GN/HB

Champaign County Mental Health Board

In fulfillment of our responsibilities under the Community Mental Health Act, the Champaign County Mental Health Board (CCMHB) presents the following documents for public review:

The CCMHB's <u>Annual Report</u> provides an accounting to the citizens of Champaign County of the CCMHB's activities and expenditures during the period of December 1, 2009 through November 30, 2010.

The CCMHB's <u>Three-Year Plan</u> for the period December 1, 2009 through November 30, 2012 presents the CCMHB's goals for development of Champaign County's system of community mental health, developmental disabilities and substance abuse services and facilities, with <u>One-Year Objectives</u> for December 1, 2010 through November 30, 2011.

Any questions or comments regarding the CCMHB's activities or the county's mental health services can be directed to the Champaign County Mental Health Board; 1776 E. Washington; Urbana, IL 61802; phone (217) 367-5703, fax (217) 367-5741.

Champaign County Mental Health Board

Fiscal Year 2010 Annual Report & Three-Year Plan 2010-2012

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LISTING OF 2010 BOARD MEMBERS AND STAFF

BOARD MEMBERS

Thom Moore, Champaign (President)

Deborah Townsend, Champaign (Vice-President)

Janet Anderson, Champaign

Aillinn Dannave, Champaign

William Gleason, Champaign

Ernest Gullerud, Champaign

Deloris Henry, Champaign

Michael McClellan, Savoy

Mary Ann Midden, Champaign

STAFF

Peter Tracy Executive Director

Lynn Canfield
Associate Director for Developmental Disabilities

Nancy K. Crawford Business Unit Comptroller

Mark J. Driscoll
Associate Director for Mental Health and Substance Abuse Services

Stephanie Howard-Gallo
Developmental Disabilities Contract Coordinator

CCMHB President's Report

As the incoming President of the Champaign County Mental Health Board (CCMHB), I have the privilege to present to the citizens of Champaign the 2010 Annual Report. The report provides an accounting of taxpayer money entrusted to the board for the prevention and treatment of mental, emotional, developmental and substance use disorders for residents of Champaign County. The Three Year Plan with objectives for the 2011 Fiscal Year completes the annual report.

Reflecting on a year filled with budget cuts and delayed payments by the State of Illinois I find positive accomplishments locally that deserve to be recognized. For some time there has been interest in creating a Mental Health Court in Champaign County. This past year a decision was made to establish such a court. Judge Ford who has presided over Drug Court since it began in 1999 will also oversee Mental Health Court. The Champaign County Mental Health Board is committed to these specialty courts through funding to support participants' access to treatment and the opportunity it presents for them.

In the Fall of 2009, we learned the Substance Abuse Mental Health Services Administration had awarded a multi-year cooperative agreement for Comprehensive Community Mental Health Services for Children and Their Families to Champaign County for the ACCESS Initiative. Much work has been accomplished this past year with staff being hired, the Coordinating Council formed, and multiple committees and working groups created, all with the intent to develop a system of care. In the coming year we look forward to moving from planning to implementation of the system of care pilot project and then gradually expanding the pilot to full implementation. The evidence based practice Parenting with Love and Limits program is expected to be a cornerstone for the system of care. Last fall, the Board was presented with a preliminary report on the outcomes for youth and families served by the program. While a final report is expected late in 2011, the preliminary report found promising results.

Other projects new and old that should not go unrecognized include our continued relationship with the Champaign County Board for Care and Treatment of Persons with a Developmental Disability which continues to be a strong partner with the CCMHB. High profile community events involving both boards and other local partners are the "Reaching Out For Answers: Disability Resource Expo" and the Champaign County Anti-Stigma Alliance's premier event held as part of Roger Ebert's Film Festival. While the Board has supported integration of physical and behavioral health services, an expansion of such integrated care is being explored by two key partners with our encouragement.

With deep appreciation and much respect, I thank Dr. Moore for his service as President this past year.

