CHAMPAIGN COUNTY MENTAL HEALTH BOARD



#### CHAMPAIGN COUNTY BOARD FOR CARE AND TREATMENT OF PERSONS WITH A DEVELOPMENTAL DISABILITY

#### <u>Study Session of the</u> <u>Champaign County Mental Health Board (CCMHB)</u>

Wednesday, October 28, 2020

Brookens Administrative Center, Lyle Shields Room 1776 E. Washington St. Urbana, IL

#### 5:45 p.m.

Regularly held in the Lyle Shields Room, the meeting will be conducted remotely. Participate through <u>https://us02web.zoom.us/j/81393675682</u> or by calling 312-626-6799 and using Meeting ID 813-9367-5682.

- 1. Call to Order
- 2. Roll Call
- 3. Zoom instructions (page 3)
- 4. Public Participation/Citizen Input
- 5. Approval of Agenda
- 6. President's Comments
- 7. Study Session: Champaign County Community Coalition Summer Youth Initiative Presentation (pages 4-17) Representative(s) of the Champaign County Community Coalition will report on the Summer Initiatives supported with CCMHB funds. Presentation materials are included in the packet.
- 8. Utilization Summaries for PY20 CCMHB funded programs (pages 18-30) Program utilization report summarizing program purpose and reported service data for the 2020 program year is included in the packet.
- 9. Board Announcements
- 10. Adjournment

### Instructions for participating in Zoom for CCMHB Study Session October 28, 2020 at 5:45 p.m.

You will need a computer with a microphone and speakers to join the Zoom Conference Bridge; if you want your face broadcast you will need a webcam.

> Go to Join Zoom Meeting https://us02web.zoom.us/j/81393675682

Meeting ID: 813 9367 5682

One tap mobile +13126266799,,81393675682# US (Chicago) +13017158592,,81393675682# US (Germantown)

Dial by your location +1 312 626 6799 US (Chicago) +1 301 715 8592 US (Germantown) +1 646 558 8656 US (New York) +1 669 900 9128 US (San Jose) +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) Meeting ID: 813 9367 5682 Find your local number: <u>https://us02web.zoom.us/u/kcqoTUHyJs</u>

When the meeting opens, choose to join with or without video. (Joining without video doesn't impact your participation in the meeting, it just turns off YOUR video camera so your face is not seen. Joining without video will also use less bandwidth and will make the meeting experience smoother). Join with computer audio.

Once you are in the meeting, click on "participants" at the bottom of the screen. Once you've clicked on participants you should see a list of participants with an option to "Raise Hand" at the bottom of the participants screen. **If you wish to speak, click "raise hand" and the Chair will call on you to speak.** 

If you are not a member of the CCMHB or a staff person, **please sign in by writing your name and any agency affiliation in the Chat area**. This, like the recording of the meeting itself, is a public document. There are agenda items for Public Participation and for Agency Input, and we will monitor the 'raised hands' during those times.

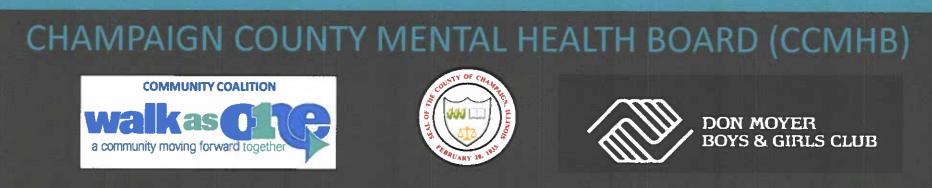
*If you have called in, please speak up during these portions of the meeting if you would like to make a contribution.* If you have called in and therefore do not have access to the chat, there will be an opportunity for you to share your 'sign-in' information. If your name is not displayed in the participant list, we might ask that you change it, especially if many people join the call.

Members of the public should not write questions or comments in the Chat area, unless otherwise prompted by the Board, who may choose to record questions and answers there.



Champaign County Community Coalition 2020 Summer Initiatives Champaign County Mental Health Board October 28, 2020 Tracy Parsons, Community Relations Manager Sam Banks, Executive Director Boys and Girls Club





CCMHB support and collaboration with Community Coalition

- \$107,000 grant is awarded to the Don Moyer Boys and Girls Club to administer and manage subcontracts to support the work of the Champaign County Community Coalition Summer Initiatives
- Each subcontractor submitted proposals on their programs and activities for funding
- Community Coalition Executive Committee approves the plan for funding the summer initiatives

# BOYS & GIRLS CLUB SUBCONTRACTING PROCESS:

Convenes subcontracting meeting
Issues contracts & requirements
Monitors budget & spending
Complies with MHB contract requirements
Surveys subcontractors collects all program data

## **2020 SUMMER INITIATIVES**

Due to Covid-19 summer activities were encouraged to be implemented virtually. This required additional planning, training and preparation. Some of the activities were a hybrid mix of inperson and virtual.

