County Developmental Disabilities Board and Champaign County Mental Health Board



(Return to Quarterly Reports)

Agency CCRPC - Community Services

Quarterly Program Activity / Consumer Service Report

- Board Developmental Disabilities Board
 - Program Decision Support PCP (2021)
 - Period 2021 First Quarter FY21

[Change Status] to [Submitted

- Status Submitted
 - Date Submitted 10/15/2020 11:10 AM

Submitted By KHARMON

Community Service Events Service / Screening Contacts NON-Treatment Plan Clients Treatment Plan Clients Other

(TPC)	200	106
(NTPC)	250	83
	300	41
(CSE)	40	7
	Annual Target	Quarterly Data (NEW Clients)

Continuing from Last Year (Q1 Only)

Comments Staff attended 6 IEP meetings to provide information about DD services and PUNS. Transition Consultants met with representatives from Unity High School to discuss services.



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	terly Reports)					Community Service Events Service / Screening Contacts NON-Treatment Plan Clients Treatment Plan Clients Other (NTPC) (CSE) (SC)	125 90	•
	Return to Quarterly Reports		A.L. Martin			ents Service / Screening Contacts NO (SC)	200	ſ
	Service Report	littles Board	Y21			mmunity Service Ev (CSE)	16	
P Instructions	Quarterly Program Activity / Consumer Service Report	 Agency CU Able, NFP Inc. Board Developmental Disabilities Board 	 Program CU Able Continuinty Cureace 1-0-1 Period 2021 - First Quarter FY21 	Status Submitted	Date Submitted 10/30/2020 12:26 PM Submitted By PUZEYK	Ğ	Annual Target	

This quarter, CU Able had 2 virtual parent network meetings/support groups. We also had Horneschool Q&A with virtual horne school parents and a Virtual Q&A with Andy CNeil at Unit 4. We had 6 Walmart and Fedex giveaways to distrubute donations into the community. For this quarterly we processed 210 orders and distributed 1755 itmes. The partnership with Fedex has resulted in a many cleaning supplies and hand sanitizer that have all gone out into the community. We also gave away 4 lazy boys that were donated from Good 360. Continuing from Last Year (Q1 Only)

Comments

The CU Able Facebook page welcomed 79 new members (SC), for a total of 1,248. Of the new members, 53 identified as residents from Champaign County, 9 that reside outside of Champaign County, 17 did not provide their zip code. Our most active times for engagement Thursday around noon, 6pm, and 9pm. The 4 tazy boy givesway results in 1 new NTPC from Mahomet.

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Plastructions

Return to Quarterly Reports Quarterly Program Activity / Consumer Service Report Board Developmental Disabilities Board * Agency CU Autism Network

Program Community Outreach Programs (2021)

Period 2021 - First Quarter FY21

Change Status to Submitted Status Submitted

Date Submitted 10/28/2020 03:45 PM

Submitted By JPALERMO

Community Service Events Service / Screening Contacts NON-Treatment Plan Clients Treatment Plan Clients Other

	(CSE) 25	o (SC)	(NTPC) 0	(TPC) 0
Quarterly Data (NEW Clients)	Ø	0	0	0

Continuing from Last Year (Q1 Only)

We had our Halloween/Blue Pumpkin Community Event in October. We had Zoom conferences/presentations under the Community Outreach Education Program with Carle Foundation Hospital Staff (2) and Urbana Middle School Staff.

In September we upload another cooking segment under our virtual CUAN Cares program. We donated a bundle of our books to Carle Foundation hospital Resource Book Room. Also, Recorded a video for Disability Expo Third Thursday Round Up Series.

Multiple meetings with Carle Foundation Admin to discuss better patient care for persons with ASD as well as collaboration with the CARLE Igive program education, room Comments

design, and fidgethoolkt portion of the initiative. Along with volunteering at the CARLE golf outing an donating masks and CUAN clip giveaways to be added to golfers bundles. Distribution of CUAN information parriphlets for various community agencies.

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(Return to Quarterly Reports)

- Quarterly Program Activity / Consumer Service Report
- Agency Champaign County Down Syndrome Network
 - Board Developmental Disabilities Board
- Program Champaign County Down Syndrome Network (2021)
 - Period 2021 First Quarter FY21
- Status Submitted

[Change Status] to Submitted

- Date Submitted 10/30/2020 09:33 AM
 - Submitted By CHILSON

Community Service Events Service / Screening Contacts NON-Treatment Plan Clients Treatment Plan Clients Other (CSE) (CSE)

	50 145	0 0	september 14.
(CSE)	Target 20	lients) 0	Continuing from Last Year (Q1 Only) No live events were held in first Quarter of 2021. Comments Board Meetings were held virtually on July 21, August 11, and September 14. Buddy Walk Virtual Planning Meeting on September 28.
	Annual Target	Quarterly Data (NEW Clients)	Continuing from Last Year (Q1 Only) No live events were held i Comments Board Meetings were held Buddy Walk Virtual Planni



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Return to Quarterly Reports

Agency Champaign County Head Start/Early Head Start MHB

Quarterly Program Activity / Consumer Service Report

Board Mental Health Board

Program Social-Emotional Development Svs (2021)

Period 2021 - First Quarter FY21

Status Submitted

Change Status to Submitted

Date Submitted 10/30/2020 12:33 PM

Submitted By BELKNAP

Community Service Events Service / Screening Contacts NON-Treatment Plan Clients Treatment Plan Clients Other

		(SC)	(NTPC)	(TPC)		
Annual Target	20	600	20	20	10	
Quarterly Data (NEW Clients)		190	2		4	
Continuing from Last Year (Q1 Only)			o	3 0	0	

Service/Screening contracts consist of Social Errotional Observations, ASQ-SE goal setting, and individual child observations, parent and/or teacher meetings to discuss concerns of a child, counseling sessions, functional behavior assessment interviews, support plan meetings, positive behavior coaching, teacher menting, reflective supervision/consultation with staff about program and or client, contact to support outside referrals, parent support groups, and parent trainings.

Community Service events are Birth to 6 Council meetings, Mental Health Advisory Committee, Health Advisory meetings, and Infant Mental Health meetings, Champaign Community Coalition meetings, collaboration with other agencies.

Comments Non-Treatment clients are children or parents who have received support, services, or have warranted consultation but do not have a treatment plan.

Continuing Treatment Plan clients were in counseling or had a behavior plan carry over from last year.

New Treatment Plan clients are new clients seen individually for counseling, have a new support plan, or have new individual social emotional goals written for them.

Other consists of mass screening events, Virtual content for families, SE news blips for parent newsletters, and Policy Council

https://comhddbrds.org/ords/f7p=595/141/13659121042919_1141.P141_CSR_REP_NUM:19348&cs=1573E2B3C0E08B97C3FE2A453A905E06F

Return to Quarterly Reports Change Status to Submitted Quarterly Program Activity / Consumer Service Report Board Developmental Disabilities Board Agency Community Choices, Inc. DDB Program Community Living (2021) Period 2021 - First Quarter FY21 Status Submitted

Date Submitted 10/29/2020 02:17 PM

Submitted By CCCOOF

Community Service Events Service / Screening Contacts NON-Treatment Plan Clients Treatment Plan Clients Other

	(CSE)	(SC)	(NTPC)	(TPC)	
Annual Target	2	250	15	15	180
Quarterly Data (NEW Clients)	0	52	44	0	23
Continuing from Last Year (Q1 Only)			0	13	

CSE: No CSEs were participated in during Q1



Service Contacts: Service contacts for TPCs are reported via the claims online reporting system. Service contacts for NTPCs were 52 in Q1.

NTCP: Include participants in Community Choices' Personal Development classes. Treatment Plan Clients are people who participate in Community Choices' Community Transitional Support program. No new clients were added in Q1, and 2 clients were closed in Q1.

Other: Direct Service hours for NTCPs in Personal Development classes- 17 in Q1. Direct hours for TPCs is recorded via the claims online reporting system.

Comments

COVID impacts: Community Transitional Support has continued to run with some minor changes during Q1. Participants were given the option of if they wanted to meet in community from COVID does trickle into the support we are able to provide. People have lost jobs, putting housing in question, goals related to community connections. person, over zoom, or on the phone. People chose a variety of options. When meeting in person we try to do so outside as weather permits. The impact on the broader transportation, and getting involved with groups and relationships have been much harder if not impossible to address. Some positive impacts have just an increase in corrifort with technology use among some members and working on more cooking skills as restaurants are less accessible currently. For our Personal Development Classes - These have resumed, though they are taking place over zoom. We offered two classes that started this Quarter: A Practical Guide to Friendships and Current Events. Participation was strong. People's comfort level with zoom through our ongoing zoom groups provided a nice bridge for providing these more targeted supports with the medium.

https://ccmhddbrds.org/ords/77p=595:141.13659121042919:::141.P141_CSR_REP_NUM:19247&cs=12503999770A7BE8C33362478904FCF8B

Return to Quarterly Reports

Agency Community Choices, Inc. DDB

Quarterly Program Activity / Consumer Service Report

- Board Developmental Disabilities Board
- Program Customized Employment (2021)
- Period 2021 First Quarter FY21

Change Status to Submitted

Status Submitted

Date Submitted 10/29/2020 02:33 PM

Submitted By CCCOOP

Community Service Events Service / Screening Contacts NON-Treatment Plan Clients Treatment Plan Clients Other

2772	237	
42	o	
S	o	
1824	220	
4		
get	ents)	
	4 1824 5 42	1824 5 220 0

Continuing from Last Year (Q1 Only)

SC:Service contacts are now recorded through the online claims reporting system. The number here (220) is the total number of claims for this Q. CSE: Champaign Center Partnership Nonprofit Panel on 9/24

28

NTPC: Other service providers who engage with us to design better support models for people with more complex needs.

Other: Direct hours spent supporting people with VDD and their employment goals. Direct hours are reported via the online claims reporting system. The number here (237) FPCs: Adutts with I/DD who participate in the Customized Employment Program. No new TPCs were added in Q1. 11 were closed.

