



CHAMPAIGN COUNTY MENTAL HEALTH BOARD

CHAMPAIGN COUNTY BOARD FOR CARE AND TREATMENT OF PERSONS WITH A DEVELOPMENTAL DISABILITY

Joint Study of the
Champaign County Mental Health Board (CCMHB) and the
Champaign County Developmental Disabilities Board (CCDDB)

Wednesday, November 28, 2018

Brookens Administrative Center, John Dimit Conference Room
1776 E. Washington St. Urbana, IL

5:30 p.m.

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1. Call to Order
 2. Roll Call
 3. Approval of Agenda
 4. Public Participation/Citizen Input
 5. Presidents' Comments
 6. John Fallon, Corporation for Supportive Housing
John Fallon is an experienced clinician and property manager with nearly 40 years in the field. This included providing residential and outreach services to adolescents, children, persons who are homeless, as well as persons in correctional and health care settings John has served on multiple Boards and is currently a Board Member for NAMI Illinois and the Arc of Illinois. As a Senior Program Manager, John currently works on assisting the State to comply with Olmstead decrees in the mental health system and leads Illinois work on introducing the intellectual and developmental disability system to supportive housing.
 7. Resource List
 8. Board Announcements
 9. Adjournment

Resources for November 28 Study Session (available upon request)

Early Cost Studies: Housing plus In-Home Supports

Early cost studies on identifying expensive individuals who were homeless on the street and the results when housing and intensive in home supports (mostly in scattered site settings) were offered:

- *"The New York/New York Agreement Cost Study: The Impact of Supportive Housing on Surrounding Neighborhoods: Evidence from New York City" - for the Corporation for Supportive Housing – Center for Mental Health Policy and Services Research, University of Pennsylvania, May 2001*
- *"Costs of Serving Homeless Individuals in Nine Cities" - prepared for The Partnership to End Long-Term Homelessness - The Lewin Group, November 2004*
- *"Denver Housing First Collaborative Cost Benefit Analysis And Program Outcomes Report" – Colorado Coalition for the Homeless, December, 2006*
- *"COST OF HOMELESSNESS: Cost Analysis of Permanent Supportive Housing State of Maine - Greater Portland" – for Corporation for Supportive Housing, MaineHousing, and Maine Department of Health and Human Services, September 2007*
- *"Tools for Identifying High-Cost, High-Need Homeless Persons" – Economic Roundtable, June 2010*

Specific Populations, Statewide Innovations

Articles of interest, along with CSH summaries linking to other resources:

- *"Assessing Criminal History as a Predictor of Future Housing Success for Homeless Adults with Behavioral Health Disorders" – Daniel K. Malone, MPH, Psychiatric Services journal, February 2009, Volume 60, Number 2*
- *"Senate Bill 84: Intellectual and Developmental Disabilities Home and Community-Based Services Task Force, Report of Findings" – Illinois Department of Human Services, August 2018*
- *"Creating the Option of Supportive Housing for Persons with Intellectual and Developmental Disabilities in Illinois" – CSH summary, included in packet*
- *"CSH Illinois Creates a Supportive Housing Option in Illinois" – CSH summary, included in packet*
- *"The Impact of Supportive Housing on Surrounding Neighborhoods: Evidence from New York City" – Furman Center Policy Brief, NYU*
- *"Supportive Housing in Illinois: A Wise Investment" – Heartland Alliance, Supportive Housing Providers Association, and Corporation for Supportive Housing, April 2009*

Evidence-Based Practice Toolkits

The Evidence Based Toolkits here are part of the original 9 evidence-based practices. Since then, many evidence-based practices have been accepted with weaker evidence. All of these required the gold standard of research.