Respectfully,

Dr. Deborah Townsend CCMHB President

SECTION I: Financial Reports and Service Data

ANNUAL FINANCIAL REPORT

12/01/09-11/30/10

	2009			2010
Beginning of the Year Fund Balance	\$	1,529,076	\$	1,750,786
REVENUE				
General Property Taxes	\$	3,425,448	\$	3,514,342
Back Taxes, Mobile Home Tax &		5,784		8,651
Payment in Lieu of Taxes				
Local Government Revenue		7,438		2,793
Champ County Developmental Disabilities Board		299,532		287,604
Champ County Public Health District		14,583		20,852
Interest Earnings		10,432		5,883
Gifts and Donations		22,851		23,005
Miscellaneous		25,477		23,389
TOTAL REVENUE	\$	3,811,545	\$	3,886,519
EXPENDITURES Administration & Operating Expenses: Personnel Commodities Services	\$	368,056 9,338 250,362	s	414,825 13,821 304,000
Capital Outlay				1,545
Sub-Total	\$	627,756	\$	734,191
Grants and Contributions:				
Program Capital	\$	2,962,079	\$	3,025,655
Sub-Total	\$	2,962,079	\$	3,025,655
TOTAL EXPENDITURES	\$	3,589,835	\$	3,759,846
Fund Balance at the End of the Fiscal Year	<u>\$</u>	1,750,786	\$	1,877,459

annual report - FY10nkc

PROGRAM ALLOCATIONS -- FY2010

12/01/09 - 11/30/10

AGENCY/PROGRAM	TOTAL PAID
A WOMAN'S FUND A Woman's Place	\$ 39,053.00
BEST INTEREST OF CHILDREN Family Link/Social Marketing Peer Ambassadors PSC Outreach Initiative/Advocacy PSC Parent Education Agency Total	70,291.00 110,000.00 86,350.00 10,647.00 277,288.00
CATHOLIC CHARITIES - Counseling Program	7,640.48
CENTER FOR WOMEN IN TRANSITION - A Woman's Place	27,895.00
CHAMPAIGN COUNTY CHILDREN'S ADVOCACY CENTER	37,080.00
CHAMPAIGN COUNTY REGIONAL PLANNING COMMISSION Senior Services - Information and Assistance	26,026.00
CHAMPAIGN URBANA-AREA PROJECT Family Advocacy Cultural Competence Agency Total	20,170.00 32,678.00 52,848.00
COMMUNITY CHOICES - Self Determination	8,330.00
COMMUNITY SERVICE CENTER OF NORTHERN CHAMPAIGN COUNTY First Call For Help	80,462.00
CRISIS NURSERY Teen Parents	3,936.00
Beyond Blue - Rural	42,580.00
Beyond Blue II	14,999.00
Agency Total	61,515.00
DEVELOPMENTAL SERVICES CENTER Family Development Center - Children's	209,980.00
Employment/Vocational Services	151,220.00
Developmental Training	20,979.00
Developmental Training/Employment	110,147.00
Agency Total	492,326.00

DON MOYER BOYS & GIRLS CLUB

SMART Moves	39,996.00
EAST CENTRAL ILLINOIS REFUGEE ASSISTANCE CENTER Refugee Support	12,000.00
FAMILY SERVICE	
First Call For Help	60,540.00
Senior Resource Center (Senior Counseling and Advocacy)	142,332.00
Self-Help Center	28,638.00
Counseling Agency Total	50,004.00 281,514.00
Agency Iven	201,514.00
FRANCES NELSON - Mental Health Services/Counseling	131,792.00
MAHOMET AREA YOUTH CLUB - Teen Succeed	17,004.00
MENTAL HEALTH CENTER OF CHAMPAIGN COUNTY	
Access and Benefits Acquisition Services	47,437.00
Criminal Justice	6,393.88
Crisis Line	72,656.80
Crisis/Criminal Justice	72,630.00 19,304.00
Drug Court Integrated Services - Adult Recovery Early Home Based Services - Prevention	114,500.00
Parenting With Love and Limits	200,000.00
Psychiatric Services	40,000.00
School Based Outreach	106,000.00
TIMES Center	48,000.00
Agency Total	726,921.68
OPERATION SNOWBALL	14,585.00
PRAIRIE CENTER FOR SUBSTANCE ABUSE	
Drug Court	157,477.00
Drug Court Contract - Paid out of incorrect fund - Corrected in FY11	15,000.00
Family Counseling	70,159.86
Operation Snowball	6,249.00
Parenting With Love and Limits Prevention	196,413.00
Residential	53,885.00 32,995.00
Agency Total	532,178.86
TALKS YOUTH DEVELOPMENT NFP	·
TALKS Mentoring of Champaign County	64,233.00
1 ALKS Mentoring of Champaign County	04,233.00
UNIVERSITY OF ILLINOIS - PSYCHOLOGICAL SERVICES	
Outreach Initiative	78,804.00
Parent Education	11,669.00
Black Parenting Agency Total	4,494.00
	94,967.00
GRAND TOTAL	3,025,655.02