Citrat: Litted from sperit supporting people will be is the total number of hours reported through claims.

interested in seeking new employment during the pandemic and voiced a desire to restart once there was a vaccine. Of the 11 people who were closed in Q1, 8 were a direct result of their discomfort working during COVID. The other 3 were because they were doing well and no longer needed specific supports from us. Three of the people now currently seeking employment, had been employed (and open with us) prior to the pandemic breaking out, but lost their jobs as a result. They are all interested and now currently seeking employment, had been employed (and open with us) prior to the pandemic breaking out, but lost their jobs as a result. They are all interested and histus, supported people who were still working as needed, and checked in with every one to ensure they were getting their basic needs met. This quarter we did re-start COVID IMPACTS: The Pandemic has had a marked impact on our employment program. During the first phase of the pandemic, we put most employment searches on our service as much as possible. We began by checking in once again to determine if and how each person was comfortable moving forward. Many people were not have restarted the job search. Comments

In general, we have found that some places are still hiring, and people are getting interviews, etc. The current world situation has put additional factors into how we approach businesses and what type of assessments we make about if they are going to be a good potential match for someone. For example, it has come up several times where some businesses are being very flippant about exposure, which requires that we weigh things carefully, e.g. Is it responsible to work hard for a good match at a already seen some examples of company's carving out specific jobs that wouldn't have existed previously. If this quarter is an indication, it is still likely to be a challenging employer that could put every one involved's health at risk? On the positive note, the pandemic has caused everyone to be more creative, including businesses. We've year for anyone seeking employment, but hopefully there will be more of these productive match-ups of new business needs and our pool of candidates.

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 Quarterly Program Activity / Consumer Service Report
 Return to Quarterly Reports

 Agency Community Choices, Inc. DDB
 Board

 Board Developmental Disabilities Board
 Program Self-Determination Support (2021)

 Program Self-Determination Support (2021)
 Program Self-Determination Support (2021)

 Program Submitted
 2021 - First Quarter FY21

 Change Status
 to Submitted

 Data Submitted
 10/29/2020 02:42 PM

Community Service Events Service / Screening Contacts NON-Treatment Plan Clients Treatment Plan Clients Other

Submitted By CCCOOP

	1713	627
-	o	
	160	
	2129	1570
(CSE)	4	-
	Annual Target	Quarterly Data (NEW Clients)

Continuing from Last Year (Q1 Only)

CSE: 9/17 University YMCA Welcome Week Community Resources Panel

SC: 1570 Service Contacts (this number is larger than expected due to the volume of zoom connections and number of participants we've supported through those events) NTPC: 162 Non-treatment plan clients; 4 of them are new in FY21 Q1, 158 are returning

Other: 627 direct hours (this number is also larger than expected due to the zoom connections and the additional staff who spend time planning and facilitating these events) COVID IMPACTS: During Q1 we have continued to offer our daily zoom sessions, though we've decreased the number we offer each week. We're now doing daily checkins and 2 afternoon sessions per week. These longer sessions are based on those most popular, such as cooking, let's move, and some of the game groups. We have seen a decrease in attendance. For many we have found that this is because they are getting back to some of their regular routines, working, volunteering, going to day programs, school, etc. We also have been ramping our typical supports back closer to their former levels, so time for all is devoted back to the also restarbed classes this quarter which has taken the space of some of the pervious afternoon zoom sessions. Comments

We've also re-started some of our in person social opportunities. We've chosen outdoor events whenever possible and limited RSVPs to 6, rather than 10 so that we can more easily social distance. Additionally, we kicked off our 1st round of 1/2 day social opportunities. We'd planned these to look somewhat different, but the lack of community events happening made it more challenging. Most of the 1x per week sessions happened in October, but they did start in Sept

More personalized connections with cormunity groups has been really chattenging as many if not most of these type of things are not occurring. We've continue to work through our new Connect Exploration process to identify what could be available now and what we might want to focus on with people in the future.

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Return to Quarterly Reports Quarterly Program Activity / Consumer Service Report Agency Developmental Services Center

- Board Developmental Disabilities Board
- Program Clinical Services (2021)
- Period 2021 First Quarter FY21
 - Status Submitted

Change Status to Submitted

Date Submitted 10/21/2020 12:50 PM Submitted By VICKIE2010 Community Service Events Service / Screening Contacts NON-Treatment Plan Clients Treatment Plan Clients Other

	(CSE) (SC)	(SC)	(NTPC)	(TPC)
Annual Target	7	10	4	61
Quarterly Data (NEW Clients)	0	4	0	o
Continuing from Last Year (Q1 Only)			0	61

One individual transferred from TPC to NTPC this quarter.

Six individuals were closed from Counseling Services since Women's Group is no longer held due to Covid-19 restrictions. No other needs have surfaced for the

Five individuals received two types of clinical services participants at this time.

Service/Screening Contacts:

There were four screening contacts this quarter. Three were for counseling services. Individual 1(CD): mother was given resources to seek counseling services outside of Health Care and able to secure an appointment within one month. Individual 3 (AH): Team requested counseling for depressive symptoms. Referred back to primary care physician for treatment options and/or referral within the provider's healthcare system. Individual 4 (DR): Team requested evaluation for psychiatry services, however DSC and instructed to call DSC if unable to secure an appointment within a reasonable amount of time. No further contact to date. Individual 2 (DW): referred to Promise guardian decided to remain with current practitioner at outside facility. Comments

Overall, individuals are doing well despite the circumstances, but the counselors do report seeing an increase in the individuals' maladaptive behaviors/emotions sterruning individuals face-to-face. One counselor has been setting up outside meetings with lawn chairs, masks, and social distancing as telehealth does not work well for everyone. from not getting back to a regular routine, particularly those that are unable to work right now. None of the counselors feel that they are able to discontinue services at this Update: Due to the Covid-19 stay-at-home order many practitioners utilized telehealth services via Zoom or telephone, however starting in July some began seeing

time. Psychiatry services are conducted via telehealth appointments

Extra Reporting Time: Sixteen hours total this quarter. Ten hours of clinical time was recorded for billing, reporting time, scheduling, quarterly summaries, discussions regarding psychiatry and counseling practices for telehealth, and teaching families/staff how to use Zoom for psychiatry sessions. Six hours were spent facilitating the setup of services for screening contacts #2, #3, and #4 mentioned above.

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 Quarterly Program Activity / Consumer Service Report
 Return to Quarterly Reports

 * Agency Developmental Services Center
 • Board Developmental Disabilities Board

 • Program Community Employment (2021)

- Program Community Employment (2011)
 Period 2021 First Quarter FY21
 - Status Submitted

Change Status to Submitted

- Date Submitted 10/29/2020 09:04 AM
- Submitted By VICKIE2010

Community Service Events Service / Screening Contacts NON-Treatment Plan Clients Treatment Plan Clients Other

	70	ŝ
(NHC)		
(SC)	15	2
(CSE)	0	0
	Annual Target	Quarteriy Data (NEW Clients)

Continuing from Last Year (Q1 Only)

resume their search, DSC's Employment Specialists (ES) have been creative and strategic in their attempts to serve and support them. They have utilized outdoor spaces exposure on the MTD or on the job, fears for the health of family members have caused some people to maintain a hold on their job search. For those who are ready to with access to WiFi to aid job seekers in researching and applying to jobs. They have conducted conference calls and have utilized online meeting spaces like Zoom to Covid continues to play a huge role in people's interest in searching for employment. Concerns including an inability to wear a mask for any length of time, fears of

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keep individuals, families, and other team members "in the loop" regarding service planning and updates. Natural supports in the workplace are also utilized by the ES to increase an individual's skill development and independence. One employer for instance had reached out to the ES noting that coworkers of a person served had observed the person getting fatigued more frequently during work. The ES and employer shifted around some duties and responsibilities and cut down some hours to accommodate the individual.

Increasingly, the use of technology in the workplace is becorning more and more a skill set that is expected by employers. One individual has, as part of their personal plan, complete online training requirements. One recent referral to the program had as their top job coaching request to get assistance with Walmart's online training program not to get the answers, but rather to help navigate and understand exactly what the training content is. Another one of our employer partners, Carle Hospital, has recently had some online training requirements added that employees must complete to be in compliance. ES's have assisted many individuals to become more comfortable with an outcome to become comfortable with and then learn to navigate the employer's online system for time keeping, weekly schedules, company news, etc. ES's are becoming more involved in coaching individuals to be able to access and use these online tools. They are also more involved in assisting individuals to access and accessing these trainings in Food Safety; General Workplace Best Practices; Environmental Safety and Safety Data Sheets. Comments

hold for the time being, as the indoor spaces are too small or the volume of community members within the space is too great for our crews to feel comfortable/safe working pandemic employment sites. While some have proven to be locations where social distancing can be maintained with even a reduced SE crew, a couple have been put on The Urbana-Champaign Independent Media Center and Hessel Park Church became new Supported Employment sites. Given the vulnerability of our clientele and the strategies necessary to reduce/limit the exposure/spread of the coronavirus, our Supported Errphoyment specialist has had to re-evaluate the safety of a few of our prein those particular environments.

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Instructions

Quarterly Program Activity / Consumer Service Report

- Agency Developmental Services Center
- Board Developmental Disabilities Board
- Program Community First (2021)
- Period 2021 First Quarter FY21

Change Status to Submitted

Status Submitted

Date Submitted 10/30/2020 07:52 AM

Submitted By VICKIE2010

Community Service Events Service / Screening Contacts NON-Treatment Plan Clients Treatment Plan Clients Other

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(NIPC)	50	45	0
(sc)	S	n	
(CSE)	ო	÷	
	Annual Target	Quarterly Data (NEW Clients)	Continuing from Last Year (Q1 Only)

expanded in the first quarter of FY21 to include more virtual groups. In some instances, staff delivered material for group participants at their homes. On September 8th, in-person services resumed for those participants living at C-U independence Apartments, as well as one on one services for people who didn't feel safe returning to small Participants at CU independence were able to stretch and unwind with Yoga and Meditation, realize their fitness goals with Health Matters, and explore close by parks in Covid 19 and the resulting shutdown of in-person services continued to have a huge impact on service delivery to people in the program. Remote program options group options. Group offerings, which previously ran for 16 weeks are now evaluated and restructured as interest and feedback from participants is received the walking group. Dance was newly offered, giving residents an active and fun way to express thermselves.