- Substance Abuse and Mental Health Services Administration (SAMHSA) Evidence-Based Practice Manual on Supportive Housing including all the research:
<https://store.samhsa.gov/product/permanent-supportive-housing-evidence-based-practices-ebp-kit/sma10-4510>
- SAMHSA Evidence Based Practice Toolkit and Evidence for Assertive Community Treatment:
<https://www.centerforebp.case.edu/resources/tools/act-samhsa-ebp-kit>
- SAMHSA Evidence Based Toolkit on Consumer-Operated Services Evidence-Based Practices (EBP) KIT: <https://store.samhsa.gov/product/Consumer-Operated-Services-Evidence-Based-Practices-EBP-KIT/SMA11-4633CD-DVD>



**Creating the Option of Supportive
Housing for Persons with Intellectual
and Developmental Disabilities in Illinois**



Ranked 47th in the country for community inclusion (United Cerebral Palsy Association (UCP), 2016) and amid 13 Olmstead lawsuits, Illinois has an I/DD population that relies on a large number of State Developmental Centers (7 large state facilities housing 1761 people), Non-State ICF-DDs of 16 or more (2711 beds), and 7543 beds in 7-15 bed facilities.

In 2016, Illinois only had 374 people served in homes of 3 or less outside of the family home and 273 in a host home. Illinois has a lot of education to do within the community which can assist other states in that process.

Illinois began a Statewide education campaign led by CSH, funded by the Illinois Council on Developmental Disabilities, to educate the community about the possibility of a person living in their own home or apartment and pushing the Division of Developmental Disabilities to make the supports for this a reality for families that want this option.

Materials have been created that have proven useful in other states to educate stakeholders about what has been offered for other disability groups and what is possible for the I/DD community with the right form of advocacy and community education. This education included:

1. **General Community Education about SH for persons with I/DD:** A Statewide tour directed at audiences whom were interested in alternatives to large group settings. Generally called Supportive Housing 101 – The Basics of SH and how it could be possible for the IDD population.
2. **Parent and Guardian Education:** Education to parents and guardians (P&G) about SH 101, Fears of Letting Go; Fears of What Happens to my child when I die; Will my child be ____ (Safe, Lonely, Healthy, or Non-Destitute)
3. **Self-advocates:** This is possible. Imagine if you had a chance. Establishing role models and social media campaign. Trained a group of self-advocates to act as Supportive Housing Ambassadors to talk about the issue within the self-advocate community.
4. **Providers of Support Services and traditional DD Group Housing:** There remains great provider resistance to new models because of a large investment in real estate and an entrenched funding mode. Illinois also had severe budget problems and models for individual support that did not work well financially for agencies. Despite this, CSH found willing providers interested in trying new models and experimenting with new ideas. Every attempt was made to try and mimic system changes that had occurred in other disability systems.
5. **State Government:** Risks were involved in any change but State government was pressured by the lawsuits to make changes. Videos documented the changes so those changes could become institutionalized as some things created with government support.
6. **Providers of other Housing;** This included Public Housing and other Supportive Housing Providers and Property Managers through their associations. These were groups that had not included the I/DD Population in their planning or waiting lists. Educating them to include this population as needing supportive housing was a process.

CSH Illinois has created these resources with a hope that they will be utilized in other states as models of system change and education and as a blueprint for any state wishing to move from a system that has always given people with I/DD limited chances to learn to live in their own unit.

A compendium of those resources with active links can be found [HERE](#).

(<https://cshcloud.egnyte.com/dl/SSgspBAIs5>)

This project was developed under an investment from the Illinois Council on Developmental Disabilities



CSH Illinois Creates a Supportive Housing Option in Illinois



Here are all the videos and books created by the CSH Illinois Council on Intellectual and Developmental Disabilities Supportive Housing Project

These are the strong foundational principles underpinning and encompassing all CSH work nationally and locally for IDD, Olmstead, Consent decrees, mental health, and Department of Rehab: <https://www.csh.org/resources/new-olmstead-brief-supportive-housing-for-persons-with-intellectual-and-developmental-disabilities-september-2017/>

Creating Supportive Housing – A Family Workbook:
<https://cshcloud.egnyte.com/dl/2ASnSYL1Ry>

PowerPoints about Supportive Housing

1. **Presentation to Professionals:** <https://cshcloud.egnyte.com/dl/tH7arrw7Tu>
2. **Presentation to Parents and Guardians:** <https://cshcloud.egnyte.com/dl/VrhR6cx7ol>
3. **Presentation to Self-Advocates:** <https://cshcloud.egnyte.com/dl/wlawMgirHG>
4. **Supportive Housing Modified for IDD:** <https://cshcloud.egnyte.com/dl/BYZTL3TcoM>
5. **Accessing Illinois IDD Supportive Housing:**
<https://cshcloud.egnyte.com/dl/URLbpyD1sc>
6. **Picture Lease:**
 - a. **Lease 1:** <https://cshcloud.egnyte.com/dl/5qdcBYaxfq>
 - b. **Lease 2:** <https://cshcloud.egnyte.com/dl/br65ufm1tl>