SERVICE TOTALS FOR 2010 BY TYPE OF SERVICE UNIT

- **CSE** = Community Service Event. Non-client specific service, e.g. public presentation, consultation advocacy for a target population, media event, workshop or community development activity.
- SC = Service Contact/Screening Contact. Encounter to provide information, referral, assessment, crisis intervention or general service.
- TPC = Treatment Plan Client. Client has a written assessment and service plan.
- NTPC = Non-Treatment Plan Client. Brief service is provided without a written service plan.
- FFS = Fee for Service. Pre-determined fee paid for defined unit of service.

CONTRACTED AGENCIES & PROGRAMS

	CSEs	SCs	TPCs	NTPCs	FFS Units	Туре
Best Interest of Children						***
Family Link		589	26			
Peer Ambassadors		629	109			
PA UI PSC Advocacy (below) ²						
PA UI PSC Parent Education (below) ²						
Catholic Charities - The Counseling Program			14		139	Hours
Center for Women in Transition						
A Woman's Place - Counseling/Advocacy	50	307	47	307		
Children's Advocacy Center						
Inter-Disciplinary Team Staffings	21	129	126	36		
Community Choices, Inc.						
Self-Determination Support (6 mos)*	7	209	3	84		
(additional TPCs, state funded)			7			
Community Service Center of Northern CC						
First Call for Help				1502	***	
Crisis Nursery						
PCI Teen Outreach (8 months)*	19	129	10	9		
Beyond Blue - CU (8 months)*	34	240	15	33		
Beyond Blue - Rural	202	591	26	66		
Developmental Services Center						
Developmental Trng & Employment Svcs			328	11		
Family Development Center (FDC)	837	277	837	784		
Don Moyer Boys & Girls Club - PA Smart Moves	22	1241		108		
Family Service of Champaign County						
First Call for Help		5293				
Senior Resource Center			259	1228		
Self-Help Center	496					
Counseling			142		829	
Frances Nelson Health Center - MH Services		1022	152	114		
Mahomet Area Youth Club Teen Succeed				137		

	CSEs	SCs	TPCs	NTPCs	FFS Units	Туре
Mental Health Center/Community Elements						
Access & Benefits Acquisition		859				
Crisis and Criminal Justice		4321	94			
DOC Only Services/Psychiatric Services					1857	Hours
Drug Court Integrated Services	50	49	22	10		
Early Childhood MH & Development	172	303	276			
PA - PLL ¹		134	121	117		
School Based/Outreach Clinicians		1676	36			
TIMES Center					306	SC
CC Operation Snowball (6 months)		With directals date and		6		
Prairie Center Health Systems						
Drug Court			117			
Prevention	846					
PA - Family Counseling		1234	191		1179	Hours
PA - Parenting with Love & Limits	****		99			
Residential DFI			36		667	Days
Operation Snowball (6 months)*	80					
Refugee Assistance Center (ECIRMAC)	107	****				
CC Regional Planning Commission						
Senior Services Information & Assistance		4459		420		
TALKS Youth Development TALKS Mentoring	50		****	224		
University of Illinois - Psychological Services Center						
PA - Advocacy Program	96	3920	177	78		
PA - Parent Education & Leadership			38	32		
	CSEs	SCs	TPCs	NTPCs		

	CSEs	SCs_	TPCs_	NTPCs
TOTAL GENERIC SERVICE UNITS	3,089	27,611	3,308	5,306

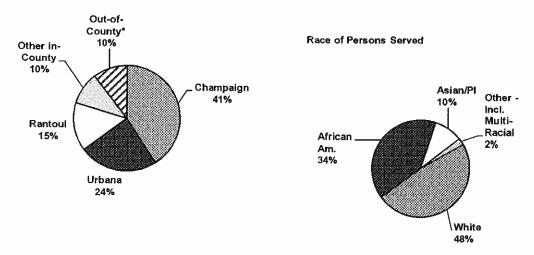
Days Hours SCs TOTAL FEE BASED UNITS
Notes on Service Data 4,005 306

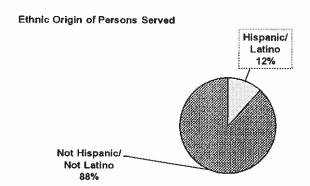
^{*} Partial year data

¹ Juvenile Justice - Funded by CCMHB ² Grant pass through - See UI Psych Svcs.