Journaling were popular, as they allowed that same theme of advocacy and connection to continue online. Music, Learn a New Language, Astronomy, Zoology, and Book Club were also favorites this quarter. Learn a New Language focused on teaching participants to say "Hello, Goodbye, and How are you?" in several different languages. We have been pleased with the strides individuals have made in learning new technologies and developing new skills, and also in the program's ability to adapt and Aditionally, our Journaling, Self-Awareness, Wormen's, and Men's groups continued, all offering a strong theme of advocacy and connection during this difficult time. The Podcast group emerged from this closure, offering participants new ways to explore themes of interest to them. The group decided to pursue creating their own podcast to share their voices with the community and beyond. This podcast has moved forward with a vision, committee, and even a name, Beyond Ability. Our virtual groups were widely popular so that those living on their own or with family could follow along safely. Women's Group, Men's Group, Self-Awareness, and change.

Comments

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Community Service Events Service / Screening Contacts NON-Treatment Plan Clients Treatment Plan Clients Other

(TPC)	56	ю	64
(NTPC)			
(SC)	Ø	4	
(CSE)			
,	් Annual Target	Quarterly Data (NEW Clients)	Continuing from Last Year (Q1 Only)

There were three new openings into the program this quarter. Staff continue to provide support and services such as assistance with grocery shopping, budgeting, Comments maintaining a home, and accessing community resources. Extra services are being provided to those with compromised health conditions as Covid continues.



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Return to Quarterly Reports Quarterly Program Activity / Consumer Service Report

- Agency Developmental Services Center
- Board Developmental Disabilities Board
- Program Connections (2021)
- Period 2021 First Quarter FY21
- Status Submitted

Change Status to Submitted

- Date Submitted 10/27/2020 09:47 AM

 - Submitted By VICKIE2010

Community Service Events Service / Screening Contacts NON-Treatment Plan Clients Treatment Plan Clients Other

	(CSE)	(SC)	(NTPC)	
Annual Target	4	0	12	25
Quarterly Data (NEW Clients)	0	0		7
Continuing from Last Year (Q1 Only)			0	0

Atthough the discontinuation of direct services due to Covid extended into the first quarter of FY21, virtual groups kept people connected to their passion for art and to each other. Interest in virtual groups has ebbed and flowed since the Covid shutdown. Employment Counselors have creatively modified their group offerings to be more compatible with the virtual format, but art instruction is much easier in person than via a zoom meeting, leaving some participants frustrated by the lack of hands on support. Instruction continues to be fluid and responsive to feedback from group participants as much as possible. In-person services resumed on a small scale on September 8th with some participants choosing to continue virtual participation at this point.

Those who are participating in-person at The Crow are following guidelines for social distancing and providing feedback regarding what new services look like following the test open House held just a week prior to the shutdown in March. Two their return for in-person services. Soap-making has resumed following its popularity at the last Open House held just a week prior to the shutdown in March. Two participants are producing soap in anticipation of an online sale this fall with a focus on the holidays. The adult coloring fad that resulted in a sales boon of adult coloring books at closure and is now being offered both virtually and in-person at The Crow. Comments

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Return to Quarterly Reports Change Status to Submitted Quarterly Program Activity / Consumer Service Report Board Developmental Disabilities Board Agency Developmental Services Center Period 2021 - First Quarter FY21 Program Employment First (2021) Date Submitted 10/22/2020 04:45 PM Status Submitted

Community Service Events Service / Screening Contacts NON-Treatment Plan Clients Treatment Plan Clients Other

	o
	O
	0
(CSE)	8
	Annual Target

Continuing from Last Year (Q1 Only)

Quarterly Data (NEW Clients)

Submitted By VICKJE2010

In August, Gregory Schroeder was hired as the new Employment First/LEAP Coordinator.

As a result of COVID-19 restrictions and the hiring of the new Employment FirsULEAP Coordinator, there were no in-person LEAP or front line staff trainings. We certified

□ With an aim to better steward the relationships established with previously certified employers, the business tracking database has been updated to rebuild lost connections. The hope is that this will strengthen our relationships with the employers, not only improving communication between the Community Employment programs one business through virtual LEAP training: City of Champaign – Human Resources Dept - 61820 Comments both virtual and in-person LEAP and front line staff training. Articles discussed NDEAM (National Disability Employment Awareness Month), a business' experience of working with an individual with disabilities during the pandemic, and the new LEAP Coordinator. The newsletter was distributed to over 70 recipients. and the businesses but also reminding them of trainings offered and increasing referrals for certification.

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Quarterly Program Activity / Consumer Service Report
Agency Developmental Services Center
Agency Developmental Services Center

- * Board Mental Health Board
- Program Family Development (2021)
 - Period 2021 First Quarter FY21

Change Status to Submitted

- Status Submitted
- Date Submitted 10/20/2020 04:52 PM
 - Submitted By VICKIE2010

Community Service Events Service / Screening Contacts NON-Treatment Plan Clients Treatment Plan Clients Other

	655	91	502
	0	0	0
(XC)	200	51	
(CSE)	4	-	
	Annual Target	Quarterly Data (NEW Clients)	Continuing from Last Year (Q1 Only)

DSC's developmental therapists and speech language therapist have been conducting therapy, evaluations, school meetings, and screenings via video to families who signed up for these services. Check-ins, encouragement, and praise have also been "delivered" through texts, emails and phone calls to stay connected with these families as well as provide resources, current information, strategies and activities to help carry over therapy at home. Therapists have delivered puzzles, visual choice menus, visual schedules, activity bags, manipulatives, books, diapers, food and other essential items to the families.



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Quarterly Program Activity / Consumer Service Report		Return to Quarterly Reports	Reports)
Agency Developmental Services Center			
Board Developmental Disabilities Board			
Program Individual and Family Support (2021)			
Period 2021 - First Quarter FY21			
Status Submitted	Change Status to Submitted	to Submitted	7
Date Submitted 10/23/2020 08:51 AM			
Submitted By VICKIE2010			

Community Service Events Service / Screening Contacts NON-Treatment Plan Clients Treatment Plan Clients Other

	(SC) (SC)	(SC)	(NTPC)	(TPC)	
Annual Target	7	ŝ	32	17	
Quarterly Data (NEW Clients)	0	ß	+	7	
Continuing from Last Year (Q1 Only)			31	12	

The individual and Family Support Program continues to provide services and supports to individuals and families in the following ways: direct staff support, personal care, and equipment. At the beginning of the COVID-19 outbreak, IFS staff had online meetings with the individuals, visited the individuals in the program from a distance by driving past their houses, and took two of the individuals out in the community to offer support to the families who had reached out for assistance.

61

Beginning in September 2020, IFS day support staff began working with two newly-added individuals and offered Intermittent Direct Support hours to one new family.

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Return to Quarterly Report	
Quarterly Program Activity / Consumer Service Report	

2

- Agency Developmental Services Center
- Board Developmental Disabilities Board
- Program Service Coordination (2021)
- Period 2021 First Quarter FY21
- Status Submitted
- Change Status to Submitted
- Date Submitted 10/28/2020 06:37 AM
 - Submitted By VICKIE2010

Community Service Events Service / Screening Contacts NON-Treatment Plan Clients Treatment Plan Clients Other

	280	Ģ	241
	36	۲	2
(76)	75	Q	
(CSE)	7	0	
	Annual Target	Quarterly Data (NEW Clients)	Continuing from Last Year (Q1 Only)

Comments Supports and Services provided:

- · Coordinates/facilitates services by creating pathways to needed supports and working with the team to integrate care
 - Linkage and referral to community resources/Assisting with housing needs, resources, and advocacy
- · Establishing and maintraining benefits: SNAP, Medical, and Social Security; Shelter Plus Care Coordination

 - 24 hour emergency response team participation and supervision
 - Social Security Representative Payee services
- Medical appointment coordination and intermittent direct support with medical care
 - Assisting with urgent financial circumstances (benefits and employment, etc)
 - Grocery shopping and nutrition guidance
- Increase individual's ability for self-management and decision-making
 - Documentation management
- Actively supports measures that prioritize the individual's needs and promotes the effective use of resources
 Intervenes by arranging for services, and by providing psychosocial support to the individual and their family

 - Provides individual/family advocacy
- Strives to maximize continuity of care especially during this COVID-19 time
- · Communicates with providers who are delivering care and services for the purpose of maintaining the quality of care
 - Review Implementation Strategy Ongoing Supports and provide monthly summaries of services
 - Ensuring agency policies and procedures are being followed.
- Conducting Risk Assessments and discussions with the people we serve and their families to determine eligibility to return to services. Increased facilitation of conference calls and zoom meetings to talk through different challenges and situations that are surfacing due to COVID-19 and not being able to
 - - resume to their regular routines.

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Transitioning client information from one electronic system to a new electronic system thereby providing better communication and information to the people's team and allow for improved overall services.

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Return to Quarterly Reports Quarterly Program Activity / Consumer Service Report

Agency PACE, Inc.

* Board Developmental Disabilities Board

Program Consumer Control In Personal Support (2021)

Period 2021 - First Quarter FY21

Change Status to Submitted V

Date Submitted 10/06/2020 03:10 PM

Status Submitted

Submitted By SHERRY

Community Service Events Service / Screening Contacts NON-Treatment Plan Clients Treatment Plan Clients Other

9	7
0	0
30	12
200	75
12	7
Annual Target	Quarterly Data (NEW Clients)
	12 200 30 0

Continuing from Last Year (Q1 Only)

PACE have been offering orientations online for PSWS this quarter.

PACE has provided 8 sets of PSW referrals to consumers during this quarter. PACE has matched 7 PSWs for employment to consumers through the PSW referrals

Commants No TPCs due to people being served through this funding are people seeking employment as PSWs and not consumers with VDD. Continued collaboration is taking place with IRC and CCRPC-ISC, in that they are referring individuals with I/DD and their family to PACE to hire a PSW that was oriented and put onto a registry through this funding.

PACE continues to reach out and attempt to collaboration with the parent group at Community Choices, IRC and DSC.