Arts & Culture, Recreation, Academic Enrichment & Leadership and Community Engagement.



- 550 youth participated in partnership programming
- 12 High school youth provided with 8 weeks of employment and employment skills training
- 65 youth participated STEM focused "Hip Hop Express" mobile recording studio construction combined with a variety of social justice community activities
- 300 youth participated in Digital Animation Lab, Dee Jay Lab, and Digital Recording Studio experiences
- 15 youth participated in weekly fine "virtual" virtual college tours, museum visits, guest speakers, and various cultural exposure activities
- 15 Youth participated in "Girls Only" program focusing on social and emotional skill development and reading comprehension and fluency skills
- 24 youth participated in "virtual" leadership development, daily mentoring and a variety of youth development activities
- 25 youth participated in performing arts (dance) instruction two days a week
- 24 youth participated in four weeks of financial literacy development, stock market research, and simulated investment opportunities.
- 35 Youth participated in community involvement activities, positive peer interaction opportunities, and healthy life style activities.
- 35 youth participated in seven weeks of Peer Ambassador Youth Leadership programs and activities
- 416 Viewers participated in Envisioning Mentally Healthy Youth training & discussion
- Approximately 75 people attended two "Safe Space" community connection events to promote community connections in a safe environment
- Multiple youth and community members participated in weekly virtual programming by a several of the program partners











#### Aqueena Lillard was live. September 12 at 10:53 AM - 🖧

So Proud of Vanessa and Tamya e e on the Investments in Youth Financial Literacy Program...This is just the beginning Thank you so much Herbert Burnett for showing our youth how to become the signature on the front of the checks and not the back w T



William Kyles was live.

September 12 at 12:48 PM · 🚱

Thank you Herbert Burnett and Seon Williams. Testimonials from your stock training class. Legit youth building...

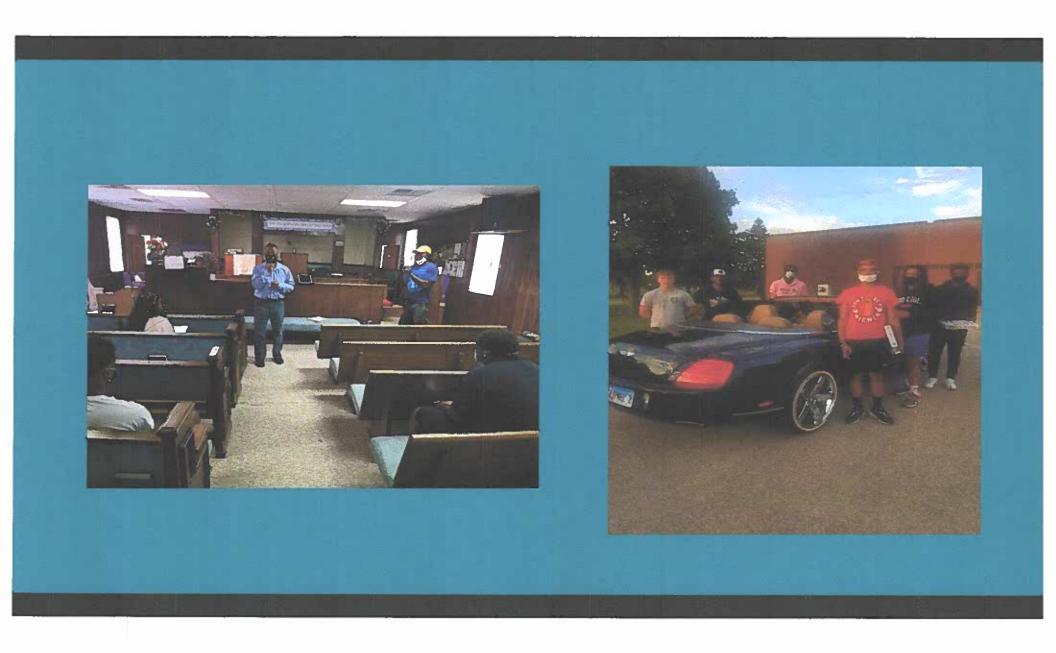


## Lashaunda Cunningham

### September 12 at 11:01 AM - 🖧

So proud of these teens and appreciative to Herbert Burnett and Seon Williams for investing into them and instilling the wisdom and knowledge to go on and be greater!!! Financial Literacy Stock Market







# THANK YOU, CHAMPAIGN COUNTY MENTAL HEALTH BOARD!



### **Contact Information**

Tracy Parsons, Community Relations Manager City of Champaign Office of Equity, Community and Human Rights 102 North Neil Street Champaign, IL 61820 217-403-8830 Tracy Parsons@champaignil.gov

### **Coalition Meeting Information**

When: 2<sup>nd</sup> Wednesday of each month Time: 3:30 PM to 5:00 PM

#### Where:

- · Watch and comment on Facebook Live: facebook.com/walkasone
- Watch and comment on Zoom: <u>https://zoom.us/i/94392148743?pwd=aidhcVV1NVFPZXIzV</u> iBENWx0M2Q5Zz09\_Password: 536611
- Listen on Zoom: Call 312-626-6799 Webinar ID: 943 9214 8743, Password: 536611

