

**The Sunshine Center**  
(Adult Day Care)  
**500 South Art Bartell Rd**  
**Urbana, IL 61802-2888**  
**Phone (217) 693-5005**  
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**Denise Reffett RN - Director**

## **The 5 "W's" of The Sunshine Center**

### **1. WHO are we?**

We are the longest running adult day care in the state of Illinois. We have a registered nurse on site at all times. Our staff is enthusiastic, caring, nurturing as well trained in many different areas. Most are certified nursing assistants. We all undergo training in the Best Friends approach to Alzheimer's. Our clients are senior citizens who reside in Champaign County. All of our clients live in the community wither by themselves, with loved ones, or in an assisted living residence.

### **2. WHAT are we?**

We are a day program that provides socialization, recreation, and stimulation in a caring, nurturing environment. We provide a light breakfast and full lunch everyday, along with a variety of healthy snacks. We have a minimum of 4 groups to choose from each day. We have exercise everyday. Some activities we do are table games, WII bowling, cooking, bible study, music, cards, dice, gardening, bingo and many more. Recent field trips include fishing, yard sales, and the Champaign County Fair. We offer hairdressing services and help with ADL's as needed.

### **3. WHERE are we?**

We are located at 500 South Bartell Road, Urbana. We are in a new facility with spacious rooms offering plenty of natural lighting. It is a perfect setting for our wide variety of activities. We also have a private patio area to enjoy gardening, cookouts, and other outdoor activities.

### **4. WHEN are we open?**

We are open Monday-Friday 7am to 5pm. Clients can come half or full days. Clients can come as many or few days as they choose with no contract to sign. Our fees are \$69.00 per day, \$45.00 per half a day and \$9.00 each way for (optional) transportation.

## **5. WHY us?**

We have been providing exceptional service to Champaign County seniors for over 30 years. We have a unique way of providing therapeutic recreation using individual and group activities. We have a state of the art building, including a whirlpool tub with circulating jets, a Hammond organ, and many activity supplies to provide a well rounded schedule of events. Our open sunny layout gives ample room for all of our large and small motor activities. We have a fleet of 5 wheelchair accessible vans to provide transportation to and from the client's home. Our staff has over 50 years of combined experience in providing Senior Services to our community. We invite you to come in for a free visit to see all we have to offer and talk with our staff about the many possibilities here at Champaign County Adult Day Care.