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Mustructions

Return to Quarterly Reports Program Coordination of Services: DD/MI (2021) Quarterly Program Activity / Consumer Service Report Board Developmental Disabilities Board Agency Rosecrance Central Illinois

Period 2021 - First Quarter FY21

Change Status to Submitted

Date Submitted 10/29/2020 04:46 PM

Status Submitted

Submitted By KKESSLER

Community Service Events Service / Screening Contacts NON-Treatment Plan Clients Treatment Plan Clients Other

	20	0	20
	o	0	
(ac)	12	ហ	
(CSE)	12	~	
	Annual Target	Quarterly Data (NEW Clients)	

Continuing from Last Year (Q1 Only)

Screenings were up to 5 this quarter but none were found eligible for program services. Christine continued to utilize: call forwarding. Tele Health, 3-way caliting, web-ex Screenings were up to 5 this quarter but none were found eligible for program services. Christine began seeing clients in their homes or community. She has several Comments and Zoom as ways to deliver services to her clients. As of 6-01-20 we returned to work and Christine began seeing clients in their homes or community. She has several Comments and Zoom as ways to deliver services to her clients. As of 6-01-20 we returned to work and the rest of her clients she sees in their homes or community and follows CDC The COVID-19 continued to impact the services and activities with which Christine was able to be involved. Community Service Events decreased to 1 this quarter. recommendations. Christine continued to see or have telephone contact and provided warranted mental health services to all clients.

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CCDDB 2020-2021 Board Meeting Schedule

9:00AM except where noted

Brookens Administrative Building, 1776 East Washington Street, Urbana, IL https://us02web.zoom.us/j/81559124557 or 312-626-6799, with Meeting ID 815 5912 4557

November 18 - DDB Office at Brookens

December 16 - Lyle Shields Room - tentative

December 16 - Lyle Shields Room, 5:45PM - joint study session

January 20, 2021 - Lyle Shields Room

January 27 - Lyle Shields Room - tentative

February 17 – Lyle Shields Room

March 17 – Lyle Shields Room

March 24 - Lyle Shields Room - tentative

April 21 – Lyle Shields Room

May 19 - Lyle Shields Room

June 23 – Lyle Shields Room

July 21 - Lyle Shields Room

August 18 - Lyle Shields Room - tentative

September 22 – Lyle Shields Room

October 20 - Lyle Shields Room

November 17 - Lyle Shields Room

December 15 - Lyle Shields Room - tentative

This schedule is subject to change due to unforeseen circumstances. Please call the CCMHB/CCDDB office to confirm all meetings.





CCMHB 2020-2021 Meeting Schedule

First Wednesday after the third Monday of each month at 5:45 p.m. Lyle Shields Room, Brookens Administrative Center 1776 E. Washington St., Urbana, IL (unless noted otherwise) https://us02web.zoom.us/j/81393675682 or 312-626-6799, Meeting ID: 813 9367 5682

> November 18, 2020 December 16, 2020 – study session with CCDDB January 20, 2021 January 27, 2021- study session February 17, 2021 February 24, 2021- study session March 17, 2021 March 24, 2021- study session April 21, 2021 April 28, 2021- study session May 12, 2021- study session May 19, 2021 June 23, 2021 July 21, 2021

*This schedule is subject to change due to unforeseen circumstances. Please call the CCMHB-CCDDB office to confirm all meetings.



DRAFT July 2020 to December 2021 Meeting Schedule with Subject and Allocation Timeline, and moving into PY2022 process

This schedule provides the dates and subject matter of meetings of the Champaign County Developmental Disabilities Board through June 2021. The subjects are not exclusive to any given meeting, as other matters requiring Board review or action may also be addressed or may replace the subject listed. Study sessions may be scheduled; topics will be based on issues raised at meetings, brought by staff, or in conjunction with the Champaign County Mental Health Board. Regular meetings of the CCDDB are usually at 9AM; study sessions at 5:45PM. Included are tentative dates for steps in the funding allocation process for Program Year 2022 (July 1, 2021 – June 30, 2022) and deadlines related to PY2021 agency contracts.

07/15/20	Regular Board Meeting at 3:30 PM on Zoom – off cycle and different time
	Election of Officers; Approve FY2021 Draft Budget
08/28/20	Agency PY2020 4 th Quarter Reports, CLC Progress Reports, and Annual Performance Measures Reports Due
09/23/20	Regular Board Meeting (Lyle Shields Room) Draft Three Year Plan 2019-2021 with 2021 Objectives
10/21/20	Regular Board Meeting (Lyle Shields Room) Release Draft Program Year 2022 Allocation Criteria
10/28/20	Agency Independent Audits, Reviews, or Compilations Due
10/30/20	Agency PY2021 1 ^ª Quarter Reports Due
11/18/20	Regular Board Meeting (DDB Office at Brookens) Allocation Decision Support – PY22 Allocation Criteria Approve Three Year Plan with One Year Objectives
12/11/20	Public Notice to be published on or before this date, giving at least 21- day notice of application period.
12/16/20	Regular Board Meeting (Lyle Shields Room) - tentative
12/16/20	Study Session with MHB (Lyle Shields Room), 5:45PM
01/04/21	Online System opens for Agency Registration and Applications for PY22
1/20/21	Regular Board Meeting (Lyle Shields Room)
1/29/21	Agency PY2021 2 nd Q Reports and CLC Progress Reports due
2/12/21	Agency deadline for submission of applications for PY2022 funding
	(In4)

2/16/21	List of Requests for PY2022 Funding
2/17/21	Regular Board Meeting (Lyle Shields Room)
3/17/21	Regular Board Meeting (Lyle Shields Room)
4/14/21	Program summaries released to Board
4/21/21	Regular Board Meeting (Lyle Shields Room): Program Summaries Review and Discussion
4/30/21	Agency PY2021 3 rd Quarter Reports due
5/12/21	Allocation recommendations released to CCDDB
5/19/21	Regular Board Meeting (Lyle Shields Room) Allocation Decisions
6/23/21	Regular Board Meeting (Lyle Shields Room)
6/23/21	PY2022 Contracts Completed
7/21/21	Regular Board Meeting (Lyle Shields Room)
8/27/21	Agency PY2021 4 th Q Reports, CLC Progress Reports, and Annual Performance Measure Reports due



11.I.

Agency and Program acronyms

CC – Community Choices CCDDB – Champaign County Developmental Disabilities Board CCHS – Champaign County Head Start, a program of the Regional Planning Commission CCMHB – Champaign County Mental Health Board CCRPC – Champaign County Regional Planning Commission DSC - Developmental Services Center DSN – Down Syndrome Network FDC – Family Development Center PACE – Persons Assuming Control of their Environment, Inc. RCI – Rosecrance Central Illinois RPC – Champaign County Regional Planning Commission UCP – United Cerebral Palsy

Glossary of Other Terms and Acronyms

211 - Similar to 411 or 911. Provides telephone access to information and referral services.

AAC - Augmentative and Alternative Communication

ABA – Applied Behavioral Analysis. An intensive behavioral intervention targeted to autistic children and youth and others with associated behaviors.

ABLE Act – Achieving a Better Life Experience Act. A tax advantage investment program which allows people with blindness or disabilities the option to save for disability related expenses without putting their federal means-tested benefits at risk.

ACA - Affordable Care Act

ACMHAI - Association of Community Mental Health Authorities of Illinois

ADA – Americans with Disabilities Act

ADD - Attention Deficit Disorder

ADHD - Attention Deficit/Hyperactivity Disorder

ADL - Activities of Daily Living

ASD - Autism Spectrum Disorder

ASL – American Sign Language

ASQ – Ages and Stages Questionnaire. Screening tool used to evaluate a child's developmental and social emotional growth.

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ASQ-SE - Ages and Stages Questionnaire - Social Emotional screen.

BD – Behavior Disorder

BSP – Behavior Support Plan

CANS – Child and Adolescent Needs and Strengths. The CANS is a multi-purpose tool developed to support decision making, including level of care, service planning, and monitoring of outcomes of services.

CARF- Council on Accreditation of Rehabilitation Facilities

CC – Champaign County

CDS - Community Day Services, formerly "Developmental Training"

CFC - Child and Family Connections Agency

CFCM – Conflict Free Case Management

C-GAF – Children's Global Assessment of Functioning

CILA - Community Integrated Living Arrangement

CLC -- Cultural and Linguistic Competence

CMS - Center for Medicare and Medicaid Services, the federal agency administering these programs.

CNA - Certified Nursing Assistant

COTA -- Certified Occupational Therapy Assistant

CP – Cerebral Palsy

CQL - Council on Quality and Leadership

CSEs - Community Service Events. A category of service measurement on the Part II Utilization form. Activity to be performed should also be described in the Part I Program Plan form-Utilization section. It relates to the number of public events (including mass media and articles), consultations with community groups and/or caregivers, classroom presentations, and small group workshops to promote a program or educate the community. Activity (meetings) directly related to planning such events may also be counted here. Actual direct service to clientele is counted elsewhere.

CUSR - Champaign Urbana Special Recreation, offered by the park districts.

CY – Contract Year, runs from July to following June. For example, CY18 is July 1, 2017 to June 30, 2018. May also be referred to as Program Year – PY. Most contracted agency Fiscal

Years are also from July 1 to June 30 and may be interpreted as such when referenced in a Program Summary e.g. FY18.

DCFS – (Illinois) Department of Children and Family Services.

DD – Developmental Disability

DDD - Division of Developmental Disabilities

DHFS – (Illinois) Department of Healthcare and Family Services. Previously known as IDPA (Illinois Department of Public Aid)

DHS – (Illinois) Department of Human Services

DOJ - (US) Department of Justice

DRS - (Illinois) Division of Rehabilitation Services

DSM – Diagnostic Statistical Manual.

DSP - Direct Support Professional

DT - Developmental Training, now "Community Day Services"

DT – Developmental Therapy, Developmental Therapist

Dx – Diagnosis

ED – Emotional Disorder

EI -- Early Intervention

EPDS – Edinburgh Postnatal Depression Scale – Screening tool used to identify mothers with newborn children who may be at risk for prenatal depression.