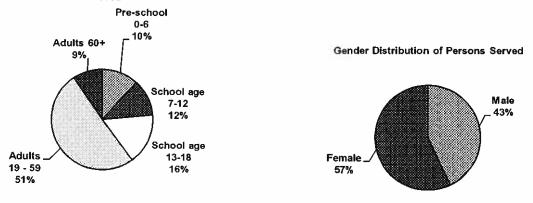
Demographics of Persons Served in 2010

Residency of Persons Served Included but not funded*

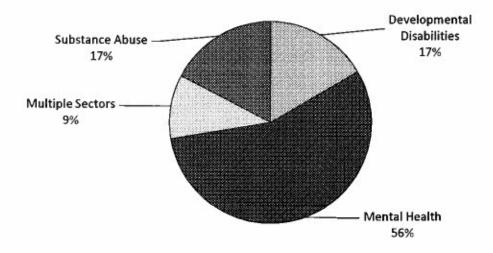




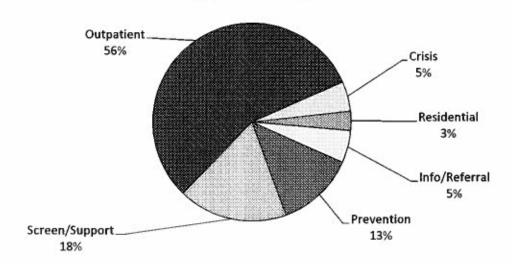
Age Distribution of Persons Served



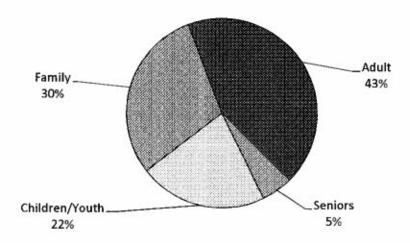
CCMHB PY10 Appropriation by Community Mental Health Sector



CCMHB PY10 Appropriation by Type of Service



CCMHB PY10 Appropriation by Target Population



SECTION II: Three-Year Plan 2010-2012 with FY 2011 One-Year Objectives

THREE-YEAR PLAN

FOR

FISCAL YEARS 2010 - 2012

(12/1/09 - 11/30/12)

WITH

ONE YEAR OBJECTIVES

FOR

FISCAL YEAR 2011

(12/1/10 - 11/30/11)

WHEREAS, the Champaign County Mental Health Board has been established under Illinois Revised Statutes (Ch. 91-1/2, Sections 301-314, inclusive) in order to "construct, repair, operate, maintain and regulate community mental health facilities to provide mental health services as defined by the local community mental health board, including services for the developmentally disabled and for the substance abuser, for residents (of Champaign County) and/or to contract therefore..."

WHEREAS, the Champaign County Mental Health Board is required by the Community Mental Health Act to prepare a one- and three-year plan for a program of community mental health services and facilities;

THEREFORE, the Champaign County Mental Health Board does hereby adopt the following Mission Statement and Statement of Purposes to guide the development of the mental health plan for Champaign County:

MISSION STATEMENT

The mission of the CCMHB is the promotion of a local system of services for the prevention and treatment of mental or emotional, developmental, and substance abuse disorders, in accordance with the assessed priorities of the citizens of Champaign County.

STATEMENT OF PURPOSES

- 1. To plan, coordinate, evaluate and allocate funds for the comprehensive local system of mental health, developmental disabilities, and substance abuse services for Champaign County.
- 2. To promote family-friendly community support networks for the at-risk, underserved and general populations of Champaign County.
- 3. To increase support for the local system of services from public and private sources.
- 4. To further develop the systematic exchange of information about local services and needs between the public/private service systems and the CCMHB.

In order to accomplish these purposes, the Champaign County Mental Health Board must collaborate with the public and private sectors in providing the resources necessary for the effective functioning of the community mental health system.

