

## CHAMPAIGN COUNTY BOARD OF HEALTH

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**Monthly Meeting**  
**Tuesday, March 31, 2009, 6:00 p.m.**

### **Call to Order & Roll Call**

The Board of Health held its monthly meeting on March 31, 2009 in the Jennifer K. Putman Meeting Room at the Brookens Administrative Center, 1776 East Washington, Urbana. The meeting was called to order at 6:04 p.m. by Julian Rappaport. Board members Stan James, Nezar Kassem, John Peterson, Cherryl Ramirez, and Julian Rappaport were present at the time of roll call. Absent Board members were Brenda Anderson, Prashanth Gowda, Bobbi Scholze, and Betty Segal. The staff members present were Kat Bork (Board of Health Secretary) and Susan McGrath (Senior Assistant State's Attorney). Also present were Deb Busey (County Administrator of Finance & HR Management), Carol Elliott (CUPHD Board Member), Deb Fruitt (CUPHD Wellness & Health Promotion Director), Jennifer Jackson (CUPHD Health Promotions), Julie Pryde (CUPHD Administrator), and Jim Roberts (CUPHD Environmental Health Director).

### **Approval of Agenda/Addendum**

Rappaport requested to amend the order of the agenda to move Item I to be the last item on the agenda.

**MOTION** by Peterson to approve the agenda as amended; seconded by James. **Motion carried.**

### **Approval of Minutes**

**MOTION** by James to approve the Board of Health February 24, 2009 minutes; seconded by Peterson. **Motion carried.**

### **Public Participation on Agenda Items Only**

There was no public participation.

### **Correspondence and Communications**

There was no correspondence or communications.

### **Collaboration with the Mental Health Board**

#### **Allocation Process and Renewal of Contract with Mental Health Board**

Rappaport reviewed what occurred at the joint study session with the Mental Health Board (MHB) where Crisis Nursery made a presentation about perinatal depression with a panel of local professionals. The Board of Health (BOH) discussed the current program operated by Crisis Nursery and the possibility of renewing the program's funding for another year. In discussing how the dates of the MHB's program year differs from the BOH's fiscal year, Busey

explained the MHB's program year begins on July 1<sup>st</sup> and ends on June 30<sup>th</sup> whereas the BOH's fiscal year begins on December 1<sup>st</sup> and ends on November 30<sup>th</sup>. If the BOH chooses to grant another year of funding to the Crisis Program in the current fiscal year to match the MHB's program year, then a budget amendment would have to be prepared. Another option would be to transfer the \$25,000 to the MHB after December 1<sup>st</sup> so the allocation occurs the next fiscal year. Busey recommended the second option as better financial approach. She confirmed the MHB has received the total \$25,000 in the current fiscal year. James suggested formally approve the renewal of the MHB contract in May or June and the Board agreed.

#### Issues Regarding Crisis Nursery Perinatal Depression Program (Segal)

There were no other issues raised because Segal was not present.

#### **CATCH Program Presentation**

Ramirez introduced the CATCH program and explained that it began with a study involving 5,000 3<sup>rd</sup> graders to improve their eating and exercise habits through reduced fat cafeteria food and increased moderate exercise during PE. Deb Fruitt and Jennifer Jackson made the presentation about the CATCH program in Champaign County. They started with a 10-minute film about CATCH. Afterwards, Fruitt distributed materials to the Board and spoke about the positive aspects of CATCH, including the behavior changes seen in students of less depression and anxiety. The typical CATCH training is one day in length and the teachers, school nurses, cafeteria workers, and principals are solicited to buy into the program. The curriculum is bought and provided free to the schools. The schools are walked through the manual, which has flexibility to meet each community's needs, and assistance is provided for the reports. Fruitt stated schools in Rantoul and Fisher have expressed some interest in CATCH and the program will start this year at Carrie Busey. CATCH typically involves a 3-year commitment.

Ramirez asked about cost and program details. Jackson stated they try to get the school's cafeteria workers and any personnel with a health education component on board with the program. They try to get nutritious "go" foods on the school menu and more physical activities during PE class by working with the teachers. The classroom teachers are given some activities to do in class to expand the students' energy. There is also an at-home component with children bringing information on nutrition and exercise to their parents. Jackson explained that they would like each school using CATCH to form a wellness committee. She gave examples of Lucky Tray Day where if kids eat most of the "go" foods on their lunch trays, then they receive a ticket to enter a drawing for a prize. Fruitt spoke about how it takes time to change behaviors and kids are often the best method to teach parents. Fruitt thought CATCH is a great program and noted a lot of schools would like the assistance and support because they are seeing an increase in Type 2 diabetes, obesity, and high blood pressure in younger children. Pryde said the program is sustainable and CATCH is good program to give tools to schools. Fruitt noted that the cost of the program varies depending on the type of equipment needed and time to train staff at the individual school. She offered to put a proposal together if the BOH was interested in considering funding the program.