EPSDT – Early Periodic Screening Diagnosis and Treatment. Intended to provide comprehensive and preventative health care services for children under age 21 who are enrolled in Medicaid.

ED - Emergency Department

ER – Emergency Room

FAPE - Free and Appropriate Public Education

FFS – Fee For Service. Type of contract that uses performance-based billings as the method of payment.

FOIA – Freedom of Information Act.

FQHC - Federally Qualified Health Center

FTE – Full Time Equivalent is the aggregated number of employees supported by the program. Can include employees providing direct services (Direct FTE) to clients and indirect employees such as supervisors or management (Indirect FTE).

FY - Fiscal Year, which for the County is January 1 through December 31.

GAF – Global Assessment of Functioning. A subjective rating scale used by clinicians to rate a client's level of social, occupational and psychological functioning. The scale included in the DSM-IV has been replaced in the DSM-V by another instrument.

HBS - Home Based Services, also referred to as HBSS or HBSP

HCBS - Home and Community Based Services

HI – Hearing Impairment or Health Impairment

Hx – History

ICAP – Inventory for Client and Agency Planning

ICDD – Illinois Council for Developmental Disabilities

ICFDD -- Intermediate Care Facility for the Developmentally Disabled

ID - Intellectual Disability

IDEA - Individuals with Disabilities Education Act

IDOC - Illinois Department of Corrections

IDPH -- Illinois Department of Public Health

IDT – Interdisciplinary Team

IEP -- Individualized Education Plan

IFSP – Individualized Family Service Plan

IPLAN - Illinois Project for Local Assessment of Needs. The Illinois Project for Local Assessment of Needs (IPLAN) is a community health assessment and planning process that is conducted every five years by local health jurisdictions in Illinois. Based on the Assessment Protocol for Excellence in Public Health (APEX-PH) model, IPLAN is grounded in the core functions of public health and addresses public health practice standards. The completion of IPLAN fulfills most of the requirements for Local Health Department certification under



Illinois Administrative Code Section 600.400: Certified Local Health Department Code Public Health Practice Standards. The essential elements of IPLAN are:

- 1. an organizational capacity assessment;
- 2. a community health needs assessment; and
- 3. a community health plan, focusing on a minimum of three priority health problems.
- I&R Information and Referral
- ISBE -- Illinois State Board of Education
- ISC Independent Service Coordination
- ISP -- Individual Service Plan, Individual Success Plan
- ISSA -- Independent Service & Support Advocacy
- LCPC Licensed Clinical Professional Counselor
- LCSW Licensed Clinical Social Worker
- LD Learning Disability
- LGTBQ Lesbian, Gay, Bi-Sexual, Transgender, Queer
- LPC Licensed Professional Counselor
- LPN Licensed Practical Nurse
- MCO Managed Care Organization
- MDC Multidisciplinary Conference
- MDT Multidisciplinary Team
- MH Mental Health
- MHP Mental Health Professional, a bachelors level staff providing services under the supervision of a QMHP.

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- MI Mental Illness
- MIDD A dual diagnosis of Mental Illness and Developmental Disability.
- MSW Master of Social Work
- NCI National Core Indicators
- NOS Not Otherwise Specified

NTPC -- NON - Treatment Plan Clients. Persons engaged in a given quarter with case records but no treatment plan. May include: recipients of material assistance, non-responsive outreach cases, cases closed before a plan was written because the client did not want further service beyond first few contacts, or cases assessed for another agency. It is a category of service measurement, providing an actual number of those served in the prior program year and a projection for the coming program year on the Part II utilization form. The actual activity to be performed should also be described in the Part I Program Form, Utilization section. Similar to TPCs, they may be divided into two groups: New TPCS – first contact within any quarter of the plan year; Continuing NTPCs - those served before the first day of July and actively receiving services within the first quarter of the new program year. The first quarter of the program year is the only quarter in which Continuing NTPCs are reported.

OMA – Open Meetings Act.

OT - Occupational Therapy, Occupational Therapist

OTR - Registered Occupational Therapist

PAS – Pre-Admission Screening

PASS – Plan for Achieving Self Support (Social Security Administration)

PCI – Parent Child Interaction groups.

PCP - Person Centered Planning, Primary Care Physician

PDD - Pervasive Developmental Disorders

PLAY – Play and Language for Autistic Youngsters. PLAY is an early intervention approach that teaches parents ways to interact with their child who has autism that promotes developmental progress.

PRN – when necessary, as needed (i.e., medication)

PSH - Permanent Supportive Housing

PT - Physical Therapy, Physical Therapist

PTSD – Post-Traumatic Stress Disorder

PUNS – Prioritization of Urgency of Need for Services. PUNS is a database implemented by the Illinois Department of Human Services to assist with planning and prioritization of services for individuals with disabilities based on level of need. An individual's classification of need may be emergency, critical, or planning.



PY – Program Year, runs from July to following June. For example, PY18 is July 1, 2017 to June 30, 2018. May also be referred to as Contract Year (CY) and is often the Agency Fiscal Year (FY).

QIDP – Qualified Intellectual Disabilities Professional

QMHP – Qualified Mental Health Professional, a Master's level clinician with field experience who has been licensed.

RCCSEC - Rural Champaign County Special Education Cooperative

RD – Registered Dietician

RN – Registered Nurse

RT – Recreational Therapy, Recreational Therapist

SAMHSA – Substance Abuse and Mental Health Services Administration, a division of the federal Department of Health and Human Services

SASS – Screening Assessment and Support Services is a state program that provides crisis intervention for children and youth on Medicaid or uninsured.

SCs - Service Contacts/Screening Contacts. The number of phone and face-to-face contacts with eligible persons who may or may not have open cases in the program. Can include information and referral contacts or initial screenings/assessments or crisis services. May sometimes be referred to as a service encounter (SE). It is a category of service measurement providing a picture of the volume of activity in the prior program year and a projection for the coming program year on the Part II form, and the activity to be performed should be described in the Part I Program Plan form-Utilization section.

SEDS – Social Emotional Development Specialist

SEL – Social Emotional Learning

SF – Service Facilitation, now called "Self-Direction Assistance"

SH – Supportive Housing

SIB – Self-Injurious Behavior

SIB-R – Scales of Independent Behavior-Revised

SLI – Speech/Language Impairment

SLP -- Speech Language Pathologist

SPD - Sensory Processing Disorder

Acronyms and Glossary pg. 7

SSA - Social Security Administration

SSDI - Social Security Disability Insurance

SSI - Supplemental Security Income

SST - Support Services Team

SUD - Substance Use Disorder

SW-Social Worker

TIC – Trauma Informed Care

TPC - Transition Planning Committee

TPCs - Treatment Plan Clients - service recipients with case records and treatment plans. It is a category of service measurement providing an actual number of those served in the prior program year and a projection for the coming program year on the Part II Utilization form, and the actual activity to be performed should also be described in the Part I Program Plan form -Utilization section. Treatment Plan Clients may be divided into two groups: Continuing TPCs are those with treatment plans written prior to the first day of July and actively receiving services within the first quarter of the new program year (the first quarter of the program year is the only quarter in which this data is reported); New NTPCs are those newly served, with treatment plans, in any quarter of the program year.

VI – Visual Impairment

VR - Vocational Rehabilitation

WHODAS - World Health Organization Disability Assessment Schedule. It is a generic assessment instrument for health and disability and can be used across all diseases, including mental and addictive disorders. The instrument covers 6 domains: Cognition, Mobility; Self-care; Getting along; Life activities; and Participation. Replaces the Global Assessment of Functioning in the DSM-V.

WIOA - Workforce Innovation and Opportunity Act





Kim Bowdry, Associate Director for Intellectual & Developmental Disabilities Staff Report – November 2020

CCDDB: PY2021 1st Quarter Program Reports and Service Data Reports for CCDDB and CCMHB I/DD funded programs are included in the Board packet. The Service Data Reports show the new claims options that service providers began using in PY2021. Service claims are now reported as 'With Person Served' or 'On Behalf of Person Served.' The place option has also changed to 'On Site' (any agency building) or 'Off Site' (community or the participants' home). Claims for TPCs are now entered as full hours of service. The changes in the claims were meant to simplify reporting for the services providers, so that more time can be spent delivering service, rather than reporting on the services. The Service Data Report for the Rosecrance – Coordination of Services: DD/MI was not included in this report due to an error with the reporting.

At the time of this writing, Champaign County Down Syndrome Network has not submitted their Independent Financial Review and Community Choices has requested a 30-day extension.

<u>CCDDB Mini-Grant</u>: A Mini-Grant update is also included in this Board packet. At the time of this writing, purchases have been made in the amount of \$50,341 and purchases for 26 Mini-Grant Recipients have been completed. I continue to work with the remaining Mini-Grant Recipients and their families to finalize their purchases.

Learning Opportunities: Sierra Maniates and Jacqui Simmons Groves Prevention Educators from RACES presented "Working with Clients with Intellectual and Developmental Disabilities: Understanding and Responding to Sexual Violence" in October. They are scheduled to present "Working with Clients with Intellectual and Developmental Disabilities: Supporting Healthy Sexuality as Sexual Violence Prevention" on November 19, 2020.

On December 10, 2020, Ross Wantland, Director of Curriculum Development and Education, UIUC Office of the Vice Chancellor for Diversity, Equity, and Inclusion will be presenting, "Not So Small: Examining and Addressing Racial Microaggressions."

Each session offers Social Work CEUs, approved by the University of Illinois School of Social Work. There is an application process for approval of CEUs for each session. QIDP CEUs are also offered for each session.

I am currently exploring presenters for 2021 and have been coordinating with past workshop attendees to determine future training topics.

MHDDAC: I participated in the monthly meeting of the MHDDAC.

ACMHAI: I participated in the monthly meeting of the ACMHAI I/DD Committee.

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<u>NACBHDD</u>: I participated in monthly I/DD committee calls. I also participated in the NACBHDD Fall Board Meeting via Zoom.

Disability Resource Expo: The first Third Thursday Resource Round-up (TTRR) session was held on October 15, 2020. The next TTRR session is scheduled for November 19, 2020. The focus of this session is Self-Help & Support Groups, plus Vocational, Residential & Recreation Services, with a presentation from Epilepsy Foundation of Greater Chicago.