ADMINISTRATION

Goal #1: Develop policies and procedures to assure fiscal accountability for CCMHB dollars tied to co-funded programs. The primary focus is related to programs which are also funded by revenue from the State of Illinois. Utilize the new web-based application and reporting system to effectively track all objectives pertaining to this goal.

Objective #1: Identify each CCMHB funded contract that budgets state revenue as part of program revenue and develop mechanisms to track the level of state payments during the term of the contract.

Objective #2: Clarify how CCMHB dollars are used in each co-funded contract and develop policies to assure that reductions in state contract maximums are not supplanted by CCMHB dollars.

Objective #3: All CCMHB grant contracts that receive State of Illinois funding as part of the total program revenue shall be required to report all staffing changes to the CCMHB on a quarterly basis. At the discretion of the CCMHB, agencies shall provide a full listing of all full, part-time and contractual employees on a quarterly basis.

Objective #4: All CCMHB funded agencies shall notify the CCMHB of their intent to lay off employees with an explanation of the cause for the layoff.

Objective #5: Evaluate risk for loss of co-supported services resulting from state funding reductions.

Objective #6: Monitor payments from the Illinois Department of Human Services (IDHS) to assure adequate cash flow for the ACCESS Initiative.

Goal #2: Prioritize services along the service continuum in response to changes in state funding.

Objective #1: Using a tiered system identify high priority programs (core services and collaborative initiatives).

Objective #2: Realign funding to support high priority programs in response to contract cuts or reserve percentage in state funding.

Goal #3: Maintain program and financial accountability of funded programs.

Objective #1: Monitor fiscal status and identified outcome measures of funded programs to provide consistent and timely assessment of overall program performance.

Objective #2: Develop new audit requirements and protocols to address the gaps created by changes in the State of Illinois audit threshold requirements. Require additional fiscal accountability in lieu of audits for agencies that fall below the required dollar threshold (i.e., \$300,000).

Objective #3: Review and revise as necessary the process for executing contracts with approved agency plans using the web-based application and reporting system.

Goal #4: Continue to maintain low administrative costs in order to maximize the availability of funding to support mental health, substance abuse and developmental disabilities programs and services.

Objective #1: Strongly support the Memorandum of Understanding with the Champaign County Board for the Care and Treatment of Persons with a Developmental Disability.

Objective #2: Maintain existing staff headcount by utilizing contractual consultants to assist with technical, administrative and programmatic functions (e.g., assessment of applications for funding, planning, audit protocols and other specialized functions).

Objective #3: Maintain a web based system across all funding sources to streamline the application process, program reporting including collection of client data and assess potential for expansion of such a system for performance measure outcome evaluation.

PROGRAMS AND SERVICES FOR CHILDREN, ADOLESCENTS AND FAMILIES

Goal #5: Maintain commitment to implementation of Parenting with Love and Limits (PLL) for youth and families involved in the juvenile justice system.

Objective #1: Continue collaboration with juvenile justice stakeholders and integration of Quarter Cent for Public Safety and CCMHB funding to support PLL implementation. Monitor PLL evaluation data and determine efficacy in collaboration with stakeholders (i.e., Administrative Team).

Objective #2: Coordinate implementation of the SAMHSA Children's Mental Health Initiative Cooperative Agreement as delineated in the SAMHSA application and subject to post-award changes as determined by the Coordinating Council, principle investigators, project director, and program staff.

Objective #3: As part of the execution of the SAMHSA Cooperative Agreement, secure assurances from the state of its commitment to the sustainability of the ACCESS Initiative.

Objective #4: Prioritize funding cultural competence staff and/or consultation as delineated in the SAMHSA application. Continue to track agencies progress on implementation of cultural competence plans and support efforts to address issues raised in the Surgeon Generals Report Mental Health: Race, Culture and Ethnicity.

Goal #6: Broaden scope of program performance evaluation activities.

Objective #1: Utilize the Quarter Cent Administrative Team as a resource to conduct oversight of CCMHB and Quarter Cent for Public Safety Fund supported juvenile justice involved program operations and performance.

Objective #2: Participate in the planning and implementation of the Juvenile Research Center study of performance outcomes for the CCMHB/Quarter Cent funded PLL program.