#### Utilization Summaries for PY2020 Champaign County Mental Health Board Funded Programs

Detail on each program's performance toward defined consumer outcomes during the funding year of July 1, 2019 to June 30, 2020 is available at <u>http://ccmhddbrds.org</u>, among downloadable public files toward the bottom of the page. The relevant document is titled "CCMHB PY20 Performance Outcome Reports." TPC = Treatment Plan Client NTPC = Non-Treatment Plan Client CSE = Community Service Event SC = Screening Contract or Service Contact Other, as defined in individual program contract

## *Priority: Intellectual/Developmental Disabilities - Collaboration with Champaign County Developmental Disabilities Board (CCDDB)*

Champaign County Regional Planning Commission Head Start/Early Head Start Social Emotional Development Services \$112,004 (CCMHB & CCDDB)

Program seeks to identify and address social-emotional concerns in the early childhood period, as well as to promote mental health among all Head Start children. The social-emotional portion of the program focuses on aiding the development of self-regulation, problem solving skills, emotional literacy, empathy, and appropriate social skills. Accomplishments in these areas will affect a child's ability to play, love, learn and work within the home, school and other environments. All fit together to form the foundation of a mentally healthy person. **Utilization targets:** 80 TPC, 70 NTPC, 20 CSE, 700 SC, 10 Other (newsletter articles, staff training)

Utilization actual: 52 TPC, 29 NTPC, 17 CSE, 638 SC, 16 Other

#### **Developmental Services Center**

#### Family Development Center \$579,148

Program serves children birth to five years old, with or at risk of developmental disabilities, and their families. FDC responds to needs with culturally responsive, innovative, evidence-based services. Early detection and prompt, appropriate intervention can improve developmental outcomes for children with delays and disabilities and children living in at-risk environments. Family-centered intervention maximizes the gifts and capacities of families to provide responsive intervention within familiar routines and environments.

Utilization targets: 655 TPC, 200 SC, 300 CSE Utilization actual: 724 TPC, 146 SC, 374 CSE

#### Individual Advocacy Group CILA Expansion \$50,000 (CCMHB and CCDDB)

This annual investment pays for mortgage and property management costs of two of the three local small group homes run by Individual Advocacy Group, which was selected in 2014 through an RFP process to provide services to people with I/DD living in MHB/DDB owned-homes. During 2019, the CCMHB contributed a larger share in order to pay off

the mortgage loan in full; the CCDDB continues to transfer \$50,000 into the fund each year until their total payments are equal to the CCMHB contribution. **Utilization:** 6 TPCs with staffing ratios from 1:4 to 2:3 and a choice between IAG 'Flexible Day Experience' and community day programs run by other local providers.

#### Priority: System of Care for Children, Youth, and Families

#### Champaign County Children's Advocacy Center (CAC) Children's Advocacy \$52,754

Promoting healing and justice for children/youth who have been sexually abused. The CAC provides: a family-friendly initial investigative interview site; supportive services for the child and non-offending family, promoting healing; and abuse investigation coordination. Most of the young people served are victims of sexual abuse. CAC services are also provided to those children/youth who are victims of severe physical abuse and to victims of child trafficking. Trauma inflicted by these crimes is deep; with the right help the young person can begin to heal. **Utilization targets:** 200 TPC, 25 NTPC, 225 SC, 12 CSE **Utilization actual:** 329 TPC, 53 NTPC, 257 SC,9 CSE

#### Champaign County RPC Head Start/Early Head Start

Early Childhood Mental Health Services \$214,668

Support from an Early Childhood Mental Health Assistant including: assisting teaching staff and parents in writing individualized social-emotional goals to include in lesson plans for children identified through screening; developing with parents and teaching staff an Individual Success Plan for children who exhibit challenging behaviors; offering teachers social and emotional learning strategies; monitoring children's progress and outcomes; and providing information to families and staff. Facilitation of meetings with a child's parent(s) and teaching staff throughout the process of the child receiving services as well as supporting parents and teaching staff with resources, training, coaching, and modeling. **Utilization targets:** 50 TPC, 50 NTPC, 1800 SC, 5 CSE, 50 Other **Utilization actual:** 105 TPC, 325 NTPC, 3417 SC, 20 CSE, 325 Other

#### Champaign Urbana Area Project

TRUCE \$25,000 (six months)

TRUCE addresses gun violence preventively from a public health perspective. Under this public health approach, first posited by Gary Slutkin, the epidemiologist creator of "Cease Fire" at the University of Chicago, the spread of violence is likened to the spread of an infectious disease and should be treated in much the same way: go after the most infected and stop it at its source. TRUCE engages the community in reducing violence by: 1) interrupting the transmission of the violence; 2) reducing the risk of the highest risk; and 3) changing community norms.