I participated in Expo Steering Committee meetings. I administered the Expo Third Thursday Resource Round-up (TTRR) exhibitor recording events and sent each recording to Rev.com for English captioning and Spanish subtitles. The videos will be used for TTRR events and will be available on the Disability Resource Expo website.

I also maintained the November TTRR registration form and worked with the Expo Coordinators to assign registrants to their requested Breakout rooms. I will administer the Zoom session for the November TTRR event.

I participated in Zoom meetings with U of I Students working on behalf of the Expo to create short videos for Expo Exhibitors.

<u>Other activities</u>: I participated in the Statewide Best Practices and Home Based Services Conference, presented by The Arc of Illinois. I participated in an additional 15 webinars and multiple Facebook lunchtime chats.

I participated in the Champaign County LIC meeting and the Race Relations Subcommittee Meeting.

<u>Prioritization of Urgency of Needs for Services (PUNS) Summary Reports</u>: Updated "PUNS Summary by County and Selection Detail for Champaign County" and the "Division of Developmental Disabilities Prioritization of Urgency of Needs for Services (PUNS) Summary of Total and Active PUNS by Zip Code" reports are attached. IDHS posted updated versions on October 9, 2020. These documents detailing the number of Champaign County residents enrolled in the PUNS database can be found below and online at

https://www.dhs.state.il.us/OneNetLibrary/27897/documents/DD%20Reports/PUNS/PUNS_Sum_by_Count_and_Selection_Detail.pdf.

115

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31



Division of Developmental Disabilities Prioritization of Urgency of Needs for Services (PUNS) **Summary By County and Selection Detail** October 09, 2020

County: Champaign 947 **Reason for PUNS or PUNS Update** 29 New 319 Annual Update 10 Change of Category (Seeking Service or Planning for Services) Change of Service Needs (more or less) - unchanged category (Seeking Service or Planning for Services) 12 251 Person is fully served or is not requesting any supports within the next five (5) years 25 Moved to another state, close PUNS 27 Person withdraws, close PUNS 20 Deceased Individual Stayed in ICF/DD Individual Moved to ICF/DD Individual Determined Clinically Ineligible 56 Unable to locate Submitted in error 187 Other, close PUNS 404 CHANGE OF CATEGORY (Seeking Service or Planning for Services) 135 PLANNING FOR SERVICES 364 **EXISTING SUPPORTS AND SERVICES** 10 Respite Supports (24 Hour) 15 Respite Supports (<24 hour) 148 Behavioral Supports (includes behavioral intervention, therapy and counseling) 44 **Physical Therapy** 97 Occupational Therapy 121 Speech Therapy 171 Education 53 Assistive Technology Homemaker/Chore Services Adaptions to Home or Vehicle Personal Support under a Home-Based Program, Which Could Be Funded By Developmental Disabilites, 32 Division of Rehabilitation Services or Department on Aging (can include habilitation, personal care, respite, retirement supports, budgeting, etc.) 33 Medical Equipment/Supplies Nursing Services in the Home, Provided Intermittently 167 Other Individual Supports 379 TRANPORTATION 94 Transportation (include trip/mileage reimbursement) 258 Other Transportation Service Senior Adult Day Services **Developmental Training** "Regular Work"/Sheltered Employment Supported Employment Vocational and Educational Programs Funded By the Division of Rehabilitation Services Other Day Supports (e.g. volunteering, community experience) **RESIDENTIAL SUPPORTS** Community Integrated Living Arrangement (CILA)/Family Community Integrated Living Arrangement (CILA)/Intermittent Community Integrated Living Arrangement (CILA)/Host Family Community Integrated Living Arrangement (CILA)/24 Hour Intermediate Care Facilities for People with Developmental Disabilities (ICF/DD) 16 or Fewer People Intermediate Care Facilities for People with Developmental Disabilities (ICF/DD) 17 or More People Skilled Nursing Facility/Pediatrics (SNF/PED)

Supported Living Arrangement

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Division of Developmental Disabilities Prioritization of Urgency of Needs for Services (PUNS) Summary By County and Selection Detail October 09, 2020

Illinois Department of Human Services	Summary By County and Selection Detail	October C	9, 2020
Community Living Facility			1
Shelter Care/Board Home			1
Nusing Home			4
Children's Residential Services	Decidential Schools)		8
Child Care Institutions (Including Other Residential Support (includ	ing homeless shelters)		9
			375
SUPPORTS NEEDED	tation, personal care and intermittent respite services)		328
- $n =$			20 145
Respice Supports (24 fibers of gr.	havioral intervention, therapy and counseling)		45
Physical Therapy			72
Occupational Therapy			88
Speech Therapy			51
Assistive Technology			19
Adaptations to Home or Vehicle Nursing Services in the Home, P	rovided Intermittently		5
Other Individual Supports			78
TRANSPORTATION NEEDED			333
Transportation (include trip/milea	age reimbursement)		273 307
Other Transportation Service			CONTRACTOR OF THE OWNER
VOCATIONAL OR OTHER STR	RUCTURED ACTIVITIES		258
Support to work at home (e.g., \$	elf employment or earning at home)		4 230
Support to work in the communit	R		87
Support to engage in work/activi	ties in a disability setting		2
Attendance at activity center for	seniors		107
RESIDENTIAL SUPPORTS NE	EDED		59
Out-of-home residential services	s with less than 24-hour supports		55
Out-of-home residential services	s with 24-hour supports		
		Total PUNS:	57.141

Division of Developmental Disabilities Prioritization of Urgency of Needs for Services (PUNS) Summary of Total and Active PUNS by Zip Code Updated 10/09/20

		Active		
Zip Code		PUNS	Total PUNS	
60949	Ludiow	0	3	
61801	Urbana	31	84	
61802	Urbana	55	124	
61815		1	1	
61816	Broadlands	1	3	
61820	Champaign	43	92	
61821	Champaign	73	190	
61822	Champaign	52	106	
61826	Champaign	0	1	
61840	Dewey	0	2	
61843	Fisher	6	12	
61845	Foosland	1	1	
61847	Gifford	0	1	
61849	Homer	0	5	
61851	lvesdale	1	2	
61852	Longview	1	1	
61853	Mahomet	30	70	
61859	Ogden	4	13	
61862	Penfield	1	2	
61863	Pesotum	0	2	
61864	Philo	3	11	
61866	Rantoul	27	86	
61871	Royal (PO Box)			no data
61872	Sadorus	2	2	
61873	St. Joseph	13	26	
61874	Savoy	7	17	
61875	Seymour	2	3	
61877	Sidney	4	10	
61878	Thomasboro	0	2	
61880	Tolono	6	26	
Total		364	898	

https://www.dhs.state.il.us/OneNetLibrary/27897/documents/DD%20Reports/PUNS/PUNS_Sum_by_Zip_Code.pdf

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Executive Director's Report – Lynn Canfield, November 18, 2020

Activities of Staff and Board Members:

To support CCMHB Three Year Plan goals 1-8 and CCDDB Three Year Plan goals 1-7, the allocation and management of agency contracts is a primary focus. In Board budgets, agency service contracts appear as Contributions & Grants, the largest expenditure lines. Important, but a small share of total costs, are non-agency activities supporting individuals, families, agencies, systems, and community. These are reflected in Personnel, Professional Services, Expo, Public Relations, and Non-Employee Training costs, some through independent contractors, and some in partnership with other organizations. Related activities and many collaborations are referenced in staff reports.

Anti-Stigma and Community Awareness:

(MHB goals 1, 3, 4, and 9 and DDB goals 1, 3, 5, and 8)

211 offers call-based and online resource information. United Way, the CCMHB, and the CCDDB co-fund this service, aligned with Alliance of Information and Referral Systems standards. Our staff collaborate with Community Data Clinic faculty and students on enhancements of this system. Nearly all of the features they've developed have been incorporated into the online directory used by PATH. Subsequent meetings have covered: local crisis line and other hotlines (leading to a user-friendly pilot site); neighborhood information hubs, closed facebook groups, the self-help support network coordinated by Family Service, and potential collaboration with Northwestern University and Southern Illinois University. A likely next step locally would improve the provider agencies' information and feedback to the 211 database.

Alliance for Inclusion and Respect (AIR) has hosted anti-stigma films and art events, all of which have struggled under COVID restrictions. We continue anti-stigma messaging and promotion of member organizations and local artists/entrepreneurs with lived experience, through a website, facebook, Instagram, and twitter managed by an AIR author. UIUC LAS 122 students are developing additional social media content. We have not been able to feature an artist each month through International Galleries or to host an artist booth at the weekly indoor Market IN the Square. Meetings with the artists and supporters continue.

disABILITY Resource Expo hosted the first of four virtual events, with the second on 11/19. Segments are filmed with ASL interpreters and then captioned (Spanish subtitles also available) prior to posting online. Students are creating exhibitor videos for the Expo website.

CCMHB/CCDDB CILA:

(MHB goal 4 and DDB goals 1 and 5)

Transfer of titles of the two CILA homes from CCMHB to CCDDB was prepared by Attorney Dan Walsh, authorized by CCMHB President Joseph Omo-Osagie and Secretary/Vice President Kyle Patterson, and recorded at the Recorder of Deeds' Office.

I contacted the property management company and our insurance representative about making related changes to those agreements. Dan Walsh and I updated the current lease agreements, which I have forwarded to Individual Advocacy Group for their review; the primary change is CCDDB as Landlord, but errors were also corrected.

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The revised lease language is incorporated into an RFP draft I've developed for such time as it is appropriate to search for a new provider. Please email or call if you would like to review the 30+ page 'working' draft. If a CILA RFP were approved in mid-March, the timeline, which includes evaluation committee and board meetings, would culminate in selection of a new provider and contract by September.