Objective #3: As part of the implementation of the SAMHSA Cooperative Agreement, collaborate with the University of Illinois in the ACCESS Initiative evaluation.

COMMUNITY ENGAGEMENT & ADVOCACY

Goal #7: Reduce the stigma associated with mental illness, substance abuse and developmental disabilities by sponsoring projects and events designed to address discrimination related to stigma, as well as to promote acceptance, dignity, and social inclusion.

Objective #1: Promote, fund, participate in and sponsor the Disabilities Expo and the Roger Ebert Film Festival in order to improve disability awareness, increase inclusiveness, improve community acceptance, and reduce stigma and discrimination. Use these events to energize community support for funding for disabilities programs and services.

Objective #2: Encourage consumer groups' community education efforts to reduce stigma and coordinate with ACCESS Initiative social marketing activities as feasible.

Goal #8: Advocate for positive change in state funding and policy decisions affecting the local system of care for persons with mental or emotional, substance abuse disorders or developmental disabilities.

Objective #1: Support, through active participation in the Association of Community Mental Health Authorities of Illinois (ACMHAI), the National Association of County Behavioral Health and Developmental Disabilities Directors, the Illinois Council on Developmental Disabilities, the Illinois Association of Rehabilitation Facilities (IARF), the ARC of Illinois, the Illinois Alcohol and Drug Dependence Association (IADDA) and other appropriate bodies efforts to strengthen the local systems of care.

Objective #2: Collaborate with the ACCESS Initiative to promote effective methods to engage consumer groups, families, and youth in advocacy.

Goal #9: Maintain an active needs assessment process to identify current issues affecting consumer access, treatment and recovery.

Objective #1: Continue to assess the impact of state funding reductions on consumer access to care and provider capacity.

Objective #2: Participate in other county-wide assessment activities to ensure CCMHB target populations are represented.

RESOURCE DEVELOPMENT & COLLABORATION

Goal #10: Collaborate with the Champaign County Board for Care and Treatment of Persons with a Developmental Disability on co-funded programs.

Objective #1: Implement mutually acceptable options for realignment of funding within the developmental disability service continuum.

Objective #2: In response to unilateral financing and eligibility changes by the State of Illinois, develop revenue maximization strategies to assure an appropriate mix of state and local funding and continued availability of services for Champaign County consumers.

Goal #11: Continue to coordinate implementation of Champaign County Quarter Cent for Public Safety Fund grant awards with CCMHB resources serving youth involved with the juvenile justice system.

Objective #1: Continue support for the Memorandum of Understanding with the Champaign County Board to maintain CCMHB management of the Quarter Cent for Public Safety Fund and amend as necessary.

Objective #2: In collaboration with the ACCESS Initiative, strengthen coordination between programs serving youth involved with the juvenile justice system to reduce recidivism.

Objective #3: Assess viability of CCMHB involvement in other juvenile delinquency prevention programs, such as Juvenile Detention Alternatives Initiative, in partnership with the ACCESS Initiative.

Goal #12: Ensure compliance with existing Memoranda of Understanding (MOU), e.g. support initiatives extending from the agreements, and enter into new agreements as may be necessary to respond to local service issues or state funding adjustments.

Objective #1: Review all existing MOUs and enter into negotiations to revise the agreements as necessary.

Objective #2: Maintain support and involvement in the Champaign County Drug Court and support access to treatment for eligible clients.

Objective #3: Participate in the creation of a specialized mental health court in Champaign County. To the extent possible, redirect funding to support the service component of the specialty court.

Objective #4: Amend the terms and conditions of the MOU with the Champaign County Board of Health to reflect changes in budget and policy which prohibit the continuation of the co-funded project.

Goal #13: Promote new approaches for developing services and reducing operating costs.

Objective #1: Investigate options for leveraging additional resources and realign services as necessary to access such resources.

Objective #2: Promote cooperative relationships between providers that can reduce costs, e.g. Chamber of Commerce Energy Cooperative.

Objective #3: Promote and support use of evidence based practices by funded programs.

Objective #4: As practicable, implement Medicaid claiming (Part 77 & Part 132), including a redirection of capacity and conversion of fee for service rates to the Medicaid rates as necessary.

Objective #5: Support and assist with affiliations and mergers of providers as a means to streamline the delivery of services and enable administrative cost savings through economies of scale.