Utilization targets: 16 NTPC, 125 SC, 190 CSE, 25 Other Utilization actual: 26 NTPC, 52 SC, 416 CSE, 6 Other (three quarters) (First two quarters: 15 NTPC, 33 SC, 303 CSE, 6 Other)

#### Courage Connection

#### Courage Connection \$127,000

A family's immediate safety is intimately connected to their long-term success. A community's stability is threatened when any family is in danger. Courage Connection helps victims and survivors of domestic violence rebuild their lives through advocacy, housing, counseling, court advocacy, self-empowerment, community engagement, and community collaborations.

Utilization targets: 425 TPC, 110 NTPC, 600 SC, 150 CSE Utilization actual: 537 TPC, 174 NTPC, 899 SC, 117 CSE

#### Crisis Nursery

#### Beyond Blue – Champaign County \$75,000

Beyond Blue serves mothers who have or are at risk of developing perinatal depression (PD), targeting mothers who demonstrated risk factors for PD and are pregnant or have a child under age one. Individual and group support and education to facilitate healthy parent-child engagement. Research suggests that 10-20% of mothers suffer from PD, nearly half are undiagnosed. Addresses risk factors that lead to emotional disturbances and multiagency and system involvement in children. Works to increase awareness of PD and reduce stigma. **Utilization targets:** 33 TPC, 77 NTPC, 522 SC, 128 CSE, 2275 Other (hours of in-kind/respite care)

Utilization actual: 30 TPC, 90 NTPC, 472 SC, 138 CSE, 654 Other

#### Cunningham Children's Home

#### Parenting Model Planning & Implementation (NEW) \$280,995

Works closely with individuals who are homeless or at risk of homelessness, through intensive case management and care coordination geared towards promoting permanent housing and employment and resolving barriers. The Case Manager takes a holistic approach to supportive services by countering possible barriers to goal stability (e.g., basic needs, child care, physical health, and mental health). Participants receive weekly services that last until 90 days after obtaining both housing and employment.

Utilization targets: 13 TPC, 12 NTPC

Utilization actual: 6 TPC, 5 NTPC, 154 SC, 14 CSE

#### DREAAM House

#### DREAAM \$80,000

DREAAM is a prevention and early intervention program for boys aimed at cultivating academic excellence and social emotional health. Designed to increase positive outcomes (academic achievement, self-efficacy, social mobility) and decrease negative outcomes (suspensions, low educational performance, violence). Evidence-informed components: 1) day-long summer program, 2) 5-day week, after-school program, 3) school-based mentoring, 4) Saturday athletic activities, and 5) family engagement and training. Embedded in each component

is social emotional learning and behavioral health instruction to foster transfer of skills from DREAAM House to school to home.

Utilization actual: 65 TPC, 100 NTPC, 215 SC, 25 CSE Utilization actual: 80 TPC, 111 NTPC, 208 SC, 28 CSE

#### Don Moyer Boys & Girls Club

#### CU Change \$100,000

The program seeks to impact under-resourced youth with potential for high school graduation by providing group and individual support, counseling, life skills training, and exposure to positive cultural and healthy life choices. Emphasizes academic support, community engagement, interactive, hands on learning experiences and exposure to positive life alternatives. Assists youth with navigating obstacles to success in the school environment, increasing positive peer and community involvement and developing a positive future plan. **Utilization targets:** 50 TPC, 42 NTPC, 550 SC, 150 CSE **Utilization actual:** 56 TPC, 34 NTPC, 175 SC, 66 CSE

#### Don Moyer Boys & Girls Club

#### CU Neighborhood Champions \$110,195

An initiative designed to increase community understanding of trauma and expand community capacity to implement trauma-informed practices and procedures. Goals are: addressing the needs of those impacted by trauma and violence and creating more supportive and healed communities. Accomplished through training community members, focusing on youth leaders and elder helpers, and educating the community about trauma and trauma-informed care to support the creation of community-based trauma response teams. **Utilization targets:** 40 TPC, 35 NTPC, 255 SC, 23 CSE **Utilization actual:** 37 TPC, 60 NTPC, 537 SC, 112 CSE

#### Don Moyer Boys & Girls Club

#### **Community Coalition Summer Initiatives \$107,000**

An initiative designed to increase community understanding of trauma and expand community capacity to implement trauma-informed practices and procedures. Goals are: addressing the needs of those impacted by trauma and violence and creating more supportive and healed communities. Accomplished through training community members, focusing on youth leaders and elder helpers, and educating the community about trauma and trauma-informed care to support the creation of community-based trauma response teams. **Utilization targets:** 875 NTPC, 17600 SC, 60 CSE, 1000 Other **Utilization actual:** 675 NTPC, 20250 SC, 60 CSE, 1000 Other

#### Don Moyer Boys & Girls Club

#### Youth and Family Services \$160,000

Family-driven, youth-guided services for and with families and children experiencing mental health and/or emotional challenges. Supports are offered at home, in school, and in the community for optimal recovery. Partnering with caregivers to provide the best-fit, most comprehensive services and supports possible. Peer-driven support from those with lived experiences and challenges, educational opportunities to make informed decisions, and technical support to help navigate complicated systems for the best possible outcomes for each individual and their family.