Support for Agency Programs:

(MHB goals 1, 3, 5, 7, and 8 and DDB goals 1, 2, 3, and 7)

Activities described in staff reports:

- Cultural and Linguistic Competence training and technical assistance and Mental Health First Aid training and coordination (Shandra Summerville);
- Collaborations including Champaign County Transition Planning Committee, Continuum of Service Providers to the Homeless, Champaign County Community Coalition, Champaign County Reentry Council, Coalition Race Relations Subcommittee, Human Services Council, the New American Welcome Center, CUPHD I-Plan Behavioral Health Committee, etc.
- Monthly Provider Trainings (Kim Bowdry) which are free of charge and offer CEUs. While the primary audience is case managers from funded programs, school social workers, family advocates, and other providers also attend.

Independent Contractors: EMK offers technical support for users of our application and reporting system; John Brusveen, CPA, reviews agency audits, offers support to agencies, and suggests improvements in accountability and financial management; ChrispMedia maintains AIR and Expo websites, hosts short videos on the sites, and provides IT for the virtual Expo 'resource round-up' series; we are exploring a pilot project for small agencies to share accountant services

UIUC Evaluation Capacity Project. As the team identifies funded programs to target with intensive support or follow-up this year, and as 'theory of change' logic model workshops begin, we will also be exploring logic model support for our team and Boards.

Executive Director Activities:

During this season, my attention has been called to replacing outdated equipment so that our team can work from home effectively and, when in the office, not lose focus (e.g., to making service calls and waiting for help). I am also revisiting and updating our agency monitoring and review protocols and preparing for Mark Driscoll's retirement and the upcoming search and interview processes. In addition to administrative activities, I participated in the following meetings, events, and partnerships related to the strategic plans of the Boards.

Intergovernmental/Interagency Collaborations:

(MHB goals 1, 4, 9, and 10 and DDB goals 1, 5, 8, and 9)

Champaign County Department Heads: with the County Executive and her staff, this monthly meeting touches on budget preparation, staff benefits and trainings, Enterprise Resource Planning (ERP) implementation, and facilities issues; Chris Wilson covered the October meeting which conflicted with CCDDB regular meeting; I participated in interviews of candidates for the County's Chief Information Officer.

Mental Health and Developmental Disabilities Agency Council: monthly meeting of agency representatives, not all funded by the CCMHB/CCDDB, with agency activities, state budget and federal/state system news, special topics, and announcements.

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Regional Champaign-Vermilion Executive Committee: bimonthly meeting of public and private entities responsible for periodic community needs assessment and strategic plan. The CU Public Health District draft I-Plan is shared with the group; once again behavioral health and community violence are high priorities. A coordinator reports on activities and coordinates meetings, surveys, and collection of data. Roundtable discussion topics include impacts of COVID, regional MHFA trainings, internal changes in our organizations, and state funding for crisis response.

UIUC School of Social Work Community Learning Lab: projects include two Social Work classes producing brief videos of Expo exhibitors (Kim Bowdry and I supervising), Social Work students studying the new Grand Challenge to eradicate racism (Shandra Summerville), LAS students developing social media content for AIR (Stephanie Howard-Gallo), and a Stats class exploring data visualization of 11 years of comparable demographic and residency reports from MHB-funded programs (my project).

Partnerships related to Underrepresented Populations and/or Justice System: (*MHB goals 1, 2, 5, 6, 7, 8, and 10 and DDB goals 1, 2, 3, and 7*)

Champaign Community Coalition: monthly Goal Team meetings; updates from law enforcement; reports on positive youth programming, trauma-informed system work, and efforts to reduce community violence; health plan assessment and youth survey data; and discussion of forming a Juvenile Justice Coordinating Committee through the Coalition.

Crisis Intervention Team (CIT) Steering Committee: bimonthly meetings of representatives of law enforcement agencies, EMS, hospital, behavioral health, providers serving people who have housing insecurity, support network leaders, and other stakeholders, to promote CIT and similar trainings, to review data analyzed by City of Urbana, and to share updates. – postponed this month due to the need for law enforcement to be available in case of post-election unrest.

Illinois Connected Communities: for the funded project led by the Housing Authority of Champaign County, I participate in bimonthly meetings of the steering committee, connection to technical assistance, and quarterly meetings with other communities also funded for these planning projects. An overview has been drafted of possible strategies to improve Access, Adoption, and Use of internet and technologies, and members are choosing a small set to implement first, for early successes. Barriers related to the 'digital divide' were amplified by COVID 19 disruptions, e.g., need to transform from reliance on community hotspots to access at home. HACC team members and I met with the UIUC Community Data Clinic team to discuss both projects, which have a common theme of connecting community members to resources. In late October, Illinois released the Round Two Notice of Funding Opportunity, which I forwarded to those (at Farm Bureau, UIUC, CCRPC) who may be involved or know others who will.

One Door Project Planning: a weekly meeting of CU at Home team, law enforcement, hospital and behavioral health representatives, and other partners, to pursue a central location for triage, peer supports, crisis stabilization, and coordinated response. Key members have developed a budget and staffing plan and have taken steps to implement the project.

Youth Assessment Center Advisory Committee: quarterly meetings of law enforcement, Court Services, State's Attorney Office, service providers, Coalition staff, and school districts for discussion of the program, review of referral and service data, and roundtable updates.

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State and National Associations and Advocacy:

(MHB goal 10 and DDB goal 9)

Association of Community Mental Health Authorities of Illinois (ACMHAI): meetings of these committees: Executive (monthly), Legislative (seasonal), Medicaid (bimonthly), I/DD (bimonthly), and Ad Hoc (we are almost ready to hire a new association coordinator!). Members share information on: procurement processes; property taxes; impact of state budget and regulations; development and monitoring of agency contracts; board/staff policies; legal opinions; budgeting and strategic planning; community awareness; auditing; and funding application and reporting systems. Our legislative consultant, Government Strategy Associates, provides updates on state legislative activity and meets with legislative committee to discuss priorities and positions. Quarterly full membership meetings are held virtually, and committees host webinars and meet on Zoom, with better attendance.

National Association of County Behavioral Health and Developmental Disability Directors (NACBHDD): information on research, legislative activity, innovations, and more. Monthly I/DD committee calls include roundtable discussion of COVID impacts, and future topics and presenters. I co-chair monthly calls of the Behavioral Health and Decarceration committee; we continue drafting policy resolutions, identifying pilot states willing to test various outcomes, and the hosting a quarterly webinar series on various states' Medicaid programs. I serve as the board's secretary, attending Executive Committee meetings to review bylaws and financials and plan meetings and events. The 2021 Legislative & Policy Conference will be held virtually.

Virtual Fall Board Meeting, November 9 and 10:

<u>Day One</u>: After reports from the President, Treasurer, Committee Chairs, and National Association for Rural Mental Health, we hosted a session on the topic "Defeating Racism through Diversity, Inclusion, and Equity." Featured were guest speaker Martell Teasley, PhD, Dean of Social Work, Univ. of Utah (has a book in progress on racism, authored the grand challenge) and panelists Debra Wentz of NJ Association of Mental Health and Addiction Agencies, Kirsty Fontaine from NACo, and myself.

<u>Day Two</u>: We approved changes to NACBHDD ByLaws and heard brief updates from states, and our conference topic continued with presentations: Sumaiyah Clark on Diversity, Equity, and Inclusion in Milwaukee County, WI; Gilda Jacobs - 21 Day Racial Equity Challenge in MI; Patient Advocate Foundation, Shonta Chambers; and Diversity, Equity, and Inclusion in Durham County NC, Joanne Pierce.

National Association of Counties (NACO): Health Steering Committee call on financial services, blood drives, legislative updates, lame duck session preview, and local innovations; Healthy Counties Advisory Board meeting on county initiatives related to racism and public health/mental health; and quarterly Stepping Up Innovator County calls.

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Stephanie Howard-Gallo

Operations and Compliance Coordinator Staff Report -

November 2020 Board Meeting

SUMMARY OF ACTIVITY:

Audits:

As previously reported, Promise Healthcare (CCMHB funded) has not submitted an audit for 2018. Originally their audit was to be completed by June 30, 2019; 181 days after the close of the agency's fiscal year. The extension was approved by staff until September 30, 2019. They did not meet the deadline and payments were withheld. We were then informed their audit was expected October 31, 2019. That deadline was not met. Payments continue to be withheld.

Audits/Financial Reviews for 2019 were due on October 30, 2020. Thirteen agencies requested and were approved for a due date extension. Down Syndrome Network, Champaign County Christian Health Center, and Urbana Neighborhood Connections have had their payments paused because they did not request an extension and did not submit an audit.

Consultant, John Brusveen is again reviewing the audits this year.

First Quarter Reporting:

First Quarter financial and program reports for all funded programs were due October 30th at the close of business.

Board members can access these reports using the online system. Staff can also provide paper copies of the reports for you, if requested.

Other Compliance:

I made contact with six of our funded agencies because we had not been receiving copies of their Board agendas and approved minutes as is required in their contract with us.

Community Awareness/Anti-Stigma Efforts/Alliance for Inclusion and Respect (AIR):

A Facebook page promotes AIR's mission, members, artists, events, and news articles of interest. I am one of the administrators of the page. Due to Covid-19, we have put a "hold" on art shows at the Market IN the Square and International Galleries.

I am still working with University of Illinois LAS 122 students on a social media project for the Alliance (AIR).

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Trainings:

I attended a 3 hour training on October 21 "QPR Suicide Prevention Training".

Other:

- Preparing meeting materials for CCMHB/CCDDB regular meetings and study sessions/presentations.
- Composing minutes from the meetings.
- Attending meetings and study sessions for the CCDDB/CCMHB.

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Agency Cultural and Linguistic Competence (CLC) Technical Assistance, Monitoring, Support and Training for CCMHB/DDB Funded Agencies

CLC Learning Opportunity For CCMHB/DDB Study Session:

I am working on a CLC Learning Opportunity for the December Study Session. This will be an opportunity to provide an overview of and update about the CLC Work of the CCMHB/DDB. This will also be an opportunity to look at priorities of how the boards want to begin to address racism as a mental health issue.

Cultural Competence Training/Support

How to Have Healing Conversation After The Election at the Workplace: On November 6, 2020 I hosted a one-hour workshop for agencies funded by the CCMHB/DDB. It was a small group that attended and it was requested that the presentation be done again at a later date. There is a recording and presentation available.