Spanish Language Presentations

1. **What to Know about Supportive Housing:**
<https://cshcloud.egnyte.com/dl/7k0R3OvF25>
2. **Picture Lease:** <https://cshcloud.egnyte.com/dl/oAhclnHCOIT>
3. **Myths about Persons with IDD:** <https://cshcloud.egnyte.com/dl/gseleFdwGB>
4. **Accessing Supportive Housing in Illinois:**
<https://cshcloud.egnyte.com/dl/rCN1mfW3lg>
5. **Presentation to Professionals:** <https://cshcloud.egnyte.com/dl/Owrel9DdAH>
7. **Presentation to Parents:** <https://cshcloud.egnyte.com/dl/2ASnSYL1Ry>

Polish Language Presentations

1. **What to Know about Supportive Housing:**
<https://cshcloud.egnyte.com/dl/eNpC0qM6CO>
2. **Picture Lease:** <https://cshcloud.egnyte.com/dl/xrbMSmUFAI>
3. **Myths about Persons with IDD:** <https://cshcloud.egnyte.com/dl/OhscJ7hFKj>
4. **Accessing Supportive Housing in Illinois:**
<https://cshcloud.egnyte.com/dl/ekoJfYeDWF>

A Parent Talks about Their Child Living on their own:

1. Phyllis National Version: <https://youtu.be/opgmyPX7rdI>

The Annie Flip Books

The story of Annie and her home in an Audio Book: Annie gets a new home:

<http://online.flipbuilder.com/sjol/jmzn/> Narrated

<http://online.flipbuilder.com/sjol/wrtd/mobile/index.html#p=1> No Narration

1. **Everybody is worried about Annie but she will be fine:** Every parent is nervous about their son or daughter living on their own. This book is meant to be read by a self-advocate to their parents to encourage them to calm down

<http://online.flipbuilder.com/sjol/uvkd/mobile/index.html#p=6> - Narrated

<http://online.flipbuilder.com/sjol/lxar/#p=8> – No Narration

Edwardsville, IL Videos

1. **Part 1:** A Public Housing Authority works closely with 6 families to house their adult children in 5 different apartments scattered around a newly constructed 72-unit building. This video shows interviews with the support service provider, state officials. Housing Authority staff, the residents, and the families as they plan an execute this model of support. The residents remain happily in their apartment 2 years later. Their parents continue to celebrate.
<https://www.youtube.com/watch?v=DnSif-y-YqU>
2. **Part 2:** This video shows the process to get into housing working with Independent Service Agency. This is more about the process of understanding the personal support plan of the individuals and their families. <https://www.youtube.com/watch?v=pf26-k-8ln0&t=14s>
3. **The Resident's Make Their Own Video:** While CSH had staff making the other video, the residents made their own: <https://cshcloud.egnyte.com/dl/ayofwSITjg>

Alice Brouhard Demonstrates Video and Assistive Technology –A presentation by Alice Brouhard offered at the 2017 CSH Summit – Inexpensive solutions to assisting a person with cognitive difficulties. <https://cshcloud.egnyte.com/dl/BhUc5aEvJP>

Self-Advocates Talking about their Homes in the Community:

1. **Adam at CSH Summit:** <https://www.youtube.com/watch?v=xGolCAkkfpc&t=2s>
2. **Robert Video** - <https://www.youtube.com/watch?v=BjT2N42h2h4&t=13s>
3. **Tom Video** - <https://www.youtube.com/watch?v=4zLBCK-I4mQ&t=14s> – The son of the Mom in the video below. He asked to have a video and the Mom footage arose from this.

Understanding How to Create Successful Housing Interventions for Persons with very High Support Needs:

George Braddock Videos- A 4-Part Discussion –

90 minutes of detailed video instruction by an expert in home modification and design.

<https://www.youtube.com/watch?v=AcG9rM5QpmA&list=PLsaLlaf2B231cCbVWCHIJ9km0yU3UVQ7M>

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