As the CATCH program requires a commitment from school personnel, Rappaport asked if CUPHD would solicit schools. Fruitt said they would ask if schools have the staff to undergo training and implement it in the classroom. The program is executed on a school-by-school basis. The initial money for CATCH came from a state grant CUPHD received and which will expire soon. The grant covered the cost of materials so the cost to the schools was just the time of teachers and staff. Rappaport wondered about the state's intention with the grant and whether it was intended to have local communities pick up the ongoing expense. Fruitt explained CUPHD would reapply for the state funding every year, but the grant is not sufficient to provide CATCH to all schools in Champaign County.

James liked the concept, but was concerned that it seemed like the BOH was tweaking the schools' curriculum because schools used to have PE and health classes. This appears to be an issue that should be addressed by the state. Pryde said the reduction in PE time was a result of No Child Left Behind. Fruitt said they have to keep sight that not having PE or programs like CATCH means later costs to society that are outrageous from the health perspective. CATCH is an alternative until changes occur in the school system because public health needs to do what it can. James suggested targeting an entire school district and Pryde wanted to see every kid in the County have access to all kinds of programs. Fruitt stated CUPHD is using CATCH in County because they could not get Champaign-Urbana schools interested and they need to be able to financially support it. Rappaport suggested CUPHD could request the State of Illinois support the program's expansion into all County schools with partnership from the school districts. This would be a way to aim for collective districts instead of one school at a time. Fruitt reiterated that the program needs to operate for at least three years to really take hold. She does not expect the amount of the state grant to increase, so additional funding will be needed to extend CATCH to more schools. James inquired about the cost to have the program in place for a year. Fruitt did not have any numbers and estimated it would cost a minimum \$5,000 to start. She emphasized that CATCH takes oversight and hand-holding from CUPHD to work. Rappaport suggested the BOH could give non-monetary support for the program in the form of positive statements to schools or state funding agencies.

### **Treasurer's Report**

#### **Approval of CUPHD Invoice for January 2009**

**MOTION** by Peterson to approve payment of the CUPHD invoice for January 2009; seconded by James.

Rappaport asked if the invoice represented 1/12 of the contract amount. Peterson answered yes.

**Motion carried.**

#### **Report from the Budget Committee**

Peterson stated the Budget Committee meet earlier in March about issues with the FY2009 budget. Pryde and Wallace presented a report with the cost breakdown for CUPHD to provide the contracted services to the BOH. According to Wallace's accounting, the BOH's

FY2009 budget is \$170,000 short of the actual costs. This differs from the budget that CUPHD presented to the BOH during the FY2009 budget preparation. Busey attended the Budget Committee meeting and gave projections of how the current expenditures would progressively deplete the BOH's fund balance by FY2013. There will be no subsidy from the County Board starting in FY2010. Busey explained the property tax revenue will not increase at the rate it has in recent years; it will increase some, but not by much. Peterson stressed that the BOH would need to make some serious choices regarding its budget. It will be possible to balance the budget within its means, but the Board cannot afford to fund all the programs it is currently funding. The core services are becoming more expensive and there is a large shortfall in the STD and infectious disease area. Peterson said the bottom line is the Board has to look at cutting back on outside activities. They may need to take a look the definition of core services to tighten their belts.

Rappaport concurred that the BOH needs to look at every expenditure, including the cost of mandated services. He expressed that it is probably at a point where the whole Board needs to study budget issues; such as what the BOH must spend money on, the minimum required services and their costs, the cost of non-required services to see where BOH is getting the best bang for its buck, and where to go for the future. He suggested all Board members should become familiar with the budget and services so they can reach informed collective decisions. He proposed holding budget study sessions over the next few months because this is not something for regular meetings. He asked Board members to commit themselves to work on the budget.

James noted that some things pop up that no one can foresee and he thinks the Board should address them. He apologized for using the word "fluff" in the Budget Committee meeting when describing some of the BOH's programs. He thinks the Board needs to realize that it is mandated to provide certain services and, in difficult financial times, they will have to reject some funding requests. He recommended the Board ought to be a little better about judging requests. He thought CUPHD was willing to negotiate on the figures, but the BOH needs to look at the costs of its mandated services and to see how much is left over to determine what it can fund.

Rappaport asked McGrath to provide the Board with a legal opinion of what services are contractually mandated with CUPHD and how much such services cost. James wanted the full Board to discuss this issue at regular meetings. Rappaport said he was suggesting study sessions for that purpose. James asked McGrath for concrete legal information and McGrath agreed to provide it for the May meeting. The Board discussed the upcoming budget process and meetings. In looking at CUPHD's request to increase its contractual budget for this year, James thought CUPHD was asking for the additional amount to cover the IMRF increase. Pryde said that was incorrect and that CUPHD was showing the BOH what was being subsidized. James asked if CUPHD would cut services and Pryde answered they would not. Peterson said his focus is on next year's budget, noting the IMRF increase will be large. Pryde said she was not worried about this contract year. Rappaport stated the budget will be an item for further conversation at the next meeting and the BOH will hold a study session on May 12<sup>th</sup> at 6:00 p.m. about the budget. He recommended informing the County Board about the state of public health in Champaign County and what programs may be reduced due to a lack of funding. He emphasized