Utilization targets: 30 TPC, 70 NTPC, 500 SC, 50 CSE Utilization actual: 21 TPC, 12 NTPC, 552 SC, 32 CSE

#### Mahomet Area Youth Club

#### Bulldogs Learn & Succeed Together (BLAST) \$15,000

MAYC's BLAST Programming for students K-12 includes enrichment activities, academic help, and cultural and community-based programming. MAYC partnered with Mahomet Seymour Schools District in this endeavor for several reasons: it allows the use of district facilities, providing a safe and structured environment, children participate in activities in their own school community, additional contact with teachers, school staff, social workers, and guidance counselors, specialized learning spaces (including computer labs, gyms, music and art rooms), access to a variety of caring community volunteers, and most importantly, an inclusive environment that brings students from all economic backgrounds together. Open to all students but targeting low income and/or struggling students, making the program available at no cost. **Utilization targets:** 4 TPC, 116 NTPC, 2500 SC, 1000 CSE **Utilization actual:** 33 TPC, 125 NTPC, 2216 SC, 1040 CSE

#### Mahomet Area Youth Club

#### MAYC Members Matter! \$18,000

Program for students K-12 includes enrichment activities, academic help, and cultural and community-based programming. Partnered with Mahomet Seymour Schools to allow for the use of district facilities, provide a safe and structured environment, participation in activities in school community, additional contact with teachers, school staff, social workers, and guidance counselors, specialized learning spaces, access to caring community volunteers, and an inclusive environment bringing students from all economic backgrounds together. **Utilization targets:** 5 TPC, 130 NTPC, 2000 SC, 200 CSE **Utilization actual:** 10 TPC, 163 NTPC, 1737 SC, 146 CSE

#### NAMI Champaign County

#### NAMI Champaign County (NEW) \$10,000

NAMI Champaign County Illinois offers free information and support to people living with mental health problems and their families. NAMI Ending the Silence is an engaging presentation that helps audience members learn about the warning signs of mental health conditions and what steps to take if you or a loved one are showing symptoms of a mental illness. Other program offerings include: NAMI Family-to-Family; NAMI in Our Own Voice (IOOV); and NAMI Family Support Group.

#### Utilization targets: 45 CSE

#### Utilization actual: 54 CSE

## Rape Advocacy, Counseling & Education Services

Sexual Violence Prevention Education \$63,000

Rape Advocacy, Counseling & Education Services (RACES) is the only agency charged with providing comprehensive services to victims of sexual assault in Champaign County. Trauma-informed counseling, 24-hour crisis hotline, and inperson advocacy at hospital Emergency Departments and at meetings with law enforcement or Courthouse. Also offers prevention education to thousands of local children and adults per year and conducts community events to further the aim to create a world free of sexual violence.

**Utilization targets:** 1500 (# attending) SC, 200 CSE, 40 Other (media contacts) **Utilization actual:** 4242 (# attending) SC, 624 CSE, 19 Other

#### Rosecrance Central Illinois

#### Prevention Services \$60,000

An evidence-based life skills and drug education curriculum for Champaign County students. Programs available for preschool through high school. Sessions on health risks associated with the use of alcohol, tobacco and other drugs. Life skills sessions may include instruction on and discussion of refusal skills, self-esteem, communicating with parents, and related social issues. Prevention team are active members of several anti-drug and anti-violence community-wide coalitions working to reduce youth substance abuse. **Utilization targets:** 975 CSE

Utilization actual: 1021 CSE

#### UP Center of Champaign County

#### Children, Youth & Families Program \$31,768

Program serves LGBTQ adolescents aged 11-18; LGBTQ families; and children dealing with issues related to the stigmatization of their gender and sexual identifications and identities. Services include provision of social-emotional supports, non-clinical crisis intervention, case management referrals, risk reduction strategies, strengths development, community-building events, and management of adult volunteers within this program. Program provides a weekly adolescent non-clinical support group.

Utilization targets: 3 TPC, 30 NTPC, 60 SC, 40 CSE Utilization actual: 0 TPC, 51 NTPC, 162 SC, 100 CSE

#### Urbana Neighborhood Connections

#### Community Study Center \$25,500

Empowerment zone which youth benefit from productive year-round academic, recreational, and social-emotional supplements. Point of contact for information, linkage and referral to community resources. Study Center provides opportunity to engage school aged youth in non-traditional, practical intervention and prevention approaches for addressing difficulties. In individual and group

activities facilitated/supervised by program staff and volunteers, participants can process feelings in a secure and supportive environment. **Utilization targets:** 150 NTPC **Utilization actual:** 158 NTPC

#### Priority: Behavioral Health Supports for People with Justice Involvement

#### Champaign County Health Care Consumers

#### Justice Involved CHW Services & Benefits (NEW) \$54,775

Community Health Worker services (as below), for people at the Champaign County jail. Services are offered on-site, to improve access to care upon discharge/release. Provider also coordinates with related programs and coalitions, toward improved response for those in crisis or incarcerated. **Utilization targets:** 140 TPC, 20 NTPC, 350 SC, 6 CSE, 30 Other (Rx fund) **Utilization actual:** 58 TPC, 11 NTPC, 142 SC, 20 CSE, 3 Other (Rx fund)

## Champaign County Regional Planning Commission – Community Services Justice Diversion Program \$75,308

The Justice Diversion Program is the primary connection point for case management and services for persons who have Rantoul Police Department Critis Intervention Team (CIT) and/or domestic contacts, offering case management with a goal to reduce criminal recidivism and help clients develop and implement plans to become successful and productive members of the community, offering law enforcement an alternative to formal processing. The JDP develops additional community resources and access to services in Rantoul. **Utilization targets:** 50 TPC, 70 NTPC, 250 SC, 24 CSE **Utilization actual:** 9 TPC, 53 NTPC, 143 SC, 16 CSE

#### Champaign County Regional Planning Commission – Community Services Youth Assessment Center (YAC) \$76,350

The YAC screens youth for risk factors and links youth/families to support and restorative community services. The YAC provides an alternative to prosecution for youth involved in delinquent activity. Case managers, using Trauma Informed Care and BARJ principles, screen juvenile offenders referred to our program to identify issues that might have influenced the offense and link youth to services to address the identified issues. Focused on helping youth be resilient, resourceful, responsible and contributing members of society.

Utilization targets: 63 TPC, 20 NTPC, 50 SC, 60 CSE, 60 Other (1<sup>st</sup> time refer) Utilization actual: 35 TPC, 1 NTPC, 31 SC, 29 CSE, 61 Other (1<sup>st</sup> time referral)

#### Family Service of Champaign County

#### Counseling \$30,000

Affordable, accessible counseling services to families, couples and people of all ages. Clients are given tools and supports to successfully deal with life

challenges such as divorce, marital and parent/child conflict, depression, anxiety, abuse, substance abuse/dependency and trauma. Strength-based, client driven services utilize family and other natural support systems and are respectful of the client's values, beliefs, traditions, customs and personal preferences. Utilization targets: 35 TPC, 30 NTPC Utilization actual: 38 TPC, 24 NTPC

#### First Followers

#### Peer Mentoring for Re-entry \$95,000

Mission is to build strong and peaceful communities by providing support and guidance to the formerly incarcerated, their loved ones, and the community. Offers assistance in job searches, accessing housing and identification as well as emotional support to assist people during the transition from incarceration to the community. In addition, we carry out advocacy work aimed at reducing the stigma associated with felony convictions and attempt to open doors of opportunity for those with a criminal background.

Utilization targets: 42 TPC, 240 NTPC, 45 SC, 10 CSE Utilization actual: 37 TPC, 45 NTPC, 23 SC, 9 CSE

#### Rosecrance Central Illinois

#### Criminal Justice PSC \$304,350

Individuals at the Champaign County Jail receive screening and, as appropriate, mental health assessment, substance abuse assessment, counseling, case management, individual and/or intensive outpatient substance abuse treatment, and linkage to additional supports as needed in the community. **Utilization targets:** 150 TPC, 265 NTPC

Utilization actual: 70 TPC, 143 NTPC, 535 SC, 128 Other (group sessions)

#### Rosecrance Central Illinois

#### Fresh Start \$79,310

Aimed at addressing the root cause of the violence, customized for our community in coordination with the Champaign Community Coalition's Fresh Start Initiative, involving a 3-pillar approach – Community, Law Enforcement, and a Case Manager. Identifies and focuses on individuals with history of violent, gun-related behaviors. Participants are offered an alternative to violence, with intensive case management, assistance accessing services (such as medical, dental, behavioral health) to address immediate personal or family issues and to overcome barriers to employment, housing, education.

Utilization targets: 23 TPC, 10 NTPC, 10 SC, 120 CSE, 40 Other Utilization actual: 16 TPC, 14 NTPC, 10 SC, 261 CSE, 43 Other

#### Rosecrance Central Illinois

#### Specialty Courts \$203,000

People sentenced to Champaign County Drug Court receive substance use disorder assessment, individualized treatment planning, individual counseling sessions, and a wide array of education and therapeutic groups. Case manager

provides intensive case management to connect the clients to overcome barriers to treatment, such as access to food, clothing, medical and dental services, mental health treatment, employment, housing, education, transportation, and childcare.

**Utilization targets:** 80 TPC, 1600 SC, 5 CSE, Other 300 hours case management, 1200 hours counseling. "Other" represents services funded by other sources leveraged through CCMHB support for non-billable activities crucial to the operation of the Specialty Court.

