

CHAMPAIGN COUNTY MENTAL HEALTH BOARD (CCMHB)

And

**CHAMPAIGN COUNTY BOARD FOR CARE AND TREATMENT OF PERSONS WITH A
DEVELOPMENTAL DISABILITY (CCDDB)**

COMMITTEE OF THE WHOLE (COW) STUDY SESSION

Minutes – October 17, 2007—6:00 p.m.

*Illinois Terminal Building
45 East University Avenue
Champaign, IL*

MEMBERS PRESENT: Janet Anderson, Aillinn Dannave, Joyce Dill, Bill Gleason, Ernest Gullerud, Deloris Henry, Holly Jordan, Mike McClellan, Thom Moore, Deborah Townsend

MEMBERS EXCUSED: Mary Ann Midden, Michael Smith

STAFF PRESENT: Peter Tracy, Executive Director, William Conlin, Nancy Crawford, Mark Driscoll

STAFF EXCUSED: Stephanie Howard-Gallo

OTHERS PRESENT: George Roth, Barb Bressner, Consultants; Ashley Smiley, Felicia Gooler, Developmental Services Center (DSC)

CALL TO ORDER:

Dr. Townsend, CCMHB Vice-President, called the meeting to order at 6:00 p.m.

ROLL CALL:

Roll call was taken and a quorum was present.

CITIZEN INPUT:

None.

APPROVAL OF MINUTES:

Minutes from the September 19, 2007 Committee of the Whole study session were included in the Board packet.

MOTION: Ms. Dannave moved to approve the minutes from the September 19, 2007 Committee of the Whole (COW) study session. Dr. Moore seconded the motion. A voice vote was taken and the motion passed.

COMMITTEE OF THE WHOLE STUDY SESSION:

Dr. Townsend and Mr. Tracy introduced Dr. Gene Griffin from the Mental Health Services and Policy Program at Northwestern University and Anne Studzinski from the Illinois Childhood Trauma Coalition, Voices for Illinois Children. They spoke to Board members on the effects of childhood trauma on development.

Dr. Griffin discussed the historical context of Illinois' Child Agencies. The history of juvenile justice from the early 1900's to present was discussed. The work of Dr. John Lyons was acknowledged.

Dr. Griffin and Ms. Studzinski discussed incidents of childhood trauma and the effects of the trauma. The experience of an event by a child that is emotionally painful or distressing, often results in lasting mental and physical effects. Children exposed to trauma often experience a combination of problems. Exposure to trauma increases the risk for major mental illness, substance abuse, AIDS and sexually transmitted diseases, academic difficulties and impaired physical health.

Childhood trauma affects the child's

- Brain development
- Learning
- Perception
- Regulation of emotion and arousal
- Ability to form relationships
- High risk behaviors
- Health
- Lifespan

Board members were provided with an opportunity to ask questions.

BOARD ANNOUNCEMENTS:

None.

ADJOURNMENT:

Dr. Townsend adjourned the meeting at 7:40 p.m.

Respectfully

Submitted by: _____

Stephanie Howard-Gallo
CCMHB/CCDDB Staff

Approved by: _____

Dr. Deborah Townsend
CCMHB Vice-President

Date: _____

Date: _____

**Minutes were approved at the 1/16/08 meeting.*