that it is one of the Board's responsibilities to clearly inform the County Board about the situation. Peterson said that would occur at the annual budget presentation at the Legislative Budget Hearings. James suggested Rappaport meet with County Board Chair C. Pius Weibel to inform he on the state of public health. Busey explained the purpose of Legislative Budget Hearings, which are held before the full County Board, is to describe the state of public health, challenges facing the BOH, and the budget. Busey noted other County funds are also facing financial difficulty. Rappaport said he was not necessarily going to ask the County Board for money, but he wanted to share information.

### **Issues Regarding CUPHD** **Report from CUPHD Administrator**

Pryde reviewed her report for the Board. CUPHD has been informed that the Champaign-Urbana Mass Transit District is refusing to bring a bus down Kenyon Road; however, she will continue to work on getting bus service to the facility. CUPHD put in \$100,000 for the sidewalk, but the area is still unsafe for pedestrians. James suggested Pryde contact each CUMTD Board member individually to address her concerns. Rappaport suggested directing public attention to the issue because the larger public was probably not aware of it and the topic could generate sympathy. Discussion continued over the bus issue. Pryde remarked CUPHD is holding Sexually Transmitted Disease (STD) training for teachers and she gave testimony about expedited partner therapy for STDs. Only 25% people of with STDs are treated through STD clinics, while the other 75% are treated in emergency rooms. Kassem asked if ER doctors were in favor of expedited partner therapy and expressed his concerns about prescribing medication for someone the doctor has not seen. Pryde indicated the ER doctors supported the therapy, there was zero adverse effect, and that clients would sign liability waivers. Pryde also included some conferences and websites of interest in her report.

James commented Pryde gave a community talk in Rantoul and his impression was that people were pleased to meet the CUPHD Administrator. He thanked her for coming to Rantoul.

### **Division Monthly Reports** **Maternal & Child Health (Gowda)**

Gowda was not present so there was no discussion on maternal and child health.

### **Infectious Disease, Mobile Unit (James)**

James has talked to Pryde about the mobile unit numbers. The Mayor of Ludlow called him and is on board with mobile unit. The Mayor of Rantoul told him they were willing to have some set sites for the mobile unit. James is hoping that having set sites will improve the unit's activity. The Board will look at the program's effectiveness during its overall budget discussion.

### **Environmental Health (Peterson)**

Peterson said he, Roberts, and McGrath are looking at entire public health ordinance, which is attorney intensive and McGrath is not available to not work on it until May. Peterson

said they would will do what they can and probably have something more substantive in May. James asked about gathering fees information from comparable counties and Roberts said they could get that type of information.

### **Wellness & Health Promotion (Ramirez)**

Ramirez brought information from a policy forum about legislative priorities. There are concerns about a 70% budget cut to the family planning grant. A lot of programs are being cut by at least 10%. She distributed the PowerPoint presentation for more information. The Illinois Public Health Association is getting together on legislation priorities.

**MOTION** by James to receive and place on file the CUPHD Division monthly reports; seconded by Peterson. **Motion carried.**

### Issues Regarding RPC Senior Wellness Program (Scholze)

Rappaport explained no new Senior Wellness Program contract with the Regional Planning Commission was signed for FY2009. He noted the BOH does not have a mechanism in place to create such a contract and asked McGrath to prepare it. James asked if the contract could have a clause to automatically renew, so the Board does not have to meet to renew the contract. McGrath stated the Board previously discussed that approach, but elected not to use it because they preferred to review the programs they wanted to fund each year. She said the contract renewal will be on the April agenda.

### Issues Regarding Smile Healthy (Kassem)

Kassem thought things were going well for Smile Healthy. They are very busy and many providers were involved in the Give Kids a Smile event. Kassem was at the event for 2 hours and saw a lot of healthy teeth. Rappaport commented Smile Healthy's number of people served were impressive. Kassem said the question would be whether the BOH can afford to continue supporting the program and whether Smile Healthy would make up the deficit.

### **Other Business**

Ramirez suggested the Board consider sending 1 or 2 members to the Public Health in Peril Conference. Busey confirmed the BOH has \$1,000 budgeted for travel. The conference is scheduled for the same day as the next Board of Health meeting. When no other Board members expressed interest in attending, Rappaport suggested Ramirez could contact Scholze to determine if she wanted to attend the conference.

### **Public Participation on Non-Agenda Items Only**

There was no public participation on any non-agenda items.

**Adjournment**

The meeting was adjourned at 7:49 p.m.

Respectfully submitted,

Kat Bork  
Board of Health Secretary

*Secy's note: The minutes reflect the order of the agenda and may not necessarily reflect the order of business conducted at the meeting.*