**Utilization actual:** 51 TPC, 1467 SC, 3 CSE, Other 35 hours assessment, 962.64 hours case management, 4784.91 hours counseling.

#### Priority: Innovative Practices and Access to Community Based Behavioral Health Services

#### Champaign County Christian Health Center Mental Health Care at CCCHC (NEW) \$13,000

CCCHC patients may receive mental health screenings, primary care, prescriptions, and referrals to specialized care as needed. Any uninsured and underinsured resident of Champaign County, typically between the ages of 18 and 64, is eligible. Primary care providers treat or refer those with MH conditions, especially anxiety and depression. With this grant CCCHC will recruit new psychiatrists, psychologists, and counselors to provide direct MH care, greatly enhancing community resources. Recruiting strategies: contacting hospitals and health care facilities to promote CCCHC; targeting organizations that have potential MH volunteers; and connecting with a psychiatrist who runs a residency program to bring services to CCCHC patients. Utilization targets: 80 TPC, 50 NTPC, 6 CSE

Utilization actual: 127 TPC, 0 NTPC, 1 CSE

#### Champaign County Health Care Consumers

#### CHW Outreach & Benefit Enrollment (NEW) \$59,300

Enrollment in health insurance and other public benefit programs; help with maintenance of benefits; case management; education and outreach. Enrollment in Medicaid, Medicaid Managed Care, private plans through ACA Marketplace, Medicare for those eligible by virtue of age or disability, Medicare Extra Help, Medicare Savings Program to reduce the out of pocket costs, hospital/clinic financial assistance programs. Help applying for Promise Healthcare's sliding scale and completing the new patient packet. In-house Rx Fund for low-income individuals, enrollment in pharmaceutical assistance programs, SNAP and SafeLink phone program. Access to affordable dental and vision care. Casemanagement, referrals and advocacy to access other benefits and social services.

Utilization targets: 275 TPC, 45 NTPC, 650 SC, 7 CSE, 40 Other (Rx fund) Utilization actual: 90 TPC, 44 NTPC, 596 SC, 38 CSE, 24 Other (Rx fund)

#### Champaign County Regional Planning Commission – Community Services Homeless Services System Coordination (NEW) \$51,906

Homeless Services System Coordination program supports a position to: support, facilitate, and direct the IL-503 Continuum of Care (CoC); to support the body's mission to end homelessness in Champaign County through a coordinated network of resources for those who are homeless or at-risk of becoming homeless; coordinate efforts across the CoC membership to support its goals and the Homeless Emergency and Rapid Transition to Housing (HEARTH) Act regulations; and build and maintain collaborative partnerships with CoC membership and affiliates, working closely with the CoC Executive Committee.

Utilization targets: 15 NTPC, 40 SC, 18 CSE Utilization actual: 22 NTPC, 53 SC, 27 CSE

#### *Community Service Center of Northern Champaign County* **Resource Connection** \$67,596

A multi-service program aimed at assisting residents of northern Champaign County with basic needs and connecting them with mental health and other social services. Serves as a satellite site for various human service agencies providing mental health, physical health, energy assistance, and related social services. Features an emergency food pantry, prescription assistance, clothing and shelter coordination, and similar services for over 1,700 households in northern Champaign County.

**Utilization targets:** 1400 NTPC, 5900 SC, 2850 Other (contacts with other agencies using CSCNCC as a satellite site)

Utilization actual: 1309 NTPC, 4031 SC, 1886 Other

#### Cunningham Children's Home

#### ECHO \$95,773

Works closely with individuals who are homeless or at risk of homelessness, through intensive case management and care coordination geared towards promoting permanent housing and employment and resolving barriers. The Case Manager takes a holistic approach to supportive services by countering possible barriers to goal stability (e.g., basic needs, child care, physical health, and mental health). Participants receive weekly services that last until 90 days after obtaining both housing and employment.

Utilization targets: 24 TPC, 20 NTPC, 876 SC, 24 CSE Utilization actual: 25 TPC, 5 NTPC, 980 SC, 46 CSE

#### East Central IL Refugee Mutual Assistance Center

#### Family Support and Strengthening \$56,440

Supports and strengthens refugee and immigrant families transitioning and adjusting to American culture and expectations. Provides orientation, information/referral, counseling, translation/interpretation services, culturally

appropriate educational workshops, and help accessing entitlement programs. Bi-monthly newsletter and assistance to refugee/immigrant mutual support groups. Staff speaks nine languages and accesses community volunteers to communicate with clients in languages not on staff.

**Utilization targets:** 75 CSE, 30 Other (hours of workshops) **Utilization actual:** 111 CSE, 17.5 Other

### Family Service of Champaign County

#### Self-Help Center \$28,430

Information about and referral to local support groups. Provides assistance to develop new support groups and maintaining and strengthening existing groups. Program maintains a database of Champaign County support groups, national groups, and groups in formation. Information is available online and in printed directory and specialized support group listings. Provides consultation services, workshops, conferences, educational packets and maintains a lending library of resource materials.