Youth and Family Peer Support Alliance: I was invited to present in the for the November Training Series for the Youth and Family Peer Support Alliance. I will offer the workshop how to have healing conversations in the workplace after the election.

Mahomet Area Youth Club- I provided an overview of the National CLAS Standards for the board members of Mahomet Area Youth Club on November 10, 2020. This will be a first of a guarterly series that will be held for the year.

Champaign County Head Start- I provided training for the Supervisors Meeting for the sites of Champaign County Head Start. This training was held on November 5, 2020.

CLC Coordinator Direct Service Activities

I was invited to serve as a Facilitator for the Champaign Police Study Circles. (Please see attached Press Release.)

Training and Webinars:

- "Parents, Children and Transgender Identities
- Out of Isolation Series- "Manifesting Pandemic Destiny: Parsing the Tense and Aspect of Settler Immunopolitics in Indian Country"
- Courageous Conversation From Access to Liberation: Race and Disability, Racism and Ableism
- Addressing Racial Trauma in a Clinical Setting

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- "Fighting Immigration Policies that Tear Families Apart"
- National Federation of Families Conference for Children's Mental Health November 10 & November 12, 2020
- NACBHDD Fall Board Meeting- November 9-10, 2020

Healing Illinois Grant:

I received unofficial notification that our community is being considered for the Healing Illinois Grant. As additional information and confirmation about the official award of the grant I will keep the board members informed.

CU- Trauma and Resilience Initiative:

I attended the C-U Violence Interruption Committee Meeting on Friday, November 6, 2020.

We met to discuss cross system collaboration to engage in neighborhoods around trauma and community violence. There is also a plan to coordinate information from the collaboration groups that are currently meeting in Champaign County.

Anti-Stigma Activities/Community Collaborations and Partnerships

<u>C-HEARTS African American Storytelling Project:</u> I am continuing to meet with C-Hearts and from this Campus and Community collaboration there is a partnership that is created with DREAAM and The Well Experience called the ASPIRE Program. The Ambitions and Stories of young People Inspiring Resilience and Engagement (ASPIRE) connectedness program. The objectives of the ASPIRE program are to facilitate Black youth's exploration of their strengths and resilience, foster socio-cultural connectedness, and encourage youth to imagine a future filled with unlimited possibilities. Due to scheduling the program will be implemented in the Spring Semester.

<u>Community Learning Lab School of Social Work-UIUC</u> CLL has assigned three BSW Students to a project that will look ways to support CCMHB/DDB on our work to eradicate racism as part of the Grand Challenge. You are invited to participate in their final project on:

Thursday, December 3, 2020 10:30am. Join Zoom Meeting

https://illinois.zoom.us/j/9252459766?pwd=alhOREc3a2tlMTdUVlorYVhHWTNXQT09

Meeting ID: 925 245 9766 Password: SSW *Grand Challenge Explained:*

"Over the next 10 years, researchers, practitioners and policymakers will be encouraged to engage in a variety of activities that will advance the Eradicating Racism GC and ignite related achievements. These efforts will:

- Focus on evidence-based and practice-based research that cultivates innovation to improve the conditions of daily life of people impacted by racism and facilitates systemic change on the individual, organization, community and societal levels.
- Advance community empowerment and advocacy for eradicating racism and white supremacy through solutions that create sustainable changes.
- Foster the development of an anti-racist social work workforce that promotes access to resources and opportunities and encompasses transdisciplinary collaboration.
- Promote teaching and learning within social work education programs that examines structural inequalities and white privilege, and their impact on individual and group outcomes.
- Develop a policy agenda for eradicating racism and white supremacy from institutions and organizations, where structural racism is evident and causes the most damage."

Source: New Grand Challenges Initiative Aims to Eradicate Racism

They will give the presentation to students from the School of Social Work on Thursday, November 12, 2020. This presentation will be for the School of Social Work only.

Short Reading List to continue the conversation about Racism and Trauma as a decision maker

As the conversation about Racism as a public health issue continues, I want to make sure that we continue to look at the foundational work that has been done and begin looking at specific elements of the foundational documents that were used by the CCMHB/DDB to make decisions about Cultural and Linguistic Competence. I have added information about Juvenile Justice Reform as our community considers a Juvenile Justice Council. I have also included a plan from the Seattle Washington Planning Commission about resilience and recovery. Please feel free to reach out to me if you have any questions or would like to discuss some of the articles that I have provided.

MENTAL HEALTH: Culture, Race, and Ethnicity A SUPPLEMENT TO MENTAL HEALTH: A REPORT OF THE SURGEON GENERAL https://drum.lib.umd.edu/bitstream/handle/1903/22834/sma-01-3613.pdf?sequence=1&isAllowed=y

Pages: 36-37: Culturally Competent Services

Pages: 37-39- Racism, Discrimination, and Mental Health Pages: 39-40- Poverty, Marginal Neighborhoods and Community Violence

National CLAS Standards Fact Sheet https://thinkculturalhealth.hhs.gov/pdfs/NationalCLASStandardsFactSheet.pdf

<u>Models for Change:</u> Featuring research, tools, findings, and lessons from a decade of juvenile justice systems reform aimed at improving outcomes for youth and communities. <u>http://www.modelsforchange.net/index.html</u>

<u>A Racially Equitable and Resilient Recovery-</u> The Seattle Planning Commission has proposed a detailed plan to present to city planners on how to transform their system.

https://www.seattle.gov/Documents/Departments/SeattlePlanningCommission/RERRfinalSP C08032020.pdf

Helping Children Thrive: Early Childhood Development & ACEs(Infographic Provided) https://www.nihcm.org/categories/helping-children-thrive-early-childhood-development-aces





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PRESS RELEASE October 29, 2020

Contact:

Tom Yelich, Public Information Officer 217-403-6987 <u>Thomas.yelich@champaignil.gov</u>

City of Champaign Announces Dates for Police-Community Virtual Study Circles

Registration now open

The City of Champaign is pleased to announce the dates of three police-community study circles and invites the public to engage in more in-depth discussions about the future of policing in Champaign. The study circles serve as a follow-up to the recently concluded community listening sessions. Study circles will be used to gather additional, detailed information from our residents so it can be shared with the City Council as they make future public safety policy decisions to best address the needs, interests, and values of our community.

The study circles will group approximately 10 members of the public together with police representatives to discuss topics like police-community race relations, training and education, and the role of law enforcement when responding to calls for service involving mental illness and other related social hardships.

"The listening sessions were an important first step, allowing us to learn and hear directly from our community, one that we do our best to proudly serve," said Chief of Police Anthony Cobb. "The study circles are designed to be more conversational, allowing us to join in the dialogue with our residents, examine the challenges in front of us from many angles and begin to develop solution-oriented opportunities. Community engagement is an important piece of our work, and we look forward to conversing and learning more about our community's vision for policing."

Due to the ongoing COVID-19 pandemic, the study circles will be held electronically utilizing the Zoom meeting platform. Participants will engage in small group discussions about their vision for the future of policing in Champaign. Each group will be guided by a community facilitator and City staff will take notes about the discussions so the ideas that are developed can be shared with the City Council.

Members of the public are encouraged to register for a study circle on one of the following dates:

- Thursday, Nov. 12, 6-8 p.m.
- Friday, Nov. 20, 1-3 p.m.
- Monday, Dec. 7, 6-8 p.m.

To encourage an active dialogue, each study circle date will be limited to 50 residents, who will meet in smaller groups of 10 for facilitated discussions. Space is limited and preference will be given to Champaign residents and individuals who did not participate in another study circle date. To learn more <u>or register to participate</u>, please visit champaignil.gov/communityconversations.

Public input gathered through the listening sessions and study circles will be shared with the public and the City Council in a written report at the conclusion of the process. The City Council will review the information collected during a Study Session meeting expected to occur early next year.

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	FY20 Reve	FY20 Revenues and Expenditures as of 09/30/20	ires as of 09/30/20		
Revenue		Q3	ary	Budget	% of Budget
Property Tax Distributions	Ŷ	1,742,942 \$	2,004,665 \$	5,247,310	38.20%
From Developmental Disabilities Board	Ŷ	98,991 \$	296,973 \$	395,970	75.00%
Gifts & Donations	Ś	(300) \$	16,005 \$	20,000	80.03%
Other Misc Revenue	Ś	2,433 \$	6,994 \$	83,000	8.43%
TOTAL	s	1,844,066 \$	2,324,637 \$	5,746,280	40.45%
Expenditure		G3	Ę	Budget	% of Budget
Personnel	Ś	145,754 \$	394,084 \$	588,351	66.98%
Commodities	Ŷ	1,323 \$	3,996 \$	19,000	21.03%
Contributions & Grants	Ś	1,127,445 \$	3,238,413 \$	4,783,849	61.69%
Professional Fees	\$	14,956 \$	99,187 \$	140,000	70.85%
Other Services	ŝ	37,357 \$	94,065 \$	215,080	43.73%
TOTAL	s	1,326,835 \$	3,829,744 \$	5,746,280	66.65%
	Champaign	County Developme	Champaign County Developmental Disability Board		
	FY20 Reve	FY20 Revenues and Expenditures as of 09/30/20	ires as of 09/30/20		
Revenue		0 3	Ę	Budget	% of Budget
Property Tax Distributions	Ś	1,430,338 \$	1,643,735 \$	4,341,905	37.86%
From Mental Health Board	Ś	\$	\$ '	8,000	%00.0
Other Misc Revenue	ŝ	1,227 \$	13,259 \$	24,000	55.25%
TOTAL	s	1,431,565 \$	1,656,995 \$	4,373,905	37.88%
Expenditure		ß	ary	Budget	% of Budget
Contributions & Grants	Ŷ	1,075,759 \$	2,762,249 \$	3,927,935	70.32%
Professional Fees	Ŷ	100,354 \$	298,336 \$	395,970	75.34%
		•		2000	100.00%

Champaign County Mental Health Board

Transfer to CILA Fund TOTAL

3,92,129 395,970 50,000 **4,373,905** · · · · · · 2,/02,249 298,336 50,000 3,110,585 $\gamma \sim \gamma$ \$ 100,354 i. 1,176,112

100.00% 71.12%