Utilization target: 270 CSE Utilization actual: 271 CSE

#### Family Service of Champaign County

#### Senior Counseling & Advocacy \$162,350

For Champaign County seniors and their families. Services are provided in the home or in the community. Caseworkers assist with needs and challenges faced by seniors, including grief, anxiety, depression, isolation, other mental health issues, family concerns, neglect, abuse, exploitation and need for services or benefits acquisition. Assists seniors providing care for adult children with disabilities and adults with disabilities age 18-59 experiencing abuse, neglect or financial exploitation.

Utilization targets: 285 TPC, 550 NTPC, 7500 SC Utilization actual: 418 TPC, 531 NTPC, 1937 SC

#### GROW in Illinois

#### Peer Support \$77,239

Mutual-help; peer to peer 12-step program provides weekly support groups for mental health sufferers of all races and genders. GROW compliments the work of professional providers by connecting people with others in similar situations and empowering participants to do that part which they can and must be doing for themselves and with one another. While professional providers offer diagnosis and treatment, consumer-providers offer essential rehabilitation and prevention services because of firsthand experience with the recovery process. Utilization targets: 110 NTPC, 1000 SC, 4 CSE Utilization actual: 94 NTPC, 791 SC, 73 CSE

#### Promise Healthcare

#### Mental Health Services with Promise \$242,250

Promise Healthcare provides on-site mental health services to achieve the integration of medical and behavioral health care as supported by both the

National Council for Community Behavioral Healthcare and the National Association of Community Health Centers. Mental health and medical providers collaborate, make referrals, and even walk a patient down the hall to meet with a therapist. Patients receive mental illness treatment through counselor, psychiatrist or primary care provider. Includes child and adolescent psychiatric services (fall 2019 only).

**Utilization targets:** Counseling Services: 370 TPC, 2000 SC. Psychiatric Services: 1600 in psychiatric practice, 850 getting psych meds through primary care, 7500 psychiatric service encounters, 10 lunch and learn sessions. Pediatric Psychiatric Services: 200 SC and 70 TPC

**Utilization actual:** Counseling Services: 334 TPC, 1814 SC. Psychiatric Services: 1829 in psychiatric practice, 1097 getting psych meds through primary care, 8914 psychiatric service encounters, 3 lunch and learn sessions. Pediatric Psychiatric Services: 122 SC and 39 TPC

#### Promise Healthcare

#### Promise Healthcare Wellness \$58,000

Provides support, case management, and benefit enrollment for patients with non-clinical barriers to achieving optimum medical and mental health. Targets hundreds of patients who have a mental health diagnosis and a chronic medical condition and those at risk of or who have had a justice system encounter. Coordinators work with patients to remove barriers to optimum medical and mental health. Facilitates care at satellite location, and supports collaborations with other agencies, and community outreach.

**Utilization actual:** 150 TPC, 150 NTPC, 600 SC, 27 CSE, 2000 Other (enrolled in healthcare coverage)

Utilization actual: 202 TPC, 250 NTPC, 1337 SC, 21 CSE, 1456 Other

#### Rattle the Stars

#### Youth Suicide Prevention Education \$55,000

Designed to build skills and improve competence to encourage intervention between peers, and by parents and adults. Covering three core areas for intervention: what to look for to recognize mental illness, mental health crises, and suicidal thoughts; how to intervene by using appropriate and effective communication skills; and accessing necessary resources for professional care. Program is developed from evidence informed models and adheres to best practices suggested by nationally recognized mental health and suicide prevention agencies.

Utilization targets: 150 CSE Utilization actual: 74 CSE

#### Rosecrance Central Illinois

#### Crisis, Access, & Benefits \$203,960

A 24-hour program including Crisis Team and Crisis Line. Clinicians provide immediate intervention by responding to crisis line calls and conducting crisis assessments throughout Champaign County. The Crisis Team works closely with hospitals, local police, the University, and other local social service programs. Offers access services including information, triage, screening, assessment, and referral for consumers and members of the community.

**Utilization targets:** 500 NTPC (intake screening or mental health assessments), 3000 SC (crisis calls), 15 CSE, Other = 150 benefits applications **Utilization actual:** 536 NTPC (intake screening or mental health assessments), 2857 SC (crisis calls), 24 CSE, Other = 160 benefits applications. Program also reports 1129 Crisis team contacts (not a subset of crisis calls) and 1119 mental health assessments by Crisis team.

#### Rosecrance Central Illinois

#### Recovery Home \$200,000

Therapeutic interventions that facilitate: removal of barriers for safe/supportive housing; 12-Step support involvement; independent living skills; education/vocational skills; identification and use of natural supports; use of community resources; and peer support. Evidence based practices to be used include: 12-Step model and peer support; Level system; Case Management; and Contingency management initiatives.

Utilization targets: 45 TPC, 56 SC

Utilization actual: 23 TPC